



**St. Joseph's Parish**  
An inclusive community

A Parish of the Oblates of  
Mary Immaculate  
since 1856

## St. Joe's Weekend Bulletin

November 4, 2018 — 31st Sunday in Ordinary Time

151 Laurier Ave. E. Ottawa, ON K1N 6N8 \* 613-233-4095 \* [frontdesk@st-josephs.ca](mailto:frontdesk@st-josephs.ca)

[www.St-Josephs.ca](http://www.St-Josephs.ca)  
Find us on Facebook!

### Office Entrance

151 Laurier Ave. E.

### Office Contact

613-233-4095 x 251

[frontdesk@st-josephs.ca](mailto:frontdesk@st-josephs.ca)

### Church & Hall

174 Wilbrod St.

### Office Hours

Mon-Fri: 8am-7:30pm

Sat: 11am-5pm

### Weekend Mass

Saturday 5pm

Sunday 9:30am & 11:30am

7pm University Mass (Sept-Apr)

### Weekday Mass

Wed/Thur/Fri at 12noon

### Reconciliation

After noon Mass or by appt.

### Adoration

1st Fri. after the noon Mass  
in the Church.

### Parking

—In our lot there is no need to pay meters while attending weekend Mass + 30 minutes after Mass. If you are parking for non-parish related activities, please pay the meter located at the southern end of the lot.

—Or park in U of O Lot B **only** on Sundays from 8am-2pm (enter off Cumberland between Wilbrod & Stewart). Get pass at Welcome Desk to display in car. Questions? Contact the Front Office at x251.

### Reminder

St. Joe's is a busy place. Please do not leave valuables in plain sight in your cars, and please don't leave purses in the pews. If you find any items that could be lost, please bring them to the Welcome Desk.

**Parish Health and Wellness Needs Survey** — St. Joe's is an inclusive, welcoming community with parishioners of all ages and stages in life. While there are currently many ministries being offered at St. Joe's, one area that seems to be somewhat under-served is the area of health and wellness of parishioners. The survey is a first step in determining whether or not there is a need to investigate further health and wellness programs or supports for parishioners. Results of the survey will be shared with the parish in the New Year (2019) in order to give parishioners plenty of time to respond and maximize parish participation. Please note that all information you share in this survey is completely CONFIDENTIAL and will only be used for the planning of any potential health and wellness programs within the parish. If you have any questions about this survey or the Health and Wellness Working Group, please contact Roshene Lawson at [stjoeshealthandwellness@gmail.com](mailto:stjoeshealthandwellness@gmail.com). Please follow this link to fill in the survey: <https://www.surveymonkey.com/r/53MHNHZ> Thank you for taking a few minutes to fill in the survey. Help us continue to provide important programming to all of our parishioners. Sincerely, St. Joseph's Health and Wellness Working Group.

### St. Joe's Women's Centre: 19th Annual Quality of Life Award

— On Thursday, November 8, 2018 at St. Joseph's Church Parish Hall located at 179 Wilbrod St. (Corner of Cumberland and Wilbrod)

Ticket Price: \$120.00 or \$1200.00 for Corporate Table (table of 8)

For ticket purchase and sponsorship information, please visit: [events.eply.com/QualityofLife2018](http://events.eply.com/QualityofLife2018)

For event inquiries, please contact Jennifer Clark, St. Joe's Women's Centre at: [jclark@st-josephs.ca](mailto:jclark@st-josephs.ca)



**Stroller Donation** — We are currently sponsoring a Syrian Refugee family that has recently immigrated to Canada. They have 2 boys aged 3 and 5 and are expecting a baby girl in December! We are hoping to collect a few needed items including a stroller and baby products. Please feel free to drop off any of these items at the Women's Centre between 9am-4pm Monday-Friday. Thank you for your consideration.



**Table of Plenty Concert** — Sunday Nov. 4, 3 pm: "Table of Plenty" Concert of Inspirational Music with Marc Coderre, Karen Lahaise, Armando Prini, Louise Rathier, Debra Scarpelli to mark the 40th anniversary of the St. Joe's Supper Table, \$10, all donations will go to the Supper Table.

## Welcome!

Are you new to St. Joe's or a visitor? Please introduce yourselves at the Welcome Desk at the back of the Church, or contact Maria Virjee, 613-234-6000, [mvsali2@gmail.com](mailto:mvsali2@gmail.com)

### Registration

Forms can be found at the Welcome Desk.

### Donation Envelopes

Are provided upon registration. Please mark your name clearly on front of each envelope.

### Online Giving

Sign up for auto-debit at Welcome Desk or through "Canada Helps"

**Don't like passing the basket empty-handed?** Feel free to stop by the Welcome Desk each week as you enter Mass, and pick up a laminated donation card that you can drop in the basket as it passes.

### Requests

Please consider including St. Joe's in your will.

### Coffee Sales

Fair-Trade Coffee is sold near the Welcome Desk after each Sunday Mass. Bags (340g) are \$13. All proceeds directly benefit Development & Peace.

## THIS WEEKEND'S READINGS

*Deuteronomy 6.2-6*

*Hebrews 7.23-28*

*Mark 12.28-34*

**Need info on:**

- Baptism
- First Communion
- Confirmation
- Adult Initiation
- Marriage Prep
- Weddings
- Young Adult (18-35)
- Pastoral Letters

Visit our website, then contact:

Brian Ouellette x235 or bouellette@st-josephs.ca

—Funerals  
Sharon Gravelle  
segravelle@bell.net

—Memorial Masses  
Contact the Front Office

—Pastoral Care or Anointing of the Sick  
Contact the Front Office or Fr. Richard Beaudette

—Our Bulletin  
- Is also posted on our website each week.  
- Email submissions online at the website under "publications/bulletin/submission" by Wed noon.  
- To receive this Bulletin via email each week, contact the Front Office.



**News from around The Supper Table**

Andrew Pump, Manager  
apump@st-josephs.ca,  
613-233-4095, x240  
[www.suppertable.ca](http://www.suppertable.ca)

**2018 Christmas Dinner:** We are in the early stages of planning for a Supper Table Christmas Dinner for our guests/clients in early December in the parish hall. We would like to start collecting toiletries (no razors), winter accessories (gloves, scarves and hats), and socks to stuff in stockings as gifts for each dinner guest. Please keep the Supper Table in mind when you're shopping this season. We are aiming to make around 150 stockings.

**Thank You:**

We would like to send a big thank you to La Bottega for their donation of fresh sandwiches and ingredients.



**Supper Table and Food Bank Needs:**

Instant and ground coffee, sugar, salt, pepper, canned vegetables, canned tomatoes (of all types), soup, peanut butter, jam, bread, buns, tuna, salmon and other canned meats, cereal, oatmeal, juice, white pasta, white rice, Kraft dinner, crackers/school snacks, toilet paper, and tooth paste.

**Growing Up in a Catholic Worker Family** — A conversation with Dorothy Day's granddaughter Kate Hennessy. With responses by Charlie Angus, MP and other Catholic Workers past and present.

Tuesday, November 6th from 6:00pm to 8:30pm at St. Joseph's Church

A freewill donation for St. Joe's Supper Table would be greatly appreciated.

*Sponsored by Citizens for Public Justice*



**Rohingya Refugees Myanmar/Bangladesh: One Year Later the Crisis Still Continues** —



Close to one million Rohingya refugees, mostly from the northern Rakhine State, are fleeing persecution and crimes against humanity in neighbouring Bangladesh. Kutupalong camp has become the world's largest refugee camp. It is the monsoon season and shelter, water, food, disease, and safety need attention. Development & Peace/CARITAS have already supplied some food and other necessities to 100,000 refugees in the Cox's Barzar District. The Canadian, Myanmar and Bangladeshi governments require reminding of the vital needs of this population. Let's give our support to the world's largest stateless population at [www.devp.org/Rohinhy](http://www.devp.org/Rohinhy).

Close to one million Rohingya refugees, mostly from the northern Rakhine State, are fleeing persecution



**Film Screening and Panel Discussion**

— St. Joe's Refugee Outreach Committee & Rainbow Haven invite you to a viewing of Rainbow Haven: Gambian LGBTQ+ Newcomers In Ottawa. This short documentary, directed by St. Joe's Parishioner, Radamis Zaky, showcases the lives of LGBTQ+ refugees from Gambia as they settle in Ottawa. A Panel Discussion will follow. Radamis Zaky, director; Diane and Fatou, two recently arrived LGBTQ+ newcomers & Professor Annamari Vitikainen, University of Tromsø, Norway, will discuss the challenges faced by LGBTQ+ refugees in Ottawa and around the world. Join us for a stimulating discussion, a heart-warming documentary, and some light refreshments, from 5:30-7 on Thursday, November 29, in the Parish Hall.



**Library News** — The SACRAMENTS con't — Santa, T.M. *Essential Catholic handbook of the sacraments (BX2200.S29 2001)*, Ghezzi, B. *Sacred passages: bringing the sacraments to life (BX2200.G44 2003)* and Lee, E. *Baptism: new life in Christ (BX2205.L3 2004)*.

**LGBT+ and Straight Alliance's Book Club**

Join us in reading *A Two-Spirit Journey: The Autobiography of a Lesbian Ojibwa-Cree Elder* by Ma-Nee Chacaby.



## Contacts

Main: 613-233-4095

### Executive Director

—Chris Adam x223  
cadam@st-josephs.ca

### Pastor

—Fr. Richard Beaudette x222  
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### Music & Liturgy Director

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### Young Adult Ministry & Faith Formation Coordinator

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### Finance Coordinator

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### Office Manager

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### Maintenance Manager

—Nick Cacciato x230  
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### Women's Centre Director

—Marsha Wilson x224  
mwilson@...

### Supper Table Manager

—Andrew Pump x240  
apump@...

### Parish Pastoral Council

ppc@...



Here are some photos from the potluck supper which the community enjoyed after Saturday

Mass on October 27. A good time was had by all. A big thank-you to all who came and made it special. Give a click and see what you might have missed.

<https://photos.app.goo.gl/aUUXXAga9QqDDak96>

**Memorial Service** — The Funeral ministry invites you to attend a memorial service on Nov. 10 at 10:30 am to remember and honour all of our deceased relatives. All are welcome.



**The Children Procession** — Each Sunday at the 9:30 service our Family Ministry organizes multiple activities to engage children in the expression of their faith at a level appropriate to their age and to help nourish their spirituality. One of these activities is the children's procession. The young members of our community are invited to bless the altar with their joyful spirits and sense of wonder by circling the altar 3 x during the opening hymn carrying a dove, butterfly or bee. This is a true ministry in that it gives importance to the presence of our children and it gives the children a sense of belonging and service. By participating in the procession, the children energize all who gather. We invite not only pre-school children to take part in the procession, but Kindergarten and grade school children as well. Older siblings can accompany younger ones. Parents/caregivers of little ones are invited to walk in the procession too. Calling on all parents/caregivers to encourage and help their children participate in the procession by gathering at the church entrance before the opening hymn, where they will line up and receive a dove to carry in the procession. The more the merrier.



**Development and Peace News on the Philippines** — Did you know that following the passage of Typhoon Haiyan in the Philippines 5 years ago, DEVELOPMENT

AND PEACE/CARITAS CANADA collected \$12 million to help affected communities become more resilient and participate directly in the reconstruction process? Canadians responded by opening their hearts in solidarity. Today, these communities have regained confidence and know how to assert their rights. For a better idea of the impact of your generosity, watch the documentary AFTE THE STORM: BUILDING POPE FRANCIS VILLAGE. The film follows the transformation of 550 families who joined forces in solidarity to rebuild their community.

<https://www.devp.org/en/emergencies/philippines> [devp.org](http://devp.org)



**Monthly After Mass Healing Prayer** — Anyone wishing prayer for healing is invited to come to the Healing Space with family, friends, parishioners, immediately after the Saturday/Sunday mass. There will be a team member ready to welcome all who come and a prepared prayer for those wishing to use it.

**Compassion Fatigue and the Caregiver** — Tuesday, November 27th 7:00 pm – 9:00 pm

Join in an engaging discussion on Compassion Fatigue and Mindfulness for Caregivers. How can we best care for ourselves while also caring for others? Are you caring for an elder, a child or adult with special needs, disability or neurodiversity? Come learn about compassion fatigue, resilience, and how to develop a relaxation practice.

Reach, Equality and Justice for People with Disabilities pre-registration at [www.reach.ca](http://www.reach.ca) or call 613-236-6636

## Sundays

—Masses at 9:30am & 11:30am + 7pm University Mass (Sept-April).  
—**Children's Liturgy** at 9:30 am Mass three Sundays a month. Children are dismissed with leaders during Mass to meet in age groups (JK-1, Gr 2-3 and Gr 4-6) and share on the Word of God at their own level. All children are welcome. For more information, please contact Toni Tarasco at [tarasco.toni@gmail.com](mailto:tarasco.toni@gmail.com)

## Mondays

—Weekly 9:30am **Christian Meditation** 613-730-0108.

## Tuesdays

—Weekly 4pm **Christian Meditation**

## Fridays

—**One-on-One Experience of Healing Touch** is scheduled for the first Friday of every month from 9:30-11:30 am in the church. All are welcome! More information is available at the Welcome Desk.  
—Weekly 7:30pm **Christian Meditation** 613-236-0155  
—**Catholic LGBT & Straight Alliance** meets the 2nd Fri/month. ([SJcglgroup@gmail.com](mailto:SJcglgroup@gmail.com))

## Saturdays

—**Vigil Mass** at 5pm

### Financial Coaching

**Ministry**—Contact **Mélanie Forget** at **613-294-1418** or [coach@melanieforget.ca](mailto:coach@melanieforget.ca) to book your free, confidential one-on-one coaching session.

**Rectory Roof Replacement Project**  
**Update Donations received as of September 2**  
**\$28,860 (UPDATE)**

The replacement of the rectory roof is now complete. We are now proceeding with the replacement of the roof above the Sacristy. This phase of the project will be completed within the next ten days.

Thank you to all who have donated thus far to this essential capital project. Our overall expenses stand at \$68,000 and we will continue raise funds and keep our community updated.

You will find envelopes marked for this purpose in the pews, with each envelope also including slips for those who wish to make a donation using their credit card. For more information on this project, please contact Christopher Adam, the Parish Executive Director, at [cadam@st-josephs.ca](mailto:cadam@st-josephs.ca) or at 613-233-4095, x223. Thank you!



*Mass Intentions*

Wednesday, Nov. 7, 2018: N/A  
 Thursday, Nov. 8, 2018: N/A  
 Friday, Nov. 9, 2018: N/A

Mass intentions are available on Wed., Thur., and Fri. during Noon Mass for a \$15.00 donation. Please notify Front Desk for arrangement. Thank you!



**Prayers for the sick:** Kevin Riley, Quincy Anderson, Robert Anderson, Alfred Johnson, Leonard Sanders, Lawrence Pringle, Patricia MacDonald, Eleanor Boissonneault, Yvonne, Irene Ip, Amanda Rietschlin, Maurice Lalonde, N. Caissie, Aime L'Heureux, Evelyn L'Heureux, S. Kellow, Eric Christensen, Diane Brennan Campbell, Eleonor, Gaetane Gignac, Clarence & Eleanor, Charlotte McCarthy, Fr. James MacDonald (OMI), Jamie Robertson F., Sonia Labatt, Sheila Gekonyo, Gilles Pinsonneault, John Anderson, Carmen Delzotts, Ghislaine LeBlanc, Therese Cousineau, Allan Fraser, Jean-François Leroux, Michel Dansereau, Andrea MacWilliams, Michel D., Mr. Charnock, Charlotte C., Nelly Moran de Milla, Adolfo Milla, Martha Pires Ferreira, Tamara Jean-Louis, Cory Aucoin, Joan Power, Colleen Embry, Anthony Kaplanis, Rosemarie Bellinger, Deborah Dexter, Doug, Amanda, Jim Carnegie, Rosemary McCanny, Monique Laperierre, Sheila Dalzell, Hans Martin, Henry Kaucharik Sr., Anneliese Apholz-Coulombe, Mary Dekonning, Pelagia Jarzabok, Neelum Paul, Naeem Paul, Kaye Sapper, Steve Wills, John Buchanan, and Paul Dewar. **Prayers for those who have died:** Frank Fedor, Tony Gumpert Etienne, Douglas Lenny, James (Jim) Teahen, Elfriede Schmid, Charlie McDonald, Therese Therien, Mary Oby, Clarence, Ron, Price, Kaye Campbell, John Hopkins, Theresa Sorrenti, Ed Clavette, Kevin Kelly, James Carnegie, Xenophon Kizas, Alexander Perch, Pio Batista, Ma. Cristina Echeverri de Vazquez, Marcelo Vazquez Sierra, Margo Rooney, Sidney, Juan Cruz, Sr. Sheila Finnerty GSIC, May Shand, Carolee Goetzinger, Edith Charles, Kevan Harper, Mary & Halim Abboud, Nabiha Azzi, Maroun Azzi, Antoinette & Jean Sfier, Alastaire Henderson, Dave Hannah, Dr. Gabriel Khan, Joseph Paul, Fr. Chris Rushton OMI, Pat Dunnigan, and Patricia Daily. **To add a name,** please inform the Front Office or write it in the binder at the Welcome Desk.

**Young Adult Ministry Events**



**TUESDAY, NOVEMBER 6**  
**Pancake Breakfast:** 8-10am in Oblate Lounge.

**WEDNESDAY, NOVEMBER 14**  
**Spaghetti Dinner:** 6-8pm in Oblate Lounge

*“Donations, any denomination, are accepted for all events. Proceeds go to support the Young Adult Ministry at St. Joe’s. Thank you in advance for your generosity.”*

Follow YAM on



**Facebook:**  
<https://www.facebook.com/groups/397094266998828/>



**Twitter:**  
 StJoesYAM

For more information or to RSVP for any of the above events, contact Brian at [bouellette@st-josephs.ca](mailto:bouellette@st-josephs.ca).

