



**St. Joseph's Parish**  
An inclusive community

A Parish of the Oblates of  
Mary Immaculate  
since 1856

## St. Joe's Weekend Bulletin

March 3, 2019 — Eight Sunday in Ordinary Time

151 Laurier Ave. E. Ottawa, ON K1N 6N8 \* 613-233-4095 \* frontdesk@st-josephs.ca

www.St-Josephs.ca  
Find us on Facebook!

### Office Entrance

151 Laurier Ave. E.

### Office Contact

613-233-4095 x 251

frontdesk@st-josephs.ca

### Church & Hall

174 Wilbrod St.

### Office Hours

Mon-Fri: 8am-7:30pm

Sat: 11am-5pm

### Weekend Mass

Saturday 5pm

Sunday 9:30am & 11:30am

7pm University Mass (Sept-Apr)

### Weekday Mass

Wed/Thur/Fri at 12noon

### Reconciliation

After noon Mass or by appt.

### Adoration

1st Fri. after the noon Mass  
in the Church.

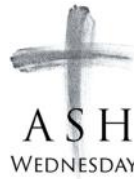
### Parking

—In our lot there is no need to pay meters while attending weekend Mass + 30 minutes after Mass. If you are parking for non-parish related activities, please pay the meter located at the southern end of the lot.

—Or park in U of O Lot B **only** on Sundays from 8am-2pm (enter off Cumberland between Wilbrod & Stewart). Get pass at Welcome Desk to display in car. Questions? Contact the Front Office at x251.

### Reminder

St. Joe's is a busy place. Please do not leave valuables in plain sight in your cars, and please don't leave purses in the pews. If you find any items that could be lost, please bring them to the Welcome Desk.



### Ash Wednesday Celebration:

**Wednesday, March 6, 2019 at Noon and 7:30 p.m.** — We will celebrate

the beginning of Lent with the celebration of Ashes at the Noon Liturgy and again at 7:30 p.m. We gather on this

day to commit ourselves to this time of preparation for Easter through the practices of fasting, prayer and almsgiving.



### Family Ministry - Lenten

**Journey** — This Sunday will be the First Sunday of Lent. Lent begins on March 6 with Ash Wednesday and ends April 20. It is the 40-day period in which we prepare our

hearts for Easter by contemplating Jesus' sorrowful road to Calvary, before his joyous resurrection. We pray, we fast, we share, and we do works of love. Families with children may wish to check out this website for Lenten activities: <http://catholicmom.com/kids/lenten-activities-for-children/>

At church you will notice that the décor has changed. The liturgical colour for Lent is purple. For the children's procession the doves now have purple streamers. We encourage all children - particularly those preparing for their first communion - to participate in the procession this morning and throughout Lent. In the procession, children heed Jesus' invitation to come to him. It is also a prayerful activity in which the children bless the altar with their presence and share their meaningful ministry with all present at church.



### Planting Seeds International's 7th Annual FUNdraiser

— Planting Seeds International would like to thank the many parishioners who have supported us and extend an invitation to our seventh annual fundraiser in support of Guatemalan educational initiatives on Saturday, April 13 from 6:30- 9:30 pm at St. Joseph Parish Hall. The evening will include a silent auction, mercado/market, a cash bar, and sit-down dinner catered by The Ottawa Mission, and presentations by Directors Mac Philips & Shannon Moyle. Tickets

are \$60 each (tax receipts for \$40). For more information and to order tickets contact parishioners Aileen and Wayne Moyle at 613-234-9012, or John Weir and Dorothy Collins at 613-749-8619. Please note that tickets will not be available at the door! Visit [www.plantingseedsinternational.org](http://www.plantingseedsinternational.org) to learn more about Planting Seeds International.

## Welcome!

Are you new to St. Joe's or a visitor? Please introduce yourselves at the Welcome Desk at the back of the Church, or contact Maria Virjee, 613-234-6000, [mvsali2@gmail.com](mailto:mvsali2@gmail.com)

### Registration

Forms can be found at the Welcome Desk.

### Donation Envelopes

Are provided upon registration. Please mark your name clearly on front of each envelope.

### Online Giving

Sign up for auto-debit at Welcome Desk or through "Canada Helps"

**Don't like passing the basket empty-handed?** Feel free to stop by the Welcome Desk each week as you enter Mass, and pick up a laminated donation card that you can drop in the basket as it passes.

### Requests

Please consider including St. Joe's in your will.

### Coffee Sales

Fair-Trade Coffee is sold near the Welcome Desk after each Sunday Mass. Bags (340g) are \$13. All proceeds directly benefit Development & Peace.

THIS  
WEEKEND'S  
READINGS

*Sirach 27.4-7*

*1 Corinthians 15.54-58*

*Luke 6.39-45*

## Need info on:

- Baptism
- First Communion
- Confirmation
- Adult Initiation
- Marriage Prep
- Weddings
- Young Adult (18-35)
- Pastoral Letters

Visit our website, then contact:

Andrew Pump x235 or apump@st-josephs.ca

### —Funerals

Sharon Gravelle segravelle@bell.net

### —Memorial Masses

Contact the Front Office

### —Pastoral Care or Anointing of the Sick

Contact the Front Office or Fr. Richard Beaudette

### —Our Bulletin

- Is also posted on our website each week.

- Email submissions online at the website under "publications/bulletin/submission" by Wed noon.

- To receive this Bulletin via email each week,

**Our Financial Stewardship...COLLECTION for February 24, 2019: \$5,846**



### News from around The Supper Table

Ryan Mitchell, Manager  
[rmitchell@st-josephs.ca](mailto:rmitchell@st-josephs.ca),  
 613-233-4095, x240  
[www.suppertable.ca](http://www.suppertable.ca)

- Freezer bags
- Salt and pepper
- Other spices
- Peanut butter
- Crackers
- Canned meats
- Toilet paper and napkins

Happy weekend all!

What a week at St. Joe's. We had a few minor hiccups due to maintenance issues and had to close for our hot meal service. But we were steadfast and served the best we could.

Also a note about the pancake breakfast for Fat Tuesday, it will be held March 5th from 8am- 11am. A free-will donation for the Supper Table is requested. For details please contact Andrew Pump.

February had an increase in the number of guests attending our services and as such we are in need of the following items:

Ryan.



### Ancoura Gala. Save the Date!

— Ancoura's mission is to create homes and community for adults living with

mental illness. Our Gala Dinner and Auctions will be held Thursday, May 2nd at the Hellenic Meeting and Reception Centre, 1315 Prince of Wales Drive. \$100. per person (\$50. tax receipt). Reserve at [erik@ancoura.ca](mailto:erik@ancoura.ca) or Erik Sparling 613-233-8130. Sponsorship opportunities. [www.ancoura.ca](http://www.ancoura.ca)

### Christian Meditation at St. Joseph's Parish:

- Mondays from 9:30-10:30AM in the Library
- Wednesdays from 4-5PM in the Library
- Fridays from 7-9PM in the Oblate Lounge



## Development and Peace

CARITAS CANADA

roads have been barricaded which has prevented the transport of needed food, water and medicines. Chenet Jean-Baptiste, director of DEVELOPMENT AND PEACE partner Technology and Animation Institute (ITECA) which gives support to farmers writes: "The country has been totally blocked and is at a standstill. All educational and economic activity and public transport are paralyzed. Hospitals are not receiving any supplies. Cities are lacking drinking water, running water, gasoline and food. There is much uncertainty and deprivation. February and March are key times for planting for agricultural production. There has been little reaction in helping Haiti from supporters such as Canada, U.S., E.U., France, the UN and the Organization of American States. The continuation of the blockades could cause the closure of our offices in another week. Worsening destitution and food insecurity are very real." DEVELOPMENT AND PEACE has had a significant role in Haiti since our beginning 52 years ago in 1967. INFO: [devp.org](http://devp.org)

### Development and Peace: The Cry of the Haitian People

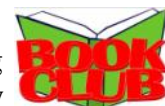
— For several weeks the Haitian people have been demonstrating against the corrupt government because of its misappropriation of millions of dollars from the Petro Caribe aid program (favorable petroleum prices and financing) signed between Venezuela and Haiti and 18 other Caribbean countries. Many



**Library News** — Books on JESUS CHRIST —  
*O'Murchu, D. Catching up with Jesus: a Gospel story of our time (BT304.9.O48 2005), Miles, J. Christ: a crisis in the life of God (BT220.M55 2001) and Vanier, J. Drawn into the mystery of Jesus through the gospel of John (BX2347.8 V36D71 2004).*

### LGBT+ and Straight Alliance's Book Club

You are invited to join us in reading "Moonstone: The Boy Who Never Was" by Sjon. We will meet for discussion in the Sacristy meeting room on Thursday, March 28, at 7PM.



## Contacts

Main: 613-233-4095

### Executive Director

—Chris Adam x223  
cadam@st-josephs.ca

### Pastor

—Fr. Richard Beaudette x222  
rbeaudette@omilacombe.ca

### Music & Liturgy Director

—Jamie Loback x228  
jamieloback@yahoo.ca

### Young Adult Ministry & Faith Formation Coordinator

—Andrew Pump x235  
apump@...

### Finance Coordinator

—Saul Mendoza x229  
smendoza@...

### Office Manager

—David Trepanier x251  
frontdesk@...

### Maintenance Manager

—Nick Cacciato x230  
ncacciato@...

### Women's Centre Director

—Marsha Wilson x224  
mwilson@...

### Supper Table Manager

—Ryan Mitchell x240  
rmitchell@...

### Parish Pastoral Council

ppc@...



### New Year - New Outlook on Your Finances

— It's a new year and a great time to

decide to get your financial house in order. Did you know that St. Joe's offers personal financial coaching through the St. Joe's Financial Coaching Ministry? This ministry is equipping our community with personal finance tools and education for peace and prosperity at any and all stages of life. Contact Mélanie Forget at 613-291-1418 or [coach@melanieforget.ca](mailto:coach@melanieforget.ca) to book your free confidential one-on-one coaching session today or for more information, pick up an information card in the back of the church.



### Lenten Small Group Faith Sharing

— You are invited to join fellow parishioners in sharing stories of your faith journey as related to the Lenten scriptures Wednesday evenings beginning March 6 following the ASH WEDNESDAY evening service (enter through the sacristy on this occasion) and Wednesdays thereafter up to and including Holy Week at 7:15 p.m. in the Oblate Lounge (Upstairs Meeting Room). Join us for all sessions or when able. Enter via the Laurier Avenue entrance. For more information or to sign up, visit the Welcome Desk.



### Lenten Stations of the Cross with Development and Peace and St. Joe's Faith Formation

— Join us after the 11:30 Mass every Sunday during Lent to pray the Stations of the Cross. We will be using the 2019 "Share the Journey" Lent campaign prayers from Development and Peace—Caritas Canada.

We will be praying especially for

the peace, justice and safety of all migrants forced to flee their homes due to poverty, war, persecution, economic displacement, and ecological ruin.



### Order March GROCERY CARDS NOW

— It's time to order grocery cards for March! Consider creating a monthly order and giving post-dated cheques payable to OMRA Shelter Corp for the rest of 2019. To learn more about this, contact Donna at [dbrietschlin@hotmail.com](mailto:dbrietschlin@hotmail.com).

Orders placed before 2pm on March 3rd will be available on March 10th. Speak to Frank O'Brien or Donna Rietschlin at the 9:30 Mass, Louise Lalonde or Michèle Gascon at the 11:30 Mass or contact Donna Rietschlin directly (613-715-9797 or [dbrietschlin@hotmail.com](mailto:dbrietschlin@hotmail.com)). You can order cards for Loblaws/Independent -\$25, \$50, \$100 and \$250; Metro/Food Basics - \$50 and \$100; Farm Boy \$50. Please return your empty Farm Boy cards to me. OMRA receives \$1 for each card we return and Farm Boy reissues those cards. Your participation helps to subsidize the rent of 11 refugee families in Ottawa. OMRA AT ST JOE'S is SPONSORED BY THE REFUGEE OUTREACH COMMITTEE.



### Every 1st Sunday of the Month: Healing Prayer After Mass

— Anyone wishing prayer for healing is invited to come to the Healing Space with family, friends, parishioners. There will be a healing ministry member ready to welcome all who come.

## Sundays

—Masses at 9:30am & 11:30am + 7pm University Mass (Sept-April).

—**Children's Liturgy** at 9:30 am Mass three Sundays a month. Children are dismissed with leaders during Mass to meet in age groups (JK-1, Gr 2-3 and Gr 4-6) and share on the Word of God at their own level. All children are welcome. For more information, please contact Toni Tarasco at [tarasco.toni@gmail.com](mailto:tarasco.toni@gmail.com)

## Mondays

—Weekly 9:30am **Christian Meditation** 613-730-0108.

## Wednesdays

— English Conversation and Practice for newcomers to Ottawa, Wednesdays 7-8:30pm (Sept-June) at St Paul's University (233 Main St, LaFramboise Hall, Room L142) Michael Richard (613) 744-2429 or [michaelrichard2008@hotmail.com](mailto:michaelrichard2008@hotmail.com)  
— Weekly 4pm **Christian Meditation**

## Fridays

—**One-on-One Experience of Healing Touch** is scheduled for the first Friday of every month from 9:30-11:30 am in the church. All are welcome! More information is available at the Welcome Desk.  
—Weekly 7:30pm **Christian Meditation** 613-236-0155  
—**Catholic LGBT & Straight Alliance** meets the 2nd Fri/month.  
[Sjcggroup@gmail.com](mailto:Sjcggroup@gmail.com)

## Saturdays

—**Vigil Mass** at 5pm



**St. Joe's Women's Centre** is looking for coffee mugs! New or used. Coffee and tea brew here all day long and mugs often get chipped or broken. If you have any mugs, coffee, tea, sugar or whitener to donate, it would be very much appreciated.

Donations can be dropped off to the Centre Monday - Friday from 9am to 4pm.



**Recycle your Batteries** — Want to get rid of your old (alkaline only!) batteries in an environmentally friendly way? Bring them to church on Sundays and place them in the clearly labelled box at the church entrance. I live in the "backyard" of City Hall and take batteries there

for recycling every time I go for a walk.

**ROC Update** — Did you know that the ROC is currently sharing their time, talents and treasures by assisting 14 families (= 38 adults/children), at different levels of their refugee claim, sponsorship, or settlement? In addition to extending friendship to newcomers, ROC volunteers are busy sharing their time and talent:

1. finding lodging, arranging/accompanying newcomers to important appointments (medical, dental, language assessment, school registrations, public transit orientation, rental searches etc.)
2. assisting refugee claimants with the "process" of settlement including connecting families with community services and activities and in some cases guidance in preparing for official refugee hearings
3. through the generous support of our parishioners, our treasure provides our newcomers with: furniture and clothing, short term financial support for living expenses, transportation costs to Refugee Board hearings occurring in Montreal, dental needs, etc.

Our activities are only possible with the generous support of our Parish. We can always use some help so if you are interested in learning more about ROC in sharing your time and talents, please contact John Weir at [jhnwr99@yahoo.ca](mailto:jhnwr99@yahoo.ca). If you are able to share your treasure, you are now able to make one time or monthly donations to the Refugee Outreach Committee (ROC) with your credit card or PayPal, quickly and efficiently, through the Canada Helps form on the St. Joe's website, <https://www.canadahelps.org/en/charities/131771990RR0006-saint-joseph-parish/>

, Under "Fund" choose St. Joe's Refugee Outreach Committee and provide the contact information requested. Canada Helps will issue a tax receipt and provide you with regular statements. It is important to note that donations to the ROC Fund are not meant to replace donations to the General funds which go to supporting the Parish's maintenance and staffing needs. We thank you, on behalf of ourselves and our newcomer friends, for all your love and support!



### **Waking to Mystery - God Comes Disguised as Our Life**

Presented by Michelle Miller & David Perry

Fri March 8: 7pm-9pm & Sat March 9: 9:30am-7pm.

Galilee Retreat Centre, Arnprior

You are not a project. Your life is not a project. Grace is not a reward.

Come and experience the "contemplative stance" and be reminded that you/we already live in union with God.

\$142 single/\$135 double/\$70 commuter. Sat lunch & dinner included.

(attending Saturday only is permitted). Space is limited.

To register: 613-623-4242 x 21, [info@galileecentre.com](mailto:info@galileecentre.com) or [www.galileecentre.com](http://www.galileecentre.com)



### **Volunteer Opportunity** — Do

you have a few hours each month and want to give back? Looking for help transcribing audio interviews for

folks facing long-term health issues who want to give their loved ones a written gift of themselves. This project is part of St. Vincent Hospital and the Spiritual Care Department there, so it does involve a volunteer orientation. For more information or if you would like to volunteer, please contact Roshene Lawson, Clinical Chaplain at St. Vincent Hospital at 613-562-6262 ext. 2190. Thank you.

### **Join us for a Lenten Retreat: JOURNEY TO WHOLYNESS** —

Walking the path of forgiveness. Join us and share your story, come to listen to the stories of others as we "Walk the path of forgiveness" at St. Joseph's Church, Friday March 29, 7-9 pm and Saturday March 30, 9:30 am-12:30 pm. Facilitators: Genevieve Moore and Raphael Amato.

## Mass Intentions

Wednesday, March 6, 2019: N/A

Thursday, March 7, 2019: N/A

Friday, March 8, 2019: N/A

Mass intentions are available on Wed., Thur., and Fri. during Noon Mass for a \$15.00 donation. Please notify Front Desk for arrangement. Thank you!

**P** Prayers  
Please 

**Prayers for the sick:** Kevin Riley, Jo-Anne Stasiuk, Mary Ruddy, John Cyr, Laurent Chretien, Laurie Alain, Jamie's Father, Mzee Oleku, Sheila Genkonyo, Somuta Nguon, Beate Bernhardt, Alfred Johnson, Leonard Sanders, Quincy Anderson, Robert Anderson, Bill McLachlin, Frances Ann, Emilio Giuliani, Mary Cooke, Rita Hogan, Janet Pritchett, Barry Crawford, Denise Crawford, Fran Franklin, Yvonne, David Mann, Denise, Aline Pottie, Eleanor

Boissonneault, Joe Salzgeber, Shirley Salzgeber, Lynne Cameron, Jean-Claude Filion, Luz Elena, Jane Kelly, Mary Catherine Mjje, Jainaba Manneh, Bob Britton, Mildred Nesbitt, Hans K., Christine S., Kathleen Kernes, Mallorey Moberly, Elizabeth Lau, Gaston Lauzon, Julia Rettie, Megg Okoret, Dione Kateiwaho, Ida Hersi, Sheila Geronyo, Sonja Armstrong L., Mike Kelly, Andrea MacWilliams, Ellen Catherine Grummisch, Sheila Katheiwaho Didas, Irma Passi, Len Sullivan, Frank Kwasi, Andrée L'Italien, Vilma, Brian Andrew, Gene King (OMI), Michael Grenby, Carmen Nasello Delzotto, and Jenny Nasello (CND). **Prayers for those who have died:** Joe Gariano, Eufrazio Arellano Sr., Mary Wynands, Aline Mary Pottie, Jim Dugdale, Doris Bell-Aunt, Andy Laut, Agnes Roche, Peter Smith, Renee Triebe, John Boissonneault, Shirley Cahute, (Cy Winter, Uncle Cyril, and Joseph Winter), Okpaleke Patrick, John Buchanan, Ofordile Diana, Connie Slay, Anne Everett, Marie Heuson, Mary Oby, Sister Louise Dunn, C.N.D., Don David, Rolph Almstedt, Vivi-Ann, Mitchell, Terry Hayes, Larry Hebert, Brandon McGivney, Lillian Rapini, Fr. James MacDonald (OMI), Daniel Lamont, William Rapini, Dianne Brennan Campbell, Paul Watson, Christopher Bradshaw, Patricia MacDonald, Ma. Cristina Echeverri de Vazquez, Marcelo Vazquez Sierra, Manuel Vazquez Echeverri, Marcela Vazquez Echeverri, Alan, Alma & Alfred, Scott Mellon, Veronica O'Hara, Frank Fedor, Tony Gumpert Etienne, Douglas Lenny, James (Jim) Teahen, Elfriede Schmid, Charlie McDonald, and Therese Therien. **To add a name,** please inform the Front Office or write it in the binder at the Welcome Desk.

**Young Adult Ministry** Centrepointe Dr. Deadline to register is March 20th. Please contact Jack Wilson at [wilsonjohns@rogers.com](mailto:wilsonjohns@rogers.com)

**ALL  
ARE  
WELCOME**

Andrew Pump  
(613) 233-4095, ex 235  
[apump@st-josephs.ca](mailto:apump@st-josephs.ca)

*Donations are accepted for all events. Proceeds go to support the Young Adult Ministry at St. Joe's.*



We are having a special **Pancake Breakfast** in the upstairs kitchen of the Rectory this Tuesday (Fat Tuesday) from 8AM-11AM.



We also want to remind our students and young adults of our **Ash Wednesday** services on March 6 at Noon and 7:30PM.



Throughout the Season of Lent we will be hosting weekly **"Soup-Supper Reflections"** every Thursday night from 6PM-8PM in the Oblate Lounge.



Dessert and Trivia Night in Support of Algonquin College Campus Ministry: Friday, March 22nd at 7PM. Organize a team of anywhere from two to eight people and join the Algonquin College Christian Community in raising funds for their Campus Chaplaincy. The event will be hosted by Bethany Baptist Church at 283



# *Join us for a Lenten retreat*

*Friday March 29: 7-9 pm & Saturday March 30: 9:30 – 12:30 am*



## **Walking the path of forgiveness**

Join us and share your story, come to listen to the stories of others as we “Walk the path of forgiveness”. Together we will pray, meditate, and sing, taking time to:

- Reflect and share our stories on forgiveness; both on being forgiven and on forgiving others
- Explore stories of forgiveness in today’s world and how they can help us on our journey
- Draw out some common learnings about the impact of forgiving in our lives
- Appreciate the link between forgiveness, healing and wholeness
- Reflect on our experiences of mercy

Where: St. Joseph’s Church

When: Friday March 29 from 7-9 pm and Saturday March 30 9:30 -12:30 am

To register: [frontdesk@st-josephs.ca](mailto:frontdesk@st-josephs.ca) or 613 – 233 – 4095 (parish office)

Genevieve Moore and Raphael Amato will facilitate the session