



**St. Joseph's Parish**  
An inclusive community

A Parish of the Oblates of  
Mary Immaculate  
since 1856

## St. Joe's Weekend Bulletin

February 24, 2019 — Seventh Sunday in Ordinary Time

www.St-Josephs.ca  
Find us on Facebook!

151 Laurier Ave. E. Ottawa, ON K1N 6N8 \* 613-233-4095 \* frontdesk@st-josephs.ca

### Office Entrance

151 Laurier Ave. E.

### Office Contact

613-233-4095 x 251

frontdesk@st-josephs.ca

### Church & Hall

174 Wilbrod St.

### Office Hours

Mon-Fri: 8am-7:30pm

Sat: 11am-5pm

### Weekend Mass

Saturday 5pm

Sunday 9:30am & 11:30am

7pm University Mass (Sept-Apr)

### Weekday Mass

Wed/Thur/Fri at 12noon

### Reconciliation

After noon Mass or by appt.

### Adoration

1st Fri. after the noon Mass  
in the Church.

### Parking

—In our lot there is no need to pay meters while attending weekend Mass + 30 minutes after Mass. If you are parking for non-parish related activities, please pay the meter located at the southern end of the lot.

—Or park in U of O Lot B **only** on Sundays from 8am-2pm (enter off Cumberland between Wilbrod & Stewart). Get pass at Welcome Desk to display in car. Questions? Contact the Front Office at x251.

### Reminder

St. Joe's is a busy place. Please do not leave valuables in plain sight in your cars, and please

't leave purses in the pews.

# 2018 Tax Receipts


Dear Parishioners,

We would like to let you know that this year, we will not distribute tax receipts before or after mass. Instead, they will be posted directly to you through regular mail on Monday, February 25, 2019.


Should you notice any mistakes or discrepancies in your receipt, please, contact us right away so we can make the necessary changes immediately.

Once again, we want to thank each of you for your donations. We understand that your donations are hard-earned money and we want you to know that we are blessed to have you contributing this way to our community. In an effort to always remain transparent, we would like to remind you that we will always be posting the amount of our financial stewardship collection in this bulletin.

Thank you!



**Pot Luck Supper** — Our 5 O'clock Mass Community invites all parishioners, families and friends, visitors and walk-ins, to an eve-of-Lent Pot Luck Supper coming up on March 2. As we know well in our St. Joe's family it is always good when we sit down together and eat a little food and share a few stories, the familiar and the ongoing ones, and others as yet untold. So bring a favourite dish to church on Saturday March 2 and after Mass we will have a little fun sharing food and fables, and counting our many blessings. What a perfect way to lunch, sorry, launch, into Lent.



**"Yours Today" Charity Concert at Holy Cross** — YOURS TODAY: A Holy Cross Golden Jubilee Concert Event by Marc Coderre, Louise Rathier, Armando Prini, Karen Lahaise, Debra Scarpelli, and Eric Edmonds will take place Friday, March 1 at 7pm, at Holy Cross Parish. Tickets \$10 available in advance from Marc Coderre and Helen Zettel, and also sold at the door. Proceeds support the St. Joe's Supper Table and Debra Dynes Family House.

## Welcome!

Are you new to St. Joe's or a visitor? Please introduce yourselves at the Welcome Desk at the back of the Church, or contact Maria Virjee, 613-234-6000, [mvsali2@gmail.com](mailto:mvsali2@gmail.com)

### Registration

Forms can be found at the Welcome Desk.

### Donation Envelopes

Are provided upon registration. Please mark your name clearly on front of each envelope.

### Online Giving

Sign up for auto-debit at Welcome Desk or through "Canada Helps"

**Don't like passing the basket empty-handed?** Feel free to stop by the Welcome Desk each week as you enter Mass, and pick up a laminated donation card that you can drop in the basket as it passes.

### Requests

Please consider including St. Joe's in your will.

### Coffee Sales

Fair-Trade Coffee is sold near the Welcome Desk after each Sunday Mass. Bags (340g) are \$13. All proceeds directly benefit Development & Peace.

## THIS WEEKEND'S READINGS

1 Samuel 26.2, 7-9, 12-13, 22-25 + +

1 Corinthians 15.45-49

Luke 6.27-38

## Need info on:

- Baptism
- First Communion
- Confirmation
- Adult Initiation
- Marriage Prep
- Weddings
- Young Adult (18-35)
- Pastoral Letters

Visit our website, then contact:

Andrew Pump x235 or  
apump@st-josephs.ca

### —Funerals

Sharon Gravelle  
segravelle@bell.net

### —Memorial Masses

Contact the Front Office

### —Pastoral Care or Anointing of the Sick

Contact the Front Office or Fr. Richard Beaudette

### —Our Bulletin

- Is also posted on our website each week.

- Email submissions online at the website under "publications/bulletin/submission" by Wed noon.

- To receive this Bulletin via email each week, contact the Front Office.

## Our Financial Stewardship...COLLECTION for February 17, 2019: \$5,109



### News from around The Supper Table

Ryan Mitchell, Manager  
[rmitchell@st-josephs.ca](mailto:rmitchell@st-josephs.ca),  
613-233-4095, x240  
[www.suppertable.ca](http://www.suppertable.ca)

Happy Sunday parishioners!

I hope your family day week was filled with excitement and winter fun! Here at the Supper Table we saw a slight rise in our guest numbers as the warmer weather is rolling in and out. This past Saturday the Franciscans held their monthly brunch and had lovely community and intentionality. Tuesday, March 5th there will be a pancake supper from 5:30-7:30 in the Oblate Lounge. It is a free will dona-

tion. This donation goes towards the Supper Table.

This week the Supper Table requires your help gathering the following items:

- Rice
- Soup
- White bread
- Chocolate chips
- Flour

Financial support – Optimum points? Spend them on us and we'll write you a receipt – please email [rmitchell@st-josephs.ca](mailto:rmitchell@st-josephs.ca) if at all interested.

### Eucharistic Ministers Needed!!!



Please consider becoming a Eucharistic Minister at St. Joe's. Formation is provided. For more information, please, contact Eleanor Rabnett at [rabnete@gmail.com](mailto:rabnete@gmail.com) or call (613) 315-5317.



Seeking safe furnished studio apt. for UO PhD student for occupancy mid-February, 2019. Preferably utilities included in rent and close to UO Campus if possible. Please contact Colleen for Uche @ 613-739-4697.



**Ancoura Gala. Save the Date!** — Ancoura's mission is to create homes and community for adults living with mental illness. Our Gala Dinner and Auctions will be held Thursday, May 2nd at the Hellenic Meeting and Reception Centre, 1315 Prince of Wales Drive. \$100. per person (\$50. tax receipt). Reserve at [erik@ancoura.ca](mailto:erik@ancoura.ca) or Erik Sparling 613-233-8130. Sponsorship opportunities. [www.ancoura.ca](http://www.ancoura.ca)



**Why Fair Trade Coffee?** — St. Joseph's DEVELOPMENT AND PEACE committee participates in fair trade coffee sales in order to endorse fair wages and prices for small-scale Southern coffee farmers and recognize their hard work. We are able to send \$1000.+ yearly in profits to the national office of DEVELOPMENT AND PEACE for overseas projects. Equator Coffee Roasters, a local business in Almonte roasts (beans/ground, medium/dark roast) and packages the product, thereby supporting local enterprise. Farmers receive a fair and stabilized wage in spite of erratic world prices in the regular world coffee markets and a secure a long-term equal trading relationship with Equator. For Mother Earth, the coffee is organically grown with natural fertilizers. The name "Equator" was chosen to "equate" the benefit of drinking coffee not just for the consumer but for the farmers who grow it and Equator who processes it. St. Joseph's DEVELOPMENT AND PEACE committee thanks our many loyal customers of this quality and life-giving product.



**Library News** — NEW TITLES – Bourdon, R. *Clothed in the word of God, Cdn saints, blessed and venerable* (B4671.B67 2013), Dayler, D. *Being a man after God's own heart* (BX2352.5.D39 2013) and Tanner, N. *New short history of the Catholic Church* (BX945.3.T36 2011).

### LGBT+ and Straight Alliance's Book Club

You are invited to join us in reading "Moonstone: The Boy Who Never Was" by Sjon. We will meet for discussion in the Sacristy meeting room on Thursday, March 28, at 7PM.



## Contacts

Main: 613-233-4095

### Executive Director

—Chris Adam x223  
cadam@st-josephs.ca

### Pastor

—Fr. Richard Beaudette x222  
rbeaudette@omilacombe.ca

### Music & Liturgy Director

—Jamie Loblack x228  
jamieloblack@yahoo.ca

### Young Adult Ministry & Faith Formation Coordinator

—Andrew Pump x235  
apump@...

### Finance Coordinator

—Saul Mendoza x229  
smendoza@...

### Office Manager

—David Trepanier x251  
frontdesk@...

### Maintenance Manager

—Nick Cacciato x230  
ncacciato@...

### Women's Centre Director

—Marsha Wilson x224  
mwilson@...

### Supper Table Manager

—Ryan Mitchell x240  
rmitchell@...

### Parish Pastoral Council

ppc@...



### New Year - New Outlook on Your Finances

— It's a new year and a great time to

decide to get your financial house in order. Did you know that St. Joe's offers personal financial coaching through the St. Joe's Financial Coaching Ministry? This ministry is equipping our community with personal finance tools and education for peace and prosperity at any and all stages of life.

Contact Mélanie Forget at 613-291-1418 or

[coach@melanieforget.ca](mailto:coach@melanieforget.ca) to book your free confidential one-on-one coaching session today or for more information, pick up an information card in the back of the church.

## Hebrews

**Scripture Study - Paul's Letter to the Hebrews** — Little Rock Commentary based Scripture Study of Paul's Letter to the Hebrews... Jan. 16th, 2019 to Feb. 27th 2019 - Every Wednesday for 7

weeks... 7:00 pm to 9:00 pm... Cost \$20 - includes Study Guide and Commentary Meeting at Canadian Martyrs Parish Centre, 100 Main Street... Please contact the office at (613) 232-5347 to advise of your interest.

**Lenten Small Group Faith Sharing** — You are invited to join fellow parishioners in sharing stories of your faith journey as related to the Lenten scriptures



Wednesday evenings beginning March 6 following the ASH WEDNESDAY evening service (enter through the sacristy on this occasion) and Wednesdays thereafter

up to and including Holy Week at 7:15 p.m. in the Oblate Lounge (Upstairs Meeting Room). Join us for all sessions or when able. Enter via the Laurier Avenue entrance. For more information or to sign up, visit the Welcome Desk.

**One-on-One Experience of Healing Touch** — One-on-One Healing Touch will take place on Friday March 1st, 9:30am to 11:30am. Take the opportunity to experience a sense of inner calm and well-being. Come if you are stressed physically, emotionally, spiritually or if you are grieving a loss. Given by Clara Nasello, Helena Robb, Colette Chartrand, and Norah McMahon. Sign up at the Welcome Desk or contact Clara Nasello at [clara.nasello@omra.org](mailto:clara.nasello@omra.org) or phone 613-241-7085. For last minute cancellation call the front desk 613-233-4095.



**Order March GROCERY CARDS NOW** — It's time to order grocery cards for March! Consider creating a monthly order and giving post-dated cheques payable to OMRA Shelter Corp for the rest of 2019. To learn more about this, contact

Donna at [dbrietschlin@hotmail.com](mailto:dbrietschlin@hotmail.com). Orders placed before 2pm on March 3rd will be available on March 10th. Speak to Frank O'Brien or Donna Rietschlin at the 9:30 Mass, Louise Lalonde or Michèle Gascon at the 11:30 Mass or contact Donna Rietschlin directly (613-715-9797 or [dbrietschlin@hotmail.com](mailto:dbrietschlin@hotmail.com)). You can order cards for Loblaws/Independent -\$25, \$50, \$100 and \$250; Metro/Food Basics - \$50 and \$100; Farm Boy \$50. Please return your empty Farm Boy cards to me. OMRA receives \$1 for each card we return and Farm Boy reissues those cards. Your participation helps to subsidize the rent of 11 refugee families in Ottawa. OMRA AT ST JOE'S is SPONSORED BY THE REFUGEE OUTREACH COMMITTEE.



**Every 1st Sunday of the Month: Healing Prayer After Mass** — Anyone wishing prayer for healing is invited to come to the Healing Space with family, friends, parishioners. There will be a healing ministry member ready to welcome all who come.

## Sundays

—Masses at 9:30am & 11:30am + 7pm University Mass (Sept-April).

—**Children's Liturgy** at 9:30 am Mass three Sundays a month. Children are dismissed with leaders during Mass to meet in age groups (JK-1, Gr 2-3 and Gr 4-6) and share on the Word of God at their own level. All children are welcome. For more information, please contact Toni Tarasco at [tarasco.toni@gmail.com](mailto:tarasco.toni@gmail.com)

## Mondays

—Weekly 9:30am **Christian Meditation** 613-730-0108.

## Wednesdays

— English Conversation and Practice for newcomers to Ottawa, Wednesdays 7-8:30pm (Sept-June) at St Paul's University (233 Main St, LaFramboise Hall, Room L142) Michael Richard (613) 744-2429 or [michaelrichard2008@hotmail.com](mailto:michaelrichard2008@hotmail.com)

— Weekly 4pm **Christian Meditation**

## Fridays

—**One-on-One Experience of Healing Touch** is scheduled for the first Friday of every month from 9:30-11:30 am in the church. All are welcome! More information is available at the Welcome Desk.

—Weekly 7:30pm **Christian Meditation** 613-236-0155

—**Catholic LGBT & Straight Alliance** meets the 2nd Fri/month.

[Sjcggroup@gmail.com](mailto:Sjcggroup@gmail.com)

## Saturdays

—**Vigil Mass** at 5pm





**St. Joe's Women's Centre** is looking for coffee mugs! New or used. Coffee and tea brew here all day long and mugs often get chipped or broken. If you have any mugs, coffee, tea, sugar or whitener to donate, it would be very much appreciated.

Donations can be dropped off to the Centre Monday - Friday from 9am to 4pm.

Thank you!



**Recycle your Batteries** — Want to get rid of your old (alkaline only!) batteries in an environmentally friendly way? Bring them to church on Sundays and place them in the clearly labelled box at the church entrance. I live in the "backyard" of City Hall and take batteries there for recycling every time I go for a walk.

Maria Virjee [mvsali2@gmail.com](mailto:mvsali2@gmail.com)

**ROC Update** — Did you know that the ROC is currently sharing their time, talents and treasures by assisting 14 families (= 38 adults/children), at different levels of their refugee claim, sponsorship, or settlement? In addition to extending friendship to newcomers, ROC volunteers are busy sharing their time and talent:

1. finding lodging, arranging/accompanying newcomers to important appointments (medical, dental, language assessment, school registrations, public transit orientation, rental searches etc.)
2. assisting refugee claimants with the "process" of settlement including connecting families with community services and activities and in some cases guidance in preparing for official refugee hearings
3. through the generous support of our parishioners, our treasure provides our newcomers with: furniture and clothing, short term financial support for living expenses, transportation costs to Refugee Board hearings occurring in Montreal, dental needs, etc.

Our activities are only possible with the generous support of our Parish. We can always use some help so if you are interested in learning more about ROC in sharing your time and talents, please contact John Weir at [jhnwr99@yahoo.ca](mailto:jhnwr99@yahoo.ca). If you are able to share your treasure, you are now able to make one time or monthly donations to the Refugee Outreach Committee (ROC) with your credit card or PayPal, quickly and efficiently, through the Canada Helps form on the St. Joe's website, <http://www.st-josephs.ca/about/donations/>, Under "Fund" choose St. Joe's Refugee Outreach Committee and provide the contact information requested. Canada Helps will issue a tax receipt and provide you with regular statements. It is important to note that donations to the ROC Fund are not meant to replace donations to the General funds which go to supporting the Parish's maintenance and staffing needs. We thank you, on behalf of ourselves and our newcomer friends, for all your love and support!



**Waking to Mystery - God Comes Disguised as Our Life**

Presented by Michelle Miller & David Perry

Fri March 8: 7pm-9pm & Sat March 9: 9:30am-7pm.

Galilee Retreat Centre, Arnprior

You are not a project. Your life is not a project. Grace is not a reward.

Come and experience the "contemplative stance" and be reminded that you/we already live in union with God.

\$142 single/\$135 double/\$70 commuter. Sat lunch & dinner included.

(attending Saturday only is permitted). Space is limited.

To register: 613-623-4242 x 21, [info@galileecentre.com](mailto:info@galileecentre.com) or [www.galileecentre.com](http://www.galileecentre.com)

**Volunteer Opportunity** — Do you have a few hours each month and want to give back? Looking for help transcribing audio interviews for folks facing long-term health issues who want to give their loved ones a written gift of themselves. This project is part of St. Vincent Hospital and the Spiritual Care Department there, so it does involve a volunteer orientation. For more information or if you would like to volunteer, please contact Roshene Lawson, Clinical Chaplain at St. Vincent Hospital at 613 -562-6262 ext. 2190. Thank you.

**Join us for a Lenten Retreat: JOURNEY TO WHOLYNESS** — Walking the path of forgiveness. Join us and share your story, come to listen to the stories of others as we "Walk the path of forgiveness" at St. Joseph's Church, Friday March 29, 7-9 pm and Saturday March 30, 9:30 am-12:30 pm. Facilitators: Genevieve Moore and Raphael Amato.

## Mass Intentions

Wednesday, February 27, 2019: N/A

Thursday, February 28, 2019: N/A

Friday, March 1, 2019: For the repose of Paula Morency

Mass intentions are available on Wed., Thur., and Fri. during Noon Mass for a \$15.00 donation. Please notify Front Desk for arrangement. Thank you!

Prayers  
Please



**Prayers for the sick:** Mary Ruddy, John Cyr, Somuta Nguon, Beate Bernhardt, Alfred Johnson, Leonard Sanders, Quincy Anderson, Robert Anderson, Bill McLachlin, Frances Ann, Emilio Giuliani, Mary Cooke, Rita Hogan, Janet Pritchett, Barry Crawford, Denise Crawford, Fran Franklin, Yvonne, David Mann, Denise, Aline Pottie, Eleanor Boissonneault, Joe Salzgeber, Shirley Salzgeber, Lynne Cameron, Jean-Claude Filion, Luz Elena, Jane Kelly, Mary Catherine Mjie, Jainaba

Manneh, Bob Britton, Mildred Nesbitt, Hans K., Christine S., Kathleen Kernes, Mallore Moberly, Elizabeth Lau, Gaston Lauzon, Julia Rettie, Megg Okoret, Dione Kateiwaho, Ida Hersi, Sheila Geronyo, Sonia Armstrong L., Mike Kelly, Andrea MacWilliams, Ellen Catherine Grummisch, Sheila Katheiwaho Didas, Irma Passi, Len Sullivan, Frank Kwasi, Andrée L'Italien, Vilma, Brian Andrew, Gene King (OMI), Michael Grenby, Carmen Nasello Delzotto, and Jenny Nasello (CND). **Prayers for those who have died:** Mary Wynands, Aline Mary Pottie, Jim Dugdale, Doris Bell-Aunt, Andy Laut, Agnes Roche, Peter Smith, Renee Triebe, John Boissonneault, Shirley Cahute, (Cy Winter, Uncle Cyril, and Joseph Winter), Okpaleke Patrick, John Buchanan, Ofordile Diana, Connie Slay, Anne Everett, Marie Heuson, Mary Oby, Sister Louise Dunn, C.N.D., Don David, Rolph Almstedt, Vivi-Ann, Mitchell, Terry Hayes, Larry Hebert, Brandon McGivney, Lillian Rapini, Fr. James MacDonald (OMI), Daniel Lamont, William Rapini, Dianne Brennan Campbell, Paul Watson, Christopher Bradshaw, Patricia MacDonald, Ma. Cristina Echeverri de Vazquez, Marcelo Vazquez Sierra, Manuel Vazquez Echeverri, Marcela Vazquez Echeverri, Alan, Alma & Alfred, Scott Mellon, Veronica O'Hara, Frank Fedor, Tony Gumpert Etienne, Douglas Lenny, James (Jim) Teahen, Elfriede Schmid, Charlie McDonald, and Therese Therien. **To add a name,** please inform the Front Office or write it in the binder at the Welcome Desk.

Young Adult Ministry **Wednesday, February 27, 2019** — Games Night in the Oblate Lounge.

**ALL  
ARE  
WELCOME**

Andrew Pump  
(613) 233-4095, ex 235  
[apump@st-josephs.ca](mailto:apump@st-josephs.ca)

*Donations are accepted for all events. Proceeds go to support the Young Adult Ministry at St. Joe's.*

We want to thank Tara Hurford and Gabrielle Dupuis from **Development and Peace—Caritas Canada** and Issac Osuoka from Direct Action for coming and talking to us about their work in Nigeria and other parts of Africa seeking justice on behalf of the communities affected by oil exploration. It was a great night and a wonderful way to learn about the service structures of D&P and how they work with partner organizations to live the Catholic vision of social justice and help build the Kingdom of God.

This **Sunday, February 24 after the 11:30 AM Mass** we are having another Young Adult Brunch in the Oblate Lounge. We will be serving sausages, eggs and hash-browns with orange juice and coffee. Andrew will make an announcement after mass to remind everyone.

**Saturday, March 2, 2019** — Student Teacher Gathering from 1-3PM in the Oblate Lounge. We invite all young adults in the process of training to be teachers to come and socialize and discuss their journey and how Catholic faith has enriched their training and careers. It's also an opportunity to learn about applying to Catholic School Boards after you are finished your teaching degrees.

