

Sunday Bulletin

January 28th, 2024

4th Sunday in Ordinary Time

Join us for a Potluck!

Come one, come all -- young and old, newbies and old-timers! Everyone is welcome to gather for **dinner after the 5:00 PM Mass on Saturday Feb 10**. Please bring something to share if you can -- hot or cold, sweet or savory. No worries if you aren't able to bring food, or if you forget, or if you decide at the last moment to stay. The dinner is a loaves-and-fishes kind of affair, where hospitality and fellowship fill our hunger, and there's always (miraculously) enough food for everyone. Mark your calendars -- and we'll see you on Feb 10!



Refreshments at Mass and a Call from the Social Committee

On the 3rd Sunday of each month, our Social Committee will offer refreshments as we enjoy socializing. We need helpers to provide this opportunity to connect and build community. If you can help please contact Kathleen Allan (kathleenallan@magma.ca), Colleen Kerr (bckerr@sympatico.ca) or sign up at the back of the church after Mass this weekend.

Notice to Lay Reflectors

One of our lay reflectors asked if it was possible for the reflectors to gather for an hour whenever one of their members is preparing a Sunday reflection. The purpose is simply to generate ideas to help create a clear focus concerning the readings of the day. If this is something that interests you, please send me and email and copy the Front Desk to arrange a date. Once a date is confirmed, the front desk can book the Oblate Lounge, and send emails to all concerned for the gathering.

-Fr. Robert, OMI

Welcome!

New Parishioners and Visitors Welcome! **Registration Forms** can be found through the Front Office (frontdesk@st-josephs.ca) or at the back of the Church.

Donations

Register with the Parish either to receive envelopes, or to sign-up for auto-debit, online through **Canada Helps**.

MASS TIMES & RECONCILIATION

- *Week Day Mass*: Wed to Fri at 12PM
- *Weekend Masses*: Saturday 5PM
Sunday 10:30AM
- *University Mass (Sept-Apr)*: Sunday 7PM
- *Reconciliation*: After weekday Mass or by appt.
- *Adoration*: 1st Friday of the month after the noon Mass

WEEKDAY MASSES

Fr. Robert is celebrating all weekday 12pm masses through the winter season in the Chapel, which is located in the Rectory. The Church entry will still be open.

SUNDAY MASS AT 10:30AM

A single Sunday morning Mass will be celebrated at 10:30 am throughout Ordinary Time. Saturday 5 pm and Sunday 7 pm Masses continue as usual.

PARISH CONTACTS

St. Joe's Ministries and Outreach Updates

PASTORAL

Executive Director

Christopher Adam x223

cadam@st-josephs.ca

Pastor

Fr. Robert Laroche x222

rlaroch@st-josephs.ca

Music & Liturgy Director

Jamie Loback x228

jamieloback@yahoo.ca

Coordinator of Young Adult Ministry & Faith Formation

Paul Dansereau x235

pdansereau@st-josephs.ca

Parish Pastoral Council

ppc@st-josephs.ca

Supper Table Managers

Kathleen Strader x221

613-314-8672 (cell)

kstrader@st-josephs.ca

Tim Klaassen

suppertable@st-josephs.ca

Women's Centre Director

Jennifer Clark x226

jclark@st-josephs.ca

ADMINISTRATION

Bulletin, Front Office & Rentals

Olivia Harvey

613-233-4095 x251

frontdesk@st-josephs.ca

Concert & Rehearsal Rentals

Jamie Loback x228

jamieloback@yahoo.ca

[ON LEAVE UNTIL 2

MARCH 2024. Please contact

frontdesk@st-josephs.ca.

Finance Coordinator

Georgeta Mutu x229

gmutu@st-josephs.ca

Maintenance Manager

Nick Cacciato x230

ncacciato@st-josephs.ca

HOURS & LOCATION

Church & Hall

174 Wilbrod St.

Office Entrance


151 Laurier Ave. E.

Office Hours

Mon-Fri: 9am-1pm

St. Joseph's Parish Young Adult Ministry Presents:

Finding the Centre



Biblical Wisdom for Discovering God's Plan for Your Life
Young Adult Retreat Feb. 19th-21st
Location: Shalom House, Alexandria, ON || Cost: \$110 for registered parishioners.
Contact: Paul at pdansereau@st-josephs.ca for more information.

St. Joe's Supper Table

BREAD FOR THE SUPPER TABLE

Bread is essential; it's a staple and it's central to how we see our faith and our relationships with each other. This past week, the St. Joe's Supper Table found itself extremely low on bread, due to a smaller than usual delivery and growing need for our daytime sandwich and coffee service. This year, Roshene Lawson, a parishioner and volunteer, has agreed to help manage the Supper Table's social media presence, including both Facebook and Instagram, and she put out a call for donations of bread. We are so grateful for the response that we received! Within 24 hours of this announcement on social media, we received dozens of loaves of bread donated and cash donations too. It was an interfaith effort, with the Sri Sathya Sai Spiritual Centre of Ottawa Carleton donating 50 loaves on Thursday. Thank you to everyone who helped us continue to address food insecurity among the most vulnerable in the heart of Ottawa!

If you're looking to help the Supper Table with donations of food, we can always use bread, coffee, sugar, whitener and canned meats.

VOLUNTEER DRIVERS NEEDED

Over the past year, we have seen an increase of 40% in demand to our food banks, as a result, we are increasing our foodbank orders. We need an additional driver with a vehicle to help deliver supplies to our offsite food bank in Strathcona Heights. If you are interested in helping, please contact the Supper Table Manager, Kathleen at kstrader@st-josephs.ca. Requirements: a vehicle and the ability to lift 30lbs.

St. Joe's Ministries and Outreach Updates

Development and Peace-Caritas Canada – sign the letter to the Honduran Ambassador to Canada this weekend to support the communities of Guapinol and San Pedro!

Responding to a call from our Honduran partner, *ERIC–Radio Progreso*, Development and Peace-Caritas Canada is asking Canadians to sign a letter to the Honduran Ambassador to Canada. The letter outlines the experiences of land and water defenders in Guapinol and San Pedro who have been fighting to preserve their rivers and the Carlos Escaleras National Park from the impacts of a large iron ore mine. They have been harassed, subject to intimidation tactics, unjustly imprisoned and three have been murdered.

The letter asks that: those involved in killing the three Guapinol defenders be prosecuted; eight defenders who were detained for over two years be fairly compensated; all Honduran human rights and environment defenders be better protected; all mining in Carlos Escaleras National Park be stopped and the park restored to its pre-mine condition; and all irregularly granted mining permits be canceled.

Development and Peace's goal is 32,000 signatures on the letter – 1,000 for each of the 32 land defenders arrested – by February 25, the 2nd anniversary of their release. A Development and Peace-Caritas Canada delegation will meet with the ambassador and hand her the letter during the spring of 2024.

Let's stand in solidarity to ask the Honduran government to better protect environmental and human rights defenders and to act for justice. Sign the letter after all masses this week-end. **Let's stand for the land, and those who defend it.**



Library News — Books on JESUS CHRIST – O'Murchu, D. *Catching up with Jesus: a Gospel story of our time* (BT304.9.O48 2005), Miles, J. *Christ: a crisis in the life of God* (BT220.M55 2001) and Vanier, J. *Drawn into the mystery of Jesus through the gospel of John* (BX2347.8 V36D71 2004).

Lent in Stillness and Silence — Learn more about the tradition of Christian Meditation in our Parish

Christian Meditation is a longstanding tradition at St. Joe's. In this time of heightened anxiety, meditation within the Christian context reminds us that we are not alone and offers ways and practices to centre ourselves when faced with the difficulties in the world around us. Beth Smith will offer an introduction on Saturday, **February 3rd, 2024 from 9:30 a.m. until noon** in the Oblate Lounge introducing Christian Meditation to those seeking to learn more. As we prepare to enter Lent later that month, Christian Meditation can form a life-giving part of our Lenten discipline. For more information on the upcoming session, contact Beth by email at: bborris59@gmail.com.

Be still and know that I am God (Psalm 46:10)

Our Financial Stewardship

Offerings for January 21, 2024: \$6,635

Parish & Ministry Information

Parking

Parking is free during weekend Mass & 30 mins after. Parking is also available in UofO Lot B **only** on Sundays from 8am-2pm

Ministry Contacts

History Committee:

Terry Byrne
tvb1643@gmail.com

Liturgical Environment

Ministry: Wayne Moyle
waynemoyl8@gmail.com

Refugee Outreach Committee (ROC): Dona Bowers donabowers22@gmail.com

Pastoral Visiting Contact

Front Desk
613-233-4095 x251
frontdesk@st-josephs.ca

English Conversation Group for newcomers : Michaelrichard2008@hotmail.com

Christian Meditation:

George Martin: (Mon)
george.c.martin377@gmail.com
Beth Smith:
613-563-7091(Fri.)

2SLGBTQ+ Accompaniment Ministry:

Eleanor Rabnett
rabnete@gmail.com

Grocery Card Program (OMRA): Donna Rietschlin
dbrietschlin@hotmail.com

Funeral Ministry

Dianne Taylor
taylortd@bell.net

Development and Peace — Caritas Canada

Joan O'Connell
joanoco@rogers.com

Social Committee:

Kathleen Allan
kathleenallan@magma.ca

Missing information?

To add or update Ministry info, please contact Front Office at frontdesk@st-josephs.ca or extension 251.

WEEKLY EVENTS AT ST. JOE'S

January 29th — February 4th, 2024

	Monday Jan 29th	Tuesday Jan 30th	Wednesday Jan 31st	Thursday Feb 1st	Friday Feb 2nd	Saturday Feb 3rd	Sunday Feb 4th
This Week	(1) Christian Meditation, 9:30am, Sacristy (2) RCIA, Oblate Lounge, 7pm	(1) Campus Chaplaincy, 6pm, Oblate Lounge (3) Faith Formation Bible Study, 7pm, Sacristy Library	(1) Weekday Mass, 12pm, Chapel (2) PPC, 7pm, Sacristy Library	(1) Weekday Mass, 12pm, Chapel	(1) Weekday Mass, 12pm, Chapel (2) Christian Meditation, 7pm, Oblate Lounge	(1) Weekend Mass, 5pm (2) Christian Meditation Wkshp, 9am, Oblate Lounge	(1) Weekend Mass, 10:30am (2) First Reconciliation Prep, 11:30am, Oblate Lounge (3) University Mass, 7pm

Future

PARISH & COMMUNITY ANNOUNCEMENTS

FRONT DESK ANNOUNCEMENTS

2023 Charitable Giving Receipts for Income Tax Purposes

Thank you to all parishioners and friends who donated financially to St. Joseph's Parish and its ministries in 2023! If you contributed through weekly offering envelopes or by auto-debit, you will receive an official receipt for income tax purposes by February 4th, 2024 in the mail. If you donated through Canada Helps, the online platform should issue you receipts automatically in digital format.

A note on emails from Parish staff

Some of our parishioners who use Yahoo and in some cases Rogers email accounts have found that they are not receiving replies or emails sent from Parish email addresses. We are aware of the problem and it's something that extends far beyond St. Joseph's. Major providers like Yahoo and Google (and Rogers, which uses Yahoo email technology) have begun or will soon begin to block emails from addresses that do not implement a new email authentication mechanism. This mechanism is meant to more effectively weed out spam messages. We're working on implementing such a protocol and our volunteer tech support, St. Joe's parishioner Bob Sunday, has been helping us through what is proving to be a convoluted process. Many smaller organizations and private companies with email addresses associated with company domain names, such as st-josephs.ca, are encountering the same problem and many more will experience this in February. For more information on this and how it may impact you beyond St. Joseph's, we recommend this article: <https://www.proofpoint.com/us/blog/email-and-cloud-threats/google-and-yahoo-set-new-email-authentication-requirements>.

Mass intentions are available on Wed., Thur., and Fri. during Noon Mass for a \$15.00 donation. Please notify the Front Desk, frontdesk@st-josephs.ca for arrangements.
Thank you!



To add a name to the prayers for sick or those who have died: Email the Front Office at frontdesk@st-josephs.ca. We pray for those who are listed during the Prayers of the Faithful.

Prayers for those who are ill: Maria Forde, Frank O'Donnell, Ann Keatings, Justin Graham, Beate Bernhardt, Dennis LaRonde.

Prayers for those who have died: Brigitte Bernhardt, Thelma McGibney, Glen Whitehead, Mike Kelly

Wed., Jan. 31, 2024: John Francis †

Thu., Feb. 1, 2024:

Fri., Feb. 2, 2024: