

# Sunday Bulletin

October 1st, 2023

26th Sunday in Ordinary Time

## A Christ-Centred Co-Journey Towards Healing



In the fall of 2021, Canada's Bishops set up a \$30 million Indigenous Reconciliation Fund. A *Christ-Centred, Co-Journey Towards Healing* is the Archdiocese of Ottawa-Cornwall's campaign to raise the \$1.2 million that we have pledged to the IRF. The money

raised goes to support projects such as the 23rd Annual Ottawa Indigenous Children and Youth Pow Wow held in March and pictured above. Pow Wows are important Indigenous gatherings where multiple generations come together to enjoy food, honour traditions, forge a sense of community and practice spiritual healing.

Last year's collection for **A Christ-Centred Co-Journey Towards Healing** helped raise more than **\$650,000!** This year's collection will be held the weekend of November 4<sup>th</sup> and 5<sup>th</sup>. Learn more at [www.journeyforhealing.ca](http://www.journeyforhealing.ca)

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## Message from the Refugee Outreach Committee

Thank you for your continuous support of the St. Joe's Refugee Outreach Committee's work in sponsoring and welcoming newcomers. Your ongoing and generous donations of furnishings, funds, time and interest are appreciated. This past weekend marking the annual **World Day of Migrants and Refugees**, we received **\$1,350** through your contributions.

Messages from the Canadian Councils of Bishops and Pope Francis can be found on the following link: <https://www.cccb.ca/announcement/world-day-of-migrants-and-refugees-2023/>. It provides a very thought provoking perspective.

The family of nine people sponsored by St. Joe's Refugee committee and recently arrived, is in need of laptops and ipads. If you can help, please contact John Sommers at [jmsommers1@gmail.com](mailto:jmsommers1@gmail.com) For any questions, regarding financial support of the committee, please contact John Weir by email at [jhnwr99@yahoo.ca](mailto:jhnwr99@yahoo.ca).

## Welcome!

**New Parishioners** and Visitors Welcome! **Registration** Forms can be found through the Front Office ([frontdesk@st-josephs.ca](mailto:frontdesk@st-josephs.ca)) or at the back of the Church.

### Donations

Register with the Parish either to receive envelopes, or to sign-up for auto-debit, online through **Canada Helps**.

### MASS TIMES & RECONCILIATION

- *Week Day Mass*: Wed to Fri at 12PM
- *Weekend Masses*: Saturday 5PM  
Sunday 9:30AM (Family Mass) & 11:30AM
- *University Mass (Sept-Apr)*: Sunday 7PM
- *Reconciliation*: After weekday Mass or by appt.
- *Adoration*: 1st Friday of the month after the noon Mass

### MUSIC MINISTRY

The choir will be singing at the following masses over the coming weeks.

Sunday, Oct 1— 9:30am  
(From within the congregation)

Sunday, Oct 8— 11:30am  
(From the choir loft)

Music at the Saturday 5pm Mass and Sunday 11:30am & 7:00pm Masses will be led by cantors.

**NEW MEMBERS** are welcome to join the choir. Rehearsals are Thursday evenings at 7pm. Please email our Music Director at [jamieloback@yahoo.ca](mailto:jamieloback@yahoo.ca).



Healthy Fundraising  
for Ontario Schools

# Immaculata's *fresh* take on Fundraising helping the St. Joe's Supper Table!

## 14lb Vegetable Bundle

**\$22.00**

Includes

- 5 lb bag White Potatoes
- 3 lb bag Sweet Potatoes
- 3 lb bag Yellow Onions
- 3 lb bag Orange Carrots

LESS THAN  
\$1.60/lb



Jodi Brown and her family, Anthony, Marcus and Isaiah Carter who are parishioners at our 9:30am Mass have added a new twist to a fundraiser for Immaculata High School. This year, grade 7/8 families at Immaculata are being asked to consider contributing \$22 to order a bundle of veggies in the school's Fresh from the Farm fundraiser, to donate to the St. Joe's Supper Table.

Bundles will be delivered to the school at a date in late November/early December (exact date to be confirmed by the Fresh from the Farm organisation after total orders are submitted).

**If we have an overwhelming number of veggie bundles donated to the Supper Table, we may need a couple parishioners with large vehicles to help with the transfer of veggies from Immaculata to St. Joe's!**

**If you are willing to help or have any questions, including if you wish to donate a bundle of veggies, please contact Jodi at 613-248-8853 or [jodibrown@rogers.com](mailto:jodibrown@rogers.com) BEFORE October 6 (the due date for orders to be submitted to Immaculata)**

40% of all proceeds will remain in Immaculata school to be used toward initiatives supported by the Parent Council, including bursaries for two graduating students.

**You can read more about this provincial fundraising program at:**  
<https://www.freshfromfarm.ca>



# PARISH CONTACTS

## PASTORAL

### Executive Director

Christopher Adam x223  
cadam@st-josephs.ca

### Pastor

Fr. Robert Laroche x222  
rlaroche@st-josephs.ca

### Music & Liturgy Director

Jamie Loback x228  
jamieloback@yahoo.ca

### Coordinator of Young Adult Ministry & Faith Formation

Paul Dansereau x235  
pdansereau@st-josephs.ca

### Parish Pastoral Council

ppc@st-josephs.ca

### Supper Table Managers

Kathleen Strader x221

613-314-8672 (cell)

kstrader@st-josephs.ca

Tim Klaassen

suppertable@st-josephs.ca

### Women's Centre Director

Jennifer Clark x226

jclark@st-josephs.ca

## ADMINISTRATION

### Bulletin

Olivia Harvey

613-233-4095 x251

frontdesk@st-josephs.ca

### Concert & Rehearsal Rentals

Jamie Loback x228

jamieloback@yahoo.ca

### Finance Coordinator

Georgeta Mutu x229

gmutu@st-josephs.ca

### Front Office & Rentals

Olivia Harvey

613-233-4095 x251

frontdesk@st-josephs.ca

### Maintenance Manager

Nick Cacciato x230

ncacciato@st-josephs.ca

## HOURS & LOCATION

### Church & Hall

174 Wilbrod St.

### Office Entrance

151 Laurier Ave. E.

### Office Phone

613-233-4095 x251

### Office Hours

# St. Joe's Ministries and Outreach Updates

## St. Joe's Women's Centre

### Updates on Wellness Support Services at St. Joe's Women's Centre

#### Recovery Care Mobile Clinic

Recovery Care is a harm reduction clinic focused on substance use disorders for legal or illegal drugs, including opioids, narcotics and alcohol. Staffed by physicians and assistants, counsellors, and peer workers, this Mobile Clinic is open to community members with services including education, Hep C screening, HIV preventative treatments, general primary care, counselling, and more. Recovery Care aims to reduce the stigma associated with mental health and substance use health by focusing on the needs of their patients.

On Monday September 25<sup>th</sup>, Recovery Care Mobile Clinic made its first visit to our site. They connected with community members both at St. Joe's Women's Centre and St. Joe's Supper Table, offering support and resources throughout the day. The Mobile Clinic will visit this site on the fourth Monday of each month and may join the Women's Centre for special events throughout the year. We are happy to include Recovery Care amongst our outreach partners and look forward to continuing to work with them to support our community!

#### Safe Space

Making use of a renovated office in St. Joe's Women's Centre, the Safe Space room offers a peaceful respite to participants accessing support services. This room is designed to support holistic wellness, positively impacting participants' mental and emotional wellbeing. Comfortable furniture, light therapy devices, calming décor, access to sound therapy devices, and cultural healing components contribute to its purpose. In keeping with the mandate of St. Joe's Women's Centre, the Safe Space promotes a sense of belonging and empowerment through recognizing the need for calm and comfort and providing a way for individuals to meet this need. Participants have valued the Safe Space for offering privacy to make phone calls, have sensitive conversations with staff, meet with community outreach workers, or simply take a pause from the busy-ness of communal spaces. St. Joe's Women's Centre greatly appreciates financial support offered through Ottawa Community Foundation, which has made this initiative possible.



**Library News** — Library books about GOD include: Francis, Pope. *Name of God is mercy* (BV464.7.M4F73 2016), Jamieson, A. *Joining the divine conversation: a guide to listening to God who speaks* (BV4813.J2 2022) and Martinez de Pison, R. *God from knowing to experiencing* (BT103.M275 2009).

## Faith Formation Ministry

### Students' Thanksgiving | Action de Grâce des Étudiants

Friday October 6 // vendredi 6 octobre à 18H // 6pm

Sacre-Coeur, 591 Cumberland

A joint invitation from the French and English speaking Parishes on campus, and the Ottawa Campus Chaplaincy. Une invitation conjointe des paroisses anglophone et francophone du campus, ainsi que Ottawa Campus Chaplaincy. To register online, scan the QR code. Pour t'inscrire remplis le formulaire en ligne en balayance ce code QR

Info: Paul Dansereau, pdansereau@st-josephs.ca, 613.233.4095 x235  
S. Marie-Pierre, 613.241.7515



### **\*\*\* Blessing of the front entrance at weekend Masses \*\*\***

The front entrance project is substantially complete. The guard rails are still to be added to the new ramp, which won't be available this weekend, but otherwise the entrance is open.

**Join us for a blessing Saturday at 5 pm and Sunday at 9:30 am & 11:30 am.**



# St. Joe's Ministries and Outreach Updates

## Parish & Ministry Information

**Climate, Conflict, Gender: KAIROS Canada's Women of Courage Visit**  
**Thursday, October 5, 7:00 p.m.** at Christ Church Cathedral, 414 Sparks St., Ottawa  
Come and hear representatives from KAIROS' women, peace and security partners in Colombia, Palestine, South Sudan and the Democratic Republic of the Congo share their experiences in helping women survivors of war and gender-based violence regain dignity and reclaim rights to become critical agents for peace and resiliency in the face of a rapidly changing climate.

### New PA (Presider's Assistants) Ministry

We will be beginning a new Presider's Assistants Ministry in October 2023 at St. Joe's. It will be a ministry of service to our St. Joe's Parish Community for the weekend liturgies. It will be similar to the pre-Covid CA (Celebrator's Assistants) ministry, but there will be changes. If you think you might be interested or want to learn more please contact Eleanor Rabnett at [rabnete@gmail.com](mailto:rabnete@gmail.com). Please look for more information in the coming weeks.

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### 2SLGBTQ+ Accompaniment Pathways

Once again we begin our monthly gatherings which take place on the last Tuesday of each month, from 7PM until 9PM in the Main Floor Meeting Room. This is open to all 2SLGBTQ+ persons. The aim of this ministry is to accompany each other on our spiritual journey through life, to share our struggles, and the joy and contentment of God's love within each of us. Students interested but unable to attend due to schedule conflicts are encouraged to contact Eleanor. Registration is required for privacy and safety. We are not advocates or politically active – we simply come together and share. Contact Eleanor Rabnett: [rabnete@gmail.com](mailto:rabnete@gmail.com)

### Watercolour Workshop with Fr. Robert

Our pastor, Fr. Robert, is a talented artist and he's happy to share some of that knowledge and experience with parishioners. Join him for a hands-on watercolour workshop on **Saturday, October 14, 2023 from 10:00 am to 2:00 pm in the Oblate Lounge**. Space is limited; registration is required. Please contact: [frontdesk@st-josephs.ca](mailto:frontdesk@st-josephs.ca).

### St. Joe's Supper Table

#### ***VOLUNTEERS NEEDED***

St Joe's Supper Table is returning to indoor dining October 10, 2023. We are looking for people who are interested in volunteering during the week, particularly for the dinner service. We have several shifts available:

1. We offer a sandwiches and coffee service each weekday from 9:30am-12pm. Shift for this service is **9am-12pm**.
2. We offer supper on Tuesday - Friday evenings. The volunteer shift is **4pm-7pm**. \*Shift will change to **4:30pm-7:30pm** when we resume indoor dining on **October 10<sup>th</sup>**
3. We have food banks on Thursday and Friday, shift is from **12pm-3pm**.
4. Prep shift in in the afternoons Tues & Friday from **1pm-4pm**.

Please contact Kathleen at [kstrader@st-josephs.ca](mailto:kstrader@st-josephs.ca) if you are interested in helping!

#### **Parking**

Parking is free during weekend Mass & 30 mins after. Parking is also available in UofO Lot B **only** on Sundays from 8am-2pm

#### **Ministry Contacts**

##### **History Committee:**

Terry Byrne  
[tvb1643@gmail.com](mailto:tvb1643@gmail.com)

##### **Liturgical Environment**

**Ministry:** Wayne Moyle  
[waynemoyle8@gmail.com](mailto:waynemoyle8@gmail.com)

##### **Refugee Outreach Committee**

**(ROC):** Dona Bowers [donabowers22@gmail.com](mailto:donabowers22@gmail.com)

##### **English Conversation Group**

**for newcomers :** [Michaelrichard2008@hotmail.com](mailto:Michaelrichard2008@hotmail.com)

##### **Christian Meditation:**

George Martin: (Mon)  
[george.c.martin377@gmail.com](mailto:george.c.martin377@gmail.com)

Rick Garipey:  
613-265-1652 (Wed.)

Beth Smith:  
613-563-7091(Fri.)

##### **2SLGBTQ+ Accompaniment Ministry:**

Eleanor Rabnett  
[rabnete@gmail.com](mailto:rabnete@gmail.com)

##### **Grocery Card Program**

**(OMRA):** Donna Rietschlin  
[dbrietschlin@hotmail.com](mailto:dbrietschlin@hotmail.com)

##### **Funeral Ministry**

Dianne Taylor  
[taylortd@bell.net](mailto:taylortd@bell.net)

##### **Development and Peace — Caritas Canada**

Joan O'Connell  
[joanoco@rogers.com](mailto:joanoco@rogers.com)

##### **Missing information?**

To add or update Ministry info, please contact Front Office at [frontdesk@st-josephs.ca](mailto:frontdesk@st-josephs.ca) or extension 251.

**Our Financial Stewardship COLLECTIONS**

**from September 24th, 2023: \$4,875**

**Parish & Ministry  
Information**

*St. Joe's Ministries and Outreach Updates*

**Parking**

Parking is free during weekend Mass & 30 mins after. Parking is also available in UofO Lot B **only** on Sundays from 8am-2pm

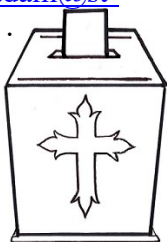
**Missing information?**

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**Equal Sacrifice**

Thank you for your financial contributions to our Parish! If you give through auto-debit or Canada Helps, we invite you to collect a donation card at the start of each Sunday Mass and place this in the collection basket as a symbol of your support for the parish's operations and social outreach programs. These cards are available near the entrance. We all come to St. Joe's with different gifts and a different ability to contribute financially to our community. Despite these differences, we offer an equal sacrifice in keeping our parish viable and vibrant.

If you are new to our parish or if you have been here before but would like to discuss donating through auto-debit contributions, we invite you to consider signing up for scheduled automated donations on either the 15<sup>th</sup> or the 30<sup>th</sup> of each month, or twice a month. To discuss this option, please contact Chris at [cadam@st-josephs.ca](mailto:cadam@st-josephs.ca).



*Logo designed by O. Harvey*

ST. JOE'S SUPPER TABLE PRESENTS

*Autumn Harvest*

**DINNER**

CELEBRATING OUR PARTNERSHIP  
WITH THE ISLAMIC CARE CENTRE



**SAT. OCT 21st 2023**

6PM HORS D'OEUVRES  
7PM DINNER

\$45 Tickets | \$315 for a Table of 8

TICKETS AVAILABLE AT

[www.canadahelps.org/en/charities/131771990RR0006-saint-joseph-parish/events/st-joes-supper-table-autumn-harvest-dinner/](http://www.canadahelps.org/en/charities/131771990RR0006-saint-joseph-parish/events/st-joes-supper-table-autumn-harvest-dinner/)

*featuring a 4 course halal menu including*

**ENTRÉES**  
TURKEY TOURTIÈRE, SQUASH RAVIOLI, OR PAN-ROASTED CHICKEN

**DESSERTS**  
PUMPKIN CHEESECAKE, MAPLE POACHED PEARS,  
OR CHOCOLATE CAKE

AND A **CASH BAR!**



You can purchase dinner tickets online conveniently and safely through Canada Helps, using this link: [www.canadahelps.org/en/charities/131771990RR0006-saint-joseph-parish/events/st-joes-supper-table-autumn-harvest-dinner/](http://www.canadahelps.org/en/charities/131771990RR0006-saint-joseph-parish/events/st-joes-supper-table-autumn-harvest-dinner/).

Chris Adam and Kathleen Strader will also be at the Masses this weekend for in-person purchase with cash, cheque or credit card.

# WEEKLY EVENTS AT ST. JOE'S

October 2nd — October 8th, 2023

	Monday Oct 2nd	Tuesday Oct 3rd	Wednesday Oct 4th	Thursday Oct 5th	Friday Oct 6th	Saturday Oct 7th	Sunday Oct 8th
<b>This Week</b>	(1) Christian Meditation, 9:30am, Sacristy  (2) RCIA, 7pm, Oblate Lounge	Campus Chaplaincy, 6 pm, Oblate Lounge	(1) Faith Education with Father Robert, Oct 4, 2pm, Oblate Lounge	(1) Weekday Mass, 12pm  (2) Development + Peace, 7pm, Sacristy  (3) Campus Chaplaincy, 6pm, Oblate Lounge	(1) Weekday Mass, 12pm  (2) Christian Meditation, 7pm, Oblate Lounge  (3) Swing Dance, 7pm, Parish Hall	(1) Weekend Mass, 5pm	(1) Weekend Masses, 9:30am and 11:30am  (2) Children's Liturgy, 10:30-11:30am  (3) University Mass, 7pm
<b>Future</b>						(1) Fr Robert's Watercolours Class, Oct 14, 10am (Sign-up only—contact front desk!)	

## PARISH & COMMUNITY ANNOUNCEMENTS

### Adult faith education with Fr. Robert

Our Roman Catholic faith is a source of richness in our lives. Fr. Robert is offering a 5-week programme to help explore that faith in our parish. Join him on **October 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup> and November 1<sup>st</sup> from 2:00 p.m. to 3:30 p.m. in the Oblate Lounge** for these adult faith education sessions. Space is limited; registration is required. Please contact: [frontdesk@st-josephs.ca](mailto:frontdesk@st-josephs.ca).

### Welcome Ministry

Hospitality is a very important part of Parish life. Do you enjoy meeting people and becoming acquainted with them, welcoming people and helping them feel at ease? Perhaps you have the gift of hospitality and would like to use this gift in building up our parish community? There are no monthly meetings. You can serve at whichever Mass you usually attend. The Parish Pastoral Council are looking for people willing to greet before Mass and to offer refreshments periodically after Mass, which involves preparation, serving and clean up. If this is something you feel you could help with, please speak to the greeter at your Mass or email the front office: (Subject: Welcome Ministry.)

### Urgent Request - New Eucharistic Ministers Needed

Would you be interested in becoming a Eucharistic Minister to serve Communion at one of the weekend Masses? It's a beautiful way to volunteer - sharing the bread and wine with fellow parishioners. The time requirement is during Mass, approximately once a month. Training is provided. For more information, contact Angela McCanny [angela.mccanny6@gmail.com](mailto:angela.mccanny6@gmail.com) or 613 324-7157.

### Children's Liturgy – Volunteers Needed!

After a very successful year last year, we are eager to begin anew with our Children's Liturgy program. We will have our first session on Sunday, October 1st at 9:30am Mass. An important request – we are looking for more volunteers to lead/facilitate children's liturgy sessions. Volunteers are welcome for the younger group (preschool – gr.1), as well as for the older group (gr. 2+). Please contact [cori.pinault@gmail.com](mailto:cori.pinault@gmail.com) to volunteer or if you have any questions. Thank you!

Mass intentions are available on Wed., Thur., and Fri. during Noon Mass for a \$15.00 donation. Please notify the Front Desk, [frontdesk@st-josephs.ca](mailto:frontdesk@st-josephs.ca) for arrangements. Thank you!



**To add a name to the prayers for sick or those who have died:** Email the Front Office at [frontdesk@st-josephs.ca](mailto:frontdesk@st-josephs.ca). We pray for those who are listed during the Prayers of the Faithful.

**Prayers for those who are ill:** Daniel Gwynn, Larry Martin, Frank O'Brien

**Prayers for those who have died:**

Wed., Oct 4th, 2023: Jayne-Marie Shearer †  
Thu., Oct 5th, 2023: Maria De Nardis †  
Fri., Oct 6th, 2023: Franca DiDiomete †