



**St. Joseph's Parish**  
An inclusive community

A Parish of the Oblates of  
Mary Immaculate  
since 1856

## St. Joe's Weekend Bulletin

August 11, 2019—Nineteenth Sunday in Ordinary Time

www.St-Josephs.ca  
Find us on Facebook!

151 Laurier Ave. E. Ottawa, ON K1N 6N8 \* 613-233-4095 \* frontdesk@st-josephs.ca

### Office Entrance

151 Laurier Ave. E.

### Office Contact

613-233-4095 x 251

frontdesk@st-josephs.ca

### Church & Hall

174 Wilbrod St.

### Summer

### Office Hours

Mon-Fri: 8am-2pm

Sat: 11am-5pm

### Weekend Mass

Saturday 5pm

Sunday 9:30am & 11:30am

7pm University Mass (Sept-Apr)

### Weekday Mass

Wed/Thur/Fri at 12noon

### Reconciliation

After noon Mass or by appt.

### Adoration

1st Fri. after the noon Mass  
in the Rectory Chapel.

### Parking

—In our lot there is no need to pay meters while attending weekend Mass + 30 minutes after Mass. If you are parking for non-parish related activities, please pay the meter located at the southern end of the lot.

—Or park in U of O Lot B **only** on Sundays from 8am-2pm (enter off Cumberland between Wilbrod & Stewart). Get pass at Welcome Desk to display in car. Questions? Contact the Front Office at x251.

### Reminder

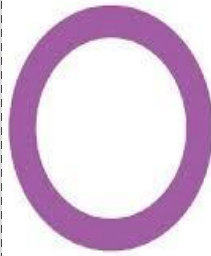
St. Joe's is a busy place. Please do not leave valuables in plain sight in your cars, and please don't leave purses in the pews. If you find any items that could be lost, please bring them to the Welcome Desk.



### Announcements:

**Reminder** Parish offices, Supper Table and Women's are closed Monday August 5, 2019 for the Civic Holiday.

**Front office hours have changed for July until Mid August, 2019.** We are open Monday to Friday: 8am-2pm and Saturday: 11am-5pm.



**ST. JOE'S**  
Women's Centre

St. Joe's Women's Centre is continuing to collect for their Back to School program. This year, we are doing things a little differently. As a way of avoiding duplication of services, we are only providing backpacks and school supplies for high school children this year (Grade 9 to 12). We can refer the elementary school aged children to a different program so they will not be left without help. For ideas of what to buy please see the supply list posted at the back of the church. Don't have time to shop? We have a partnership with Staples on Merivale road so Staples gift cards would be helpful as well. All collected items can be dropped off in the Women's Centre or at the front office. Thank you to everyone that can support us this year and those who have in the past!

### Parish Ministries Taking Summer Break:

**One-on-One Experience of Healing Touch:** Resumes on Friday, Oct. 4th.

**First Sunday of the month Healing Prayer :** Resumes again in September.

**Eucharistic Break Baking:** During July and August there will be no baked bread for the weekend liturgies. The bread baking schedule will continue in September.

### Christian Meditation at St. Joseph's Parish:

- Mondays at 9:30AM in the Library
- Wednesdays at 4PM in the Library
- Fridays at 7PM in the Oblate Lounge

## Welcome!

Are you new to St. Joe's or a visitor? Please introduce yourselves at the Welcome Desk at the back of the Church, or contact Maria Virjee, 613-234-6000, [mvsali2@gmail.com](mailto:mvsali2@gmail.com)

### Registration

Forms can be found at the Welcome Desk.

### Donation Envelopes

Are provided upon registration. Please mark your name clearly on front of each envelope.

### Online Giving

Sign up for auto-debit at Welcome Desk or through "Canada Helps"

**Don't like passing the basket empty-handed?** Feel free to stop by the Welcome Desk each week as you enter Mass, and pick up a laminated donation card that you can drop in the basket as it passes.

### Bequests

Please consider including St. Joe's in your will.

### Coffee Sales

Fair-Trade Coffee is sold near the Welcome Desk after each Sunday Mass. Bags (340g) are \$13. All proceeds directly benefit Development & Peace.

### THIS WEEKEND'S READINGS

*Wisdom 18.6-9*

*Hebrews 11.1-2,8-19*

*Luke 12.32-48*

## Contacts

### Executive Director

—Christopher Adam x 223  
cadam@st-josephs.ca

### Pastor

—Fr. Richard Beaudette  
x222  
rbeaudette@omilacombe.ca

### Music & Liturgy Director

—Jamie Loback x228  
jamieloback@yahoo.ca

### Young Adult Ministry & Faith Formation Coordinator

—Andrew Pump x235  
apump@st-josephs.ca

### Finance Coordinator

—Georgeta Mutu x229  
gmutu@st-josephs.ca

### Office Manager

—David Trepanier x251  
frontdesk@st-josephs.ca

### Maintenance Manager

—Nick Cacciato x230  
ncacciato@st-josephs.ca

### Women's Centre Director

—Marsha Wilson x224  
mwilson@st-josephs.ca

### Supper Table Manager

—Ryan Mitchell x240  
rmitchell@st-josephs.ca

### Parish Pastoral Council

ppc@st-josephs.ca

## Young Adult Ministry

Andrew Pump  
(613) 233-4095, ex 235  
apump@st-josephs.ca

The University Mass will begin again on Sunday, September 1st, but if you are interested in any of our summer events **please let Andrew know by email.**

### Young Adult Faith Sharing and Formation Group.

Each Sunday after the 11:30 mass we meet in the Church and head up to the Oblate Lounge where we reflect and discuss the Liturgy of

the Word and hear a parishioner talk about their faith journey and why they choose to call St. Joe's their home.

**Weekly Games Nights.** We meet once a week for a social evening. So that we can plan ahead we ask that those interested contact Andrew directly about this activity.

**Summer BBQs.** Our next BBQ on the upstairs deck will be on Thursday, August 29th at 6PM.

## Photo from St-Joseph's Garden



### Mass Intentions:

Wed. August 14 2019:

Thur. August 15, 2019:

Fri. August 16, 2019:

Mass intentions are available on Wed., Thur., and Fri. during Noon Mass for a \$15.00 donation. Please notify Front Desk for arrangement. Thank you!

## News from around The Supper Table

Ryan Mitchell, Manager, 613-233-4095, x240  
rmitchell@st-josephs.ca, [www.suppertable.ca](http://www.suppertable.ca)

Hi everyone,

What an exciting week here at St Joe's, our numbers are finally starting to drop down after a crazy busy month that had over 2300 hot meals and bagged lunches served!! In other exciting news we have received confirmation from the Ottawa food bank for 4000\$ towards the cold storage projects for the supper table. This will help replace used equipment, and allow for us to deliver fresh produce and healthy sustainable meals. I have also secured a food rescue to help

with the bread donations we've lost following the closure of the Rideau bakery. Please help us stock our shelves with the following: **Jam, Peanut butter, spices, instant coffee, toiletries, soup, cereal, cookies/snacks, white & brown rice, canned meat & fish.**

**Food Bank** requires **volunteers** for the Fridays in August. Please contact the Supper Table if you are interested. Thank you from all of us.

## Sundays

—Masses at 9:30am & 11:30am + 7pm University Mass (Sept-April).

—**Children's Liturgy** at 9:30 am Mass three Sundays a month. Children are dismissed with leaders during Mass to meet in age groups (JK-1, Gr 2-3 and Gr 4-6) and share on the Word of God at their own level. All children are welcome. For more information, please contact Toni Tarasco at [tarasco.toni@gmail.com](mailto:tarasco.toni@gmail.com)

## Mondays

—Weekly 9:30am **Christian Meditation** 613-730-0108.

## Wednesdays

—English Conversation and Practice for newcomers to Ottawa, 7-8:30pm (Sept-June) at St Paul's University (233 Main St, LaFramboise Hall, Room L142) Michael Richard (613) 744-2429 or michaelrichard2008@hotmail.com

—Weekly 4pm **Christian Meditation**

## Fridays

—**One-on-One Experience of Healing Touch** is scheduled for the first Friday of every month from 9:30-11:30 am in the church. All are welcome! More information is available at the Welcome Desk. (Oct-June )

—Weekly 7:00pm **Christian Meditation** 613-236-0155

—**Catholic LGBT & Straight Alliance** meets the 2nd Fri/month.

[Sjcgllgroup@gmail.com](mailto:Sjcgllgroup@gmail.com)

## Saturdays

—**Vigil Mass** at 5pm

## Need info on:

- Baptism
- First Communion
- Confirmation
- Adult Initiation
- Marriage Prep
- Weddings
- Young Adult (18-39)
- Pastoral Letters
- Funerals

Visit our website, then contact:

Andrew Pump x235 or apump@st-josephs.ca

—Memorial Masses  
Contact the Front Office

—Pastoral Care or Anointing of the Sick

Contact the Front Office or Fr. Richard Beaudette

—Our Bulletin

- Is posted on our website each week.

- Email submissions online at the website under "publications/bulletin/submission" by Wed noon.

- To receive this Bulletin via email each week, contact the Front Office.

**Our Financial Stewardship COLLECTION July 28, 2019: \$5,105 Step Up—Building Fund: \$16,745**

### STEP UP! St Joseph's Building Fund

St. Joseph's Parish has inaugurated an ongoing collection for our Building Fund. With more major projects looming (renewing the front steps, rebuilding the accessibility ramp, repairing the water-damaged interior arches. etc. ), the Parish Finance Committee feels now is the time to take a longer view to our financial needs for major repairs. For this year, you are invited to use the **envelopes** that are provided in the pews and at the Welcome Table. In future years, they will be included in your envelope sets. For those who contribute through **direct debit**, you are invited to contribute to the Building Fund by contacting the parish office to 1) set up a separate donation to the Building Fund or 2) allocate an increase in your regular donation to that fund. If you would like to donate **online**, there will be a Building Fund option on our Canada Helps page.



### Development and Peace: Urgent Call for Ecological Conversion from the Catholic Bishops Conference of the Philippines

Water sources and agriculture are being threatened by many Canadian mining projects in the Philippines. Forests and biodiversity are in danger from extractive mining and the building of dams. In 2017 26 mining projects were ordered suspended but not one has stopped because of administrative loopholes. The rural poor who live close to these sites are not helped since mining contributes to less than one per cent of GNP and employs 0.4% of the labour force. The Philippines, an archipelago is prone to climate disasters such sea level rise, storm surges, flash floods and typhoons (Yolanda, Ondoy, Sendong and Pablo). With Yolanda, 10 provinces were affected, 16 million people endangered and 1.1 million homes damaged or destroyed. Pope Francis articulated the scale and dangers of climate change in Laudato Si: On Care for our Common Home, with the worst impacts being in developing countries. He calls for a re-evaluation of current models of global development. The pope appeals to the common good where climate change is a serious issue for the Church and relates to our Christian responsibility to care for the Earth. Pope Francis calls us to "acknowledge our sins against creation," with our tendency to "degrade the integrity of the Earth by causing damages to its climate." Laudato Si. 8. **INFO: devp.org**

### Financial Coaching Ministry

Are your finances

causing you stress? You're not alone. A little help can go a long way to reduce your stress and help you regain control and peace of mind. Contact me at [coach@melanieforget.ca](mailto:coach@melanieforget.ca) or pick up a card at the back of the church.



### OMRA Grocery Cards & Annual Pot Luck Picnic

Consider purchasing grocery cards from OMRA on a monthly basis. We offer the following: Loblaws/Independent - \$50 and \$100, Metro/Food Basics - \$50 and \$100, Farm Boy - \$50. Thank you for your ongoing support that enables OMRA to offer rental subsidies to refugee families in our city. In August we will be providing rental subsidies to 16 families. If you know anyone else who might like to order grocery cards monthly or from time to time, please put them in contact Please see Frank O'Brien or Donna Rietschlin at the 9:30 Mass or Louise Lalonde or Michèle Gascon at the 11:30 Mass for more details. You can also contact Donna Rietschlin at 613-715-9797 or [dbrietschlin@hotmail.com](mailto:dbrietschlin@hotmail.com).



We are hosting our 2nd annual OMRA Pot luck picnic celebrating OMRA Families and Supporters! **When:** Sat Aug 24 at 12 pm **Where:** Brantwood Park, 39 Onslow Cres, K1S 5H2 **Hosts:** OMRA Board members. Join us for an afternoon of fun, games, conversation and food with the families living in OMRA housing that you support! Please bring some food to share, drinks for your family/group and lawn chairs. The children's wading pool will be open. **In case of rain,** we

will move to the Ottawa Mennonite Church 1830 Kilborn Ave. RVSP to Donna [dbrietschlin@hotmail.com](mailto:dbrietschlin@hotmail.com).

OMRA AT ST. JOE'S IS SPONSORED BY THE REFUGEE OUTREACH COMMITTEE.



**Library News** — Library titles about CHRISTIANITY include – O'Murchu, D. Ancestral grace: meeting God in our ancestral story (BT701.3.O24 2009) and Christianity's dangerous memory: a rediscovery of the revolutionary Jesus (BT205.O48 2011) & Harper, T. Pagan Christ: recovering the lost light (BR129.H37 2004).



### Urban Pilgrimage to Notre-Dame de Lourdes Grotto (Vanier)

**Date:** Sunday, August 25

**Time:** 9:30AM to 11:30AM

Join us for a mini-pilgrimage and contemplative walk through the streets of Ottawa, hosted by Kerri Power and Amy Carnegie. We'll meet at the fountain at Strathcona Park (corner of Laurier Ave East and Range Rd, across from Le Cordon Bleu) and walk to Notre-Dame de Lourdes Grotto (about 3 km). All are invited! Wear comfortable shoes and bring a hat, sunscreen, water, maybe an umbrella (we will still go if there are only a few sprinkles)... and a willing spirit! Limited car shuttle spaces available for return to Strathcona Park. You can also return on foot or by bus. Please RSVP to Kerri Power at [power.kerri@gmail.com](mailto:power.kerri@gmail.com) to receive email updates.

**Full Moon Gatherings in Gatineau Park:** Join Angela Mione, a parishioner at St. Joe's, in cultivating a greater connection with your inner self within the tranquility of nature. Angela is hosting monthly multi-sensory evening experiences in Gatineau Park to welcome the full moon. As you walk along the path, you will be introduced to the Japanese practice of "Forest Bathing" known as Shinrin-Yoku, experience a walking meditation; and conclude the evening around the bonfire.



This activity is largely done in silence; therefore, it is not intended for those who wish to bring their younger children or four-legged family members. The path flat and a total walking distance of 4km. The gathering will last approximately 2 - 2.5 hours. Once you register Angela will send you more information on the precise location and what to bring.

**For more information and to register please contact Angela** at (613) 286-5652 or [angelamionecoaching@gmail.com](mailto:angelamionecoaching@gmail.com) The next Full Moon Gathering will be on Thursday, August 15.



## Galilee Centre

**August 16-18, 2019 — SERENITY AND SURRENDER:** Archbishop Emeritus Sylvain Lavoie OMI & Michelle Reis-Amores will lead this Twelve Steps weekend focusing on the power of steps 1,2 &3. Cost: Resident Single \$290, Double \$250, Commuter \$200. For more information:

613-623-4242 ext. 21 or [info@galileecentre.com](mailto:info@galileecentre.com)

**September 29, 2019 — 1st ANNUAL GALILEE JAMBOREE:** Spend a relaxing Fall afternoon (2PM-7PM) on Galilee's peaceful grounds and enjoy a number of valley musicians and singers. This is a fundraising event in support of Galilee programs. For more information: 613-623-4242 ext. 21 or [info@galileecentre.com](mailto:info@galileecentre.com)

**October 4-6, 2019 — HEALING THE FUTURE: TRANSFORMING ANGER AND ANXIETY INTO GIFTS:** Matt Linn S.J. will guide a retreat addressing what keeps us from feeling really happy? This retreat will offer processes of healing to create a future giving new life. Cost: Resident Single \$330, Double \$305, Commuter \$270. For more information: 613-623-4242 ext. 21 or [info@galileecentre.com](mailto:info@galileecentre.com)

**Prayers for the sick:** John Burton Andrew Hill, Mary Catherine Sullivan, Hassan Mourad, Frank Worona, Emma Ceit Riley-Leavitt, Donny Whitwell, Ann Van Reagan, Jean-Clause Filion, Dave D., Robert Farrell, Margaret Barr McFerran, Peter Beninger, Millie Delvecchio, Lionel Campbell, A. Reid-René de Cotret, Charlie & Carolyn T., Milan Agnesi Gonzalez, Marie-Aimée Chiasson, Sheila Barr Dalzell, Kevin Leeman, Jack Mclaughlin, Ron, Victoria Kind, Donna Rawlings, Christina De Simone, Janinaba J. M., Catherine N., Lonnie D., David A., Ethel G., Mike Kelly, Leta Walsh, Bill Pynter, Walter Cibischino, Gaetano Gallizzi, Roger Toner, Paul Tymchuk, Henri Laroque, Nova-Anne Rousseau, Esther Cvirik, Emilio Giuliani, Frances Armstrong, Mae Lalonde, Aime Lalonde, Bill Girard, Em Stortroen, Maria Rizzi, Sonja Armstrong L., Kevin Riley. **Prayers for those who have died:** Suse Corbeil, Ioland Baldassarra, Ron Burns, Henry Kaucharik, Michael Grenby, Robert Lafortune, Margo Gauthier, Hugues Jean, Anne Drouin, Shirley Dmytryck, Mary Margaret LaCompte, Mary Agadah, Pamela Pomeroy, Diane Major, France Redmond, Anneliese Apholz-Coulombe, Peter Craig Gillis, Maurice Lalonde, John Flynn, Ignacio David, Sr. Kitty McCann (gsic), Rosemary McCanny, Andrea Jone, Cecil Gleason, David Scott, Joe Konst, Max Strader, Peggy and Ted Charette, Remo Caldato, Sheryl MacDonald, Antoinette and Jean Sfeir, Mary and Hallim Abboud, Lauren Richards, Joe Gariano, Eufrazio Arelano Sr., Mary Wynands, Aline Mary Pottie, Jim Dugdale. **To add a name,** please inform the Front Office or write it in the binder at the Welcome Desk.

**Book of the Sick:** A new Book of the Sick will be located at the Welcome Desk prior to each Mass and everyone is invited to write the names of loved ones who are sick into this book. We will then pray for those who are listed in the book during the Prayers of the Faithful.



**St. Joe's Supper Table Presents:**

# **Fund Raising Gala**

**Cash bar & Semi-Formal**



## **Featuring:**

**Live Jazz: Jazz -n-Time**

**Silent Auction**

**Three course meal catered by the Ottawa Mission**

**Keynote Speaker discussing compassionate outreach**

**Saturday, September 14th**

**Doors open at 6:00PM**

## **Ticketing information**

**Tickets available for purchase by credit card, cheque or cash**

**Ticket price: 55\$ (45\$ for Supper Table volunteers)**

**If you wish to purchase a table seating 8 people: 400\$**

**Purchasing a ticket to sponsor another guest: 55\$ (35\$ tax receipt available)**