

BODY AND BLOOD OF CHRIST



FIRST READING: *I Corinthians 11:23-26*

This is a reading from the first letter of Paul to the Corinthians.

Brothers and sisters,

This is what Jesus did at supper the night before he died.
He took bread, and after he gave thanks, he broke the bread and said,

“This is my body, which I am giving for you.

When you eat this bread, remember me.”

After supper, he took a cup of wine and said,

“This cup is the new covenant in my blood.

When you drink from this cup, remember me.”

For when you eat this bread and drink from this cup,
you are proclaiming the death of the Lord until he comes again.

This is the Word of God.

RESPONSE: *Psalms 104*

You are the one who feeds us, giving us food from your hand.
You are the one who feeds us, giving us all we need.



GOSPEL ACCLAMATION:

“I am the Bread of Life,” says the Lord.
“All who eat this Bread will live forever.”
Alleluia, Alleluia!

GOSPEL: *John 6:35, 51-56*

This is a reading from the Gospel of John.

Jesus said to the people,

I am the bread of life.

Anyone who comes to me will never be hungry,
and anyone who believes in me will never be thirsty.

I am the living bread that came down from heaven.

Anyone who eats this bread, which is my life, will live forever.

This bread gives life to the world.

Unless you eat this bread and drink from this cup,
you do not have real life in you.

For I am real food and real drink for you.

Everyone who eats this bread and drinks from this cup
lives in me and I live in them.

Those who eat this bread and drink from this cup
have eternal life and I will raise them up on the last day.

This is the Good News of the Lord.