



**St. Joseph's Parish**  
An inclusive community

A Parish of the Oblates of  
Mary Immaculate  
since 1856

## St. Joe's Weekend Bulletin

October 8th, 2017 — 27th Sunday in Ordinary Time

151 Laurier Ave. E. Ottawa, ON K1N 6N8 \* 613-233-4095 \* frontdesk@st-josephs.ca

www.St-Josephs.ca  
Find us on Facebook!

### Office Entrance

151 Laurier Ave. E.

### Office Contact

613-233-4095 x 221

frontdesk@st-josephs.ca

### Church & Hall

174 Wilbrod St.

### Office Hours

Mon-Fri: 8am-7:30pm

Sat: 11am-5pm

### Weekend Mass

Saturday 5pm

Sunday 9:30am & 11:30am

7pm University Mass (Sept-Apr)

### Weekday Mass

Wed/Thur/Fri at 12noon

### Reconciliation

after noon Mass or by appt.

### Adoration

1st Fri. after the noon Mass  
in the Church.

### Parking

—In our lot (no need to pay meters while attending week-end Mass + 30 minutes after Mass. If you are parking for non-parish related activities, please pay the meter located at the southern end of the lot.

—Or park in U of O Lot B **only** on Sundays from 9am-2pm (enter off Cumberland between Wilbrod & Stewart). Get pass at Welcome Desk to display in car. Questions? Contact Brandon at x251.

### Reminder

St. Joe's is a busy place. Please do not leave valuables in plain sight in your cars, and please don't leave purses in the pews. If you find any items that could be lost, please bring them to the Welcome Desk.

Please Notice This



**The Parish Office will be Closed Tomorrow for Thanksgiving!**



O God,

We thank you for this earth, our home;  
for the wide sky and the blessed sun,  
for the ocean and streams,  
for the towering hills and the whispering wind,  
for the trees and green grass.



We thank you for our senses  
by which we hear the songs of birds,  
and see the splendor of fields of golden wheat,  
and taste autumn's fruit,  
rejoice in the feel of snow,  
and smell the breath of spring flowers.

Grant us a heart opened wide to all this beauty;  
and save us from being so blind  
that we pass unseeing  
when even the common thorn bush is aflame with your glory.

For each new dawn is filled with infinite possibilities  
for new beginnings and new discoveries.  
Life is constantly changing and renewing itself.  
In this new day of new beginnings with God,  
all things are possible.

We are restored and renewed  
in a joyous awakening  
to the wonder that our lives are and, yet, can  
be. Amen.

By Walter Rauschenbusch



## Welcome!

Are you new to St. Joe's or a visitor? Please introduce yourselves at the Welcome Desk at the back of the Church, or contact Maria Virjee, 613-234-6000, mvsali2@gmail.com

### Registration

Forms can be found at the Welcome Desk

### Donation Envelopes

Are provided upon registration. Please mark your name clearly on front of each envelope.

### Online Giving

Sign up for auto-debit at Welcome Desk or through "Canada Helps"

**Don't like passing the basket empty-handed?** Feel free to stop by the Welcome Desk each week as you enter Mass, and pick up a laminated donation card that you can drop in the basket as it passes.

### Requests

Please consider including St. Joe's in your will.

### Coffee Sales

Fair-Trade Coffee is sold near the Welcome Desk after each Sunday Mass. Bags (340g) are \$13. All proceeds directly benefit Development & Peace.

## THIS WEEKEND'S READINGS

Isaiah 5: 1-7;  
Philippians 4: 6-9;  
Matthew 21: 33-43

**Need info on:**

- Baptism
- First Communion
- Confirmation
- Adult Initiation
- Marriage Prep
- Weddings

Visit our website, then contact:

Brandon Rushton x251 or brushton@st-josephs.ca

—Funerals

Sharon Gravelle segravelle@bell.net

—Memorial Masses

Contact the Front Office

—Pastoral Care or Anointing of the Sick

Contact the Front Office or Fr. Richard Beaudette

—Our Bulletin

- Is also posted on our website each week.

- Email submissions online at the website under "publications/bulletin/submission" by Wed noon.

- To receive this Bulletin via email each week, contact the Front Office.

**Thanksgiving Food Drive**

Share food this Thanksgiving, not just with those around your table, but those who share at the Supper Table. Your sharing will support the evening meals and food bank. Thank you for your generosity!



**News from around the Table...**



**The Supper Table**

Mary Murphy, Manager  
[mmurphy@st-josephs.ca](mailto:mmurphy@st-josephs.ca),  
 613-233-4095 x 240  
[www.stjsuppertable.ca](http://www.stjsuppertable.ca)

**Happy Thanksgiving to each of our parish members, guests, and visitors!** Gratitude as an attitude creates a wonderful space to view the world, creations and relationships. In the garden, the seeds we planted were looked on with such hope and joy. Now, the soil is cleared of its produce and remains bare, yet it pulls at our heart and whispers gratitude. Gratitude for the growth that took place, the food we ate, the joy of growing and the friendship and conversations we had...but there is also a gratitude in the nothingness that lays in our beds... there is a gratitude of rest now, a grati-



tude of slowing down, of emptiness and space that unties something within.

**September Update**—We served 2,302 meals and shared food with \_\_\_ participants at our Food Bank.

**Garden Update**—The garden was turned this past Thursday with the help of 20 students from the Education faculty and at the U of O, It was an awesome morning...The garden is laid bare now except for the chard and some herbs.

We are looking for more gardeners and people who want to help us build a program for gardening where are guests are supported in being collaborators in our gardening work. Please keep in touch if this is of interest.

**Thank You!**

—Thank you to, Father and Son Tavern, Sandy Hill People Food Co-op, 3 Brother Shawarma & Poutine, Benjamin Books, Prozsizo Barber Shop, and the Royal Oak for providing awesome prizes at our Spaghetti Dinner. We also thank members of the Big Soul Choir for their fabulous entertainment!

—Thank you to all who made the last meatloaf and we are once again inviting people to make a meatloaf to be served the week of Oct 23rd. Please sign up at the entrance and pick up a pan. Your meatloaf contributions create an awesome response from our guests.

—Thank you to those who helped with the Turkey's a great dinner was had by our guests and we were able to make three meals – one Turkey dinner, one turkey a la king and a Turkey soup to be served this coming Wednesday.

**Composting Update**—Our homemade worm composter received our first inhabitants this past Thursday. As we learn to compost with worms we will be once again reducing waste. We will keep you posted on our new friends – and pray we don't kill them.

**Meal Program Needs:** Sliced bread, onions, potatoes, lunch bags

**Food Bank Needs:** canned vegetables, canned fruit, canned meat, peanut butter, instant coffee, snack bags

- Items needed:**
- |                          |                                |
|--------------------------|--------------------------------|
| Canned fruit             | (tuna, sardines, ham, chicken) |
| Canned vegetables        | Chick peas                     |
| Canned milk              | Dried lentils                  |
| Soup (cream soups)       | Spices, herbs, salt            |
| Macaroni/fusilli pasta   | Sliced bread                   |
| Canned stew              | Cereal                         |
| Beans (navy, black, red) | Granola bars                   |
| Canned fish/meat         | Cookies/crackers               |
|                          | Juice boxes                    |
|                          | Toilet paper                   |

**St. Joe's Women's Centre 18th Annual Quality of Life Awards**—Nov. 2 at 5:30 pm in the Parish Hall

This year, the St. Joe's Women's Centre will be honouring Colleen Westeinde, Michael O'Byrne and Marlene Shepherd. Tickets are \$120 each or \$1,200 for a corporate table. For more information and to purchase tickets, contact Jennifer Clark at 613-231-6722 or visit [www.eply.com/QualityofLife2017](http://www.eply.com/QualityofLife2017)



**Young Adult Ministry Winter Clothing Drive**—If you have clean, gently used winter clothing (coats, hats, scarves, toques, etc.) that you no longer need, please drop them off at the Parish Office (during the week) or Welcome Desk (on weekends). Please label items "Young Adult Ministry."

**Questions?** Contact Brian at [bouellette@st-josephs.ca](mailto:bouellette@st-josephs.ca) or 613-233-4095 x 235.

**LGBT+ and Sraight Alliance's Book Club**—Please join us in reading *Guapa* by Saleem Haddad, and come for discussion in the Sacristy Meeting Room (the Parish library) on Nov. 30 at 7 pm.



## Contacts

Main: 613-233-4095

### Executive Director

—Chris Adam x223  
cadam@st-josephs.ca

### Pastor

—Fr. Richard Beaudette x222  
rbeaudette@omilacombe.ca

### Music & Liturgy

—Jamie Loback x228  
jamieloback@yahoo.ca

### Young Adult Ministry & Faith Formation

—Brian Ouellette x235  
bouellette@...

### Finance

—Saul Mendoza x229  
smendoza@...

### Office Manager

—Brandon Rushton x251  
brushton@...

### Maintenance

—Nick Cacciato x230  
ncacciato@...

### Supper Table Manager

—Mary Murphy x240  
mmurphy@...

### Women's Centre Director

—Marsha Wilson x224  
mwilson@...

## Have you ever thought about becoming a Eucharistic Minister here at St. Joe's?

We are looking for more people willing to serve as Eucharistic Ministers at all of our Masses. This is one of the ways that we share our gifts, talents and skills with each other in service to our parish community. There are no prerequisites except attendance at a formation session, being commissioned by the community

and serving as a Eucharistic Minister at least once a month, if possible.



If you are interested, have any questions or would like more information, please contact Eleanor Rabnett at 613-315-5317 or by email [rabnete@gmail.com](mailto:rabnete@gmail.com). There is a sign-up sheet at the Welcome Desk and Eleanor will be there after each of the Masses to answer any questions or take your contact information.

## Dying Well: A Reflective Information Session Offered by St. Joe's

—At some time we may find ourselves journeying with a friend or loved one who is nearing the end of their life, or it may be our own journey. St. Joe's is offering an informative day of reflections on 'dying well'. The session will take place on Sat. Nov. 18 from 10 am - 4:30 pm at Sacre Coeur Church (591 Cumberland St.). Fee: \$15 (includes copy of *booklet "Dying Well"*). Beverages will be provided, but you are asked to bring your own bagged lunch. Presenter: Sr. Rosemary O'Toole CSJ is an experienced spiritual director at The Upper Room Home of Prayer in Ottawa. This presentation and her book, "*Dying Well*", arose from her own experiences as she accompanied her mother through her dying process. For more info or to register, please contact Erin Ryan at [erinmusicmouse@gmail.com](mailto:erinmusicmouse@gmail.com).

**Community Healing Mass of Anointing**—You are invited to participate in a Community Healing Mass of Anointing at which the Sacrament of the Sick will be available on Saturday, Oct. 28, from 10 am - 12 pm. Each of us is in need of healing. Christ is drawn to us through our very brokenness. We encourage you to think of your own need for healing and to invite someone else as well — perhaps someone who is homebound or in a retirement residence. Refreshments to follow. It would be helpful if you could bring something to share. St. Joseph's Community Healing Team — Fr. Richard Beaudette, Colleen and Brian Kerr, Helena Robb, Elaine Rankin, Norah McMahon and Clara Nasello cnd.

## Practising Attitudinal Healing Course

Practising Attitudinal Healing (PAH) means learning how to let go of our fears and find love in any situation. This seven-week course explores the 12 Principles of Attitudinal Healing, discussing and discovering a different way to look at things. We will be meeting on Wednesday mornings from 9 am-12 pm, beginning on Oct. 8 and ending Nov. 29. Please email Margaret Dumoulin (PAH Facilitator) at [mijd24@hotmail.com](mailto:mijd24@hotmail.com) for more information or to register. Come and change your mind to change your life!



**Library News**—Books available on the SERMON ON THE MOUNT include: Davies, W.D. *Sermon on the Mount (BT380.2.D35)*, Fox, Emmet. *Sermon on the Mount: the Key to Success in Life (BT380.F6 1989)* and Rohr, Richard. *Jesus' Plan for a New World: the Sermon on the Mount (BT380.2.R6)*.

## Confirmation 2018

**Registration—Who?** Students Grades 6 and up. **Prerequisites?** Baptism and First Communion. **Where?** St. Joseph's Parish. **When?** Starts October 18 from 6-7 pm. **Suggested fee/donation?** \$30. Don't forget to register! **Register by** contacting Brian at [bouellette@st-josephs.ca](mailto:bouellette@st-josephs.ca) or 613-233-4095 x 235

## Marriage Preparation For Engaged Couples

October 28 & 29, 2017 from 9:30 am-4 pm. For more information and to register, visit [www.st-josephs.ca](http://www.st-josephs.ca) (scroll down to "Marriage" under the Sacraments tab). Cost: \$150 per couple (discount offered for registered and active parishioners of St. Joe's). Limited space available. If you have any questions, contact Brian Ouellette at [bouellette@st-josephs.ca](mailto:bouellette@st-josephs.ca) or 613-233-4095 x235.

## Weekly Events Sundays

—Masses at 9:30am & 11:30am + 7pm University Mass (Sept-April).  
—**Children's Liturgy** at 9:30 am Mass three Sundays a month. Children are dismissed with leaders during Mass to meet in age groups (JK-1, Gr 2-3 and Gr 4-6) and share on the Word of God at their own level. All children are welcome. For more information, please contact Toni Tarasco at [tarasco.toni@gmail.com](mailto:tarasco.toni@gmail.com)

## Mondays

—weekly 9:30am **Christian Meditation** 613-730-0108.

## Wednesdays

—**English Conversation and Practice for Newcomers to Ottawa**  
7- 8:30 pm (Sept - June)  
Saint Paul University, 233 Main St., Laframboise Hall, Rm L142. 613-744-2429 or michaelrichard2008@hotmail.com

## Fridays

—weekly 7:30pm **Christian Meditation** 613-236-0155  
—**Catholic LGBT & Straight Alliance** meets the 2nd Fri/month  
(SJcglgroup@gmail.com)  
—**Breathing Class** is held with Robert Black each Friday at 10:30am in the Parish Hall. Sign up at the Welcome Desk or Parish Office.  
—**Adoration** is held in the sanctuary after the last Friday Noon Mass each month

## Saturdays

—**Vigil Mass** at 5pm

**ALL  
ARE  
WELCOME**

## YOUNG ADULT MINISTRY

### October Events

—**Wednesday, Oct. 11 @ 4:30-6 pm**

YAM Happy Hour—Royal Oak (161 Laurier Ave. E)

—**Saturday, Oct. 14 @ 10 am**

Winter Weather Shopping — Leave from St. Joe's (RSVP required)

—**Thursday, Oct. 19 @ 7-9:30 pm**

YAM Game Night—Oblate Lounge (\$2 freewill offering suggested)

—**Sunday, Oct. 22 @ 12:30-2 pm**

YAM Brunch—Oblate Lounge (\$5 suggested donation or \$3 with food to share)

—**Wednesday, Oct. 25 @ 6-7:30 pm**

Evening of Reflection with Fr. Richard—Oblate Lounge  
Chili Dinner at 6 pm, Reflection begins at 6:30 pm  
(Freewill offerings appreciated)

—**Thursday, Oct. 26 @ 5-6 pm**

Teacher/Student Teacher Gathering—Main Floor Meeting Room

—**Sunday, Oct. 29 after University Mass**

God and Pizza—Oblate Lounge

—**Thursday, Oct. 26 @ 5-6 pm**

Teacher/Student Teacher Gathering—Main Floor Meeting Room

For more information or to RSVP to any of the above, please contact Brian Ouellette at [bouellette@st-josephs.ca](mailto:bouellette@st-josephs.ca) or 613-233-4095 x 235

### University Mass Volunteering Opportunities:

—Eucharistic Minister Reader; contact Brian if interested

—Music/Choir; contact Risa Tonita at [risa.tonita@gmail.com](mailto:risa.tonita@gmail.com) if interested

### Follow the Young Adult Ministry at:

**Facebook:** <https://www.facebook.com/groups/397094266998828/>

**Twitter:** @StJoesYAM1



## FROM AROUND THE COMMUNITY...

### —RECONCILIATION WITH OUR INDIGENOUS

**SISTERS AND BROTHERS:** Please join with the parishioners of St. Basil's in their church hall (Maitland Avenue and the Queensway) at 12:15 pm on **Sunday, Oct. 15**, for a soup lunch and viewing of the film *Reserve 107*, an award-winning documentary about resolving conflicts over Indigenous land claims. The Mission & Social Justice Committee is sponsoring this event to further our understanding of how to implement the calls to action from the Truth and Reconciliation Commission. For more information: Rosemary Williams, 613-829-1912.

### —BRUYERE'S AGING GRACEFULLY WELLNESS FAIR:

As our population ages, it is vital that our communities expand and integrate resources and services that are unique to the needs of older adults and that support living longer, growing stronger and aging well. As part of our international conference on Humanizing Health Care that will be held Oct. 18-20,

we are bringing together community specialists in aging, health, wellness and person-centred care. The Fair will be held at the Chateau Laurier (1 Rideau St.) from 1-5 pm on **Wednesday, Oct. 18**. Cost: \$40 (or free if you are registered to attend the Humanizing Health Care Conference). For more information and to register, contact [infoHHC@bruyere.org](mailto:infoHHC@bruyere.org) or call 613-562-6262, x 2748.

### —VOLUNTEER OPPORTUNITIES WITH ANCOURA:

Ancoura provides homes and a supportive community for adults living with mental illness. We are opening a new home for three residents. We need volunteers as Home Visitors, who do activities with residents; Board members; Committee members for fundraising, treasurer, communications, volunteer recruitment, social committee; Occasional Volunteers to help with events. Opportunities for diverse skills, interests, schedules. Info: Rick Haughian at [richard3h@sympatico.ca](mailto:richard3h@sympatico.ca) or go to [www.ancoura.ca](http://www.ancoura.ca)



Ancoura

**Prayers  
please**

**Pray for the sick:** Paul Labelle, Chung Wu, Heather Gray, Helene Villeneuve, Armando Bellotta, Beekey Dwornik, Annaliese Apholz-Coulombe, Patricia McCarney, Bernandette O'Neil, Flo Thornton, Fr. Frank Kavanaugh, Vicki Henry, Claire Pelletier, Kevin Harper, Jean-Claude Filion, Nina Chartrand, Elaine Villeneuve, Lois Garneau, Estqlal Al Shereefi, Roy Bowers, Xeno Kizas, Richard Leveille, Evelyn L'Heureux, Aime L'Heureux, Nicole Caissie, Jamie Caissie, Alfriede Schmid, Madison Powell, Delores Part, Katherine Laundry, Jan Chisanga, Joseph Paul, Antoinette Tissarachchi, Javier, Jonathan Pitre, , Charlotte McCarthy, Myra Lidstone, Richard Balson, Monique Aubry, Percy D'Aoult, Ann Elmer, Tom Scalas, Pat MacDonald, David Robb, Ron Burns, Ann Young, Bob Britton, Tony Graziadei, Alma Kennedy, Patricia Dunningan, Anne MacIsaac, Brian Gravelle, Rick Balsan, Stephanie Ryan, Emily Rixon, Mary Catherine Njie, Jainaba Manneh, Estelle Lemoyre, Ray Daly, Kevin Harper, Bruce Hadley, Caroline Midgley, Connie Lafrance, Cassandra Destin, Karson Napoleon, Fritzner Donatien, Jack Lalonde, Kitty Crowe, Mary Rolland, Helena Robb, Laura Brady, Margot Duford, Julie Mercier Doucette, and Donna Rowlings. **Prayers for those who have died:** Pauline Shields, Eric Field, Eduardo Tineo, Ceclia Montano, Fr. Joe Kane OMI, Veronica Clarke, Diane Bakker, Allan MacEachen, Phil Swift, Dorothy Chiklakis, Dr. Robert Gliniski, Larry Haffner, Anne Marie Lacasse, Gladys Reina, Hernan Escobar, David Major, Eduardo Magalhaes, Frances Manning Morris, Sheryl MacDonald, Mary Pat Mongrain, Miguel and Maria, James Charles Okenyt, Dan Rietschlin, George MacFarlane, Joshua Henry, Adeline Ryan, Guadalupe Farfan, Todd Gardiner, Elizabeth Argyle, , Irene Sauer, John Connelly, and Joan Taillefer. **To add a name,** please inform the Front Office or write it in the binder at the Welcome Desk.