

Sunday Bulletin

December 1, 2019
First Sunday of Advent

St. Joe's Women's Centre — Christmas Update



ST. JOE'S
Women's Centre

The 2019 Christmas season is fast approaching and many families are patiently awaiting this joyous time of year. Yet, for those who come to St. Joe's Women's Centre, Christmas is often a time of worry and tight budgets. The mothers who come to the Centre would love nothing more than to provide a warm and nutritious meal and a little something under the tree for their family but often struggle to make this a reality. This is why we are reaching out to you and generous supporters like yourself.

We would like to invite you to support one of our families during this Christmas season. In previous years, single people, families, groups, co-workers and many others, have decided to sponsor a family for Christmas through the St. Joe's Women's Centre's Christmas Sponsorship Program.

St. Joe's Women's Centre is a not-for-profit organization that is situated in the heart of downtown Ottawa. The Centre offers many services to both women and their children. Some of our services include but are not limited to: an emergency food bank, access to laundry facilities, daily breakfast, lunch, children's playroom, as well as various children's outings. We cater our services to women and children that are homeless, at risk of becoming homeless, disadvantaged, and/or who live in poverty.

Below is an example of what a typical Christmas sponsorship list may consist of: *Mom: Pajamas, slippers, socks, bath set, gift cards*

Dad: Sports items, slippers, socks, razor set, gift cards

Children: Toys, slippers, socks, underwear, books, art supplies, games, etc.

Food: Turkey, juice, stuffing, vegetables, rolls, potatoes, cranberries, dessert

If this is something that you or someone you know may be interested in, or if you have any questions about the program, please contact **Stephanie Reynolds**, Programme Coordinator, at 613-231-6722 or sreynolds@st-josephs.ca. I would like to take this opportunity to wish you and your families a merry Christmas season and to thank you for your continued support.

Music Ministry—St. Joe's Choir Concert — December 14, 2019

St. Joseph's Music Ministry will be hosting their annual Christmas Concert in support of **St. Joe's Supper Table** on Saturday, **December 14th at 7:30PM**. Escape the hustle and bustle of the season to relax, enjoy some music, sing along to some favorites and join us for post concert refreshments. The concert will be held at St. Joseph's church, 174 Wilbrod Street. Admission is a **free will donation and/or nonperishable food items**.



Healing Prayer after Mass today

Healing Prayer takes place after Mass on Sat. Nov.30th and Sun December 1st. Anyone wishing prayer for healing for themselves or someone else is welcome to come to the Healing Space with family, and friends. This is a community experience and we welcome parishioners to come and join in the Healing Prayer. There will be a healing ministry member ready to welcome all who come.

Welcome!

New Parishioners and visitors please introduce yourselves at the **Welcome Desk** at the back of the church or contact Maria Virjee, 613-234-6000, mvsali2@gmail.com

Registration

Forms can be found at the Welcome Desk or the back of the Church.

Donations

Register with the Parish either to receive envelopes, sign-up for auto-debit, online through **Canada Helps**.

Don't like passing the basket empty-handed? Stop by the Welcome Desk before Mass and pick up a laminated donation card that you can drop in the basket as it passes.

Children's Liturgy: 9:30am Mass 3 Sundays a month. Children are invited to meet in age groups (JK-1, Gr 2-3 & Gr 4-6) & share on the Word of God at their own level. All children are welcome.

MASS TIMES & RECONCILIATION

- *Week Day Mass:* Wed to Fri at 12pm in the Rectory Chapel
- *Weekend Masses:* Saturday 5pm, Sunday 9:30am (Family Mass) & 11:30am
- *University Mass (Sept-Apr):* Sunday 7pm
- *Reconciliation:* After weekday Mass or by appt.
- *Adoration:* 1st Fri. of the month after the noon Mass

SUNDAY'S READINGS

First Reading:

Isaiah 2.1—5

Second Reading:

Romains 13.11— 14

Gospel:

Matthew 8.5—11,13



PARISH CONTACTS

PASTORAL

Executive Director

Christopher Adam x223
cadam@st-josephs.ca

Pastor

Fr. Jim Bleackley x222

jbleackley@st-josephs.ca

Music & Liturgy Director

Jamie Loback x228

jamieloback@yahoo.ca

Parish Pastoral Council

ppc@st-josephs.ca

Supper Table Manager

Ryan Mitchell x240

rmitchell@st-josephs.ca

Women's Centre Director

Marsha Wilson x224

mwilson@st-josephs.ca

Young Adult Ministry & Faith

Formation

Andrew Pump x235

apump@st-josephs.ca

ADMINISTRATION

Bulletin

Kathleen Strader x251

kstrader@st-josephs.ca

Finance Coordinator

Georgeta Mutu x229

gmutu@st-josephs.ca

Front Office

Kathleen Strader &

David Trepanier x251

frontdesk@st-josephs.ca

Maintenance Manager

Nick Cacciato x230

ncacciato@st-josephs.ca

Rentals

David Trepanier x251

dtrepanier@st-josephs.ca

Concert & Rehearsal Rentals

Jamie Loback x228

jamieloback@yahoo.ca

HOURS & LOCATION

Church & Hall

174 Wilbrod St.

Office Entrance

151 Laurier Ave. E.

Office Hours

Mon-Fri: 8am-4pm

Sat: 11am-5pm

Bequests

Consider including
St. Joe's in your will.

Outreach Ministries Column



NEWS FROM AROUND THE SUPPER TABLE

Ryan Mitchell, Manager, 613-233-4095, x240, rmitchell@st-josephs.ca,
www.suppertable.ca

Happy weekend, thank you for your support at the Christmas market! We sold out of all baked goods before the second mass. Those donations were able to help the purchasing of **30** winter coats for our guests, thank you! Please check out our yearly update and year at a glance located at the welcome desk after mass. **We are looking for Winter Boots in Women/Men sizes 7.5 —11.5.** Drop of donations a reception or the offering basket. Monetary donations are welcome, please make your cheques payable to St. Joe's Supper Table. Tax receipts are provided. Our satellite food bank location needs baby diapers (size 3 to 6), baby wipes, and school snacks. Stay tuned for our list of upcoming family fun events for December!

OMRA Grocery Cards for Purchase Dec 1 — Sponsored by the ROC

You can make a big difference in the lives of some refugee families in Ottawa when you purchase grocery cards from OMRA on a monthly basis or even occasionally. OMRA offers rental subsidies to refugee families in Ottawa.

You can purchase grocery cards for Loblaws/Independent - \$50 and \$100, Metro/Food Basics - \$50 and \$100, Farm Boy - \$50. You get the full amount of the grocery card! OMRA gets a small rebate that we use to offer rental subsidies to 25 refugee families.

Orders placed by **7PM** on **Dec 1st** will be ready for pick up on **Dec 8th**.

Ideally you provide OMRA Shelter Corp with a post-dated cheque for the first of each month for the cards you are buying. You can also pay with cash.

Please see Frank O'Brien or Donna Rietschlin at the 9:30 Mass or Louise Lalonde or Michèle Gascon at the 11:30 Mass for more details. You can also contact Donna Rietschlin at 613-715-9797 or dbrietschlin@hotmail.com.

Your participation helps to subsidize the rent of 25 refugee families in Ottawa.

ROC Update: Gently used or New Skates Needed (all sizes— pre-school to adult)

The Skating Buddy Program is one of several ways The Catholic Center for Immigrants (CCI) introduces newcomers to fun things they can do to become comfortable with winter. With a team of volunteers, they teach newcomers of all ages to skate at City Hall's Rink of Dreams. Last year a number of the families the Refugee Outreach Committee were helping took part in this program and hope to continue if skates are available. Three of our children from an African country took to skating with much enthusiasm and laughter. New or gently used skates for all ages are needed. They can be obtained either from your family's hand me downs or at Value Village & Salvation Army Thrift shops at very inexpensive prices. If you would like to donate, please drop skates off in the labelled box at the back of the church. If you would like more information please contact John Weir: jhnwr99@yahoo.ca.

Volunteers Needed: English Conversation Group for New Comers

Our main goal is to enable the participants (often newcomers to Canada, including immigrants, refugees, students, etc) to have a one-on-one conversation with a volunteer who speaks English fluently. We have a relaxed, inclusive and friendly atmosphere at our sessions to encourage social interaction and to enable language skills to be improved in a supportive, friendly and enjoyable way. The English Conversation Group meets every Wednesday (except in the summer) from 7PM to 8:30PM in room L-142 of LaFramboise Hall at St. Paul's University, 233 Main St, Ottawa. For more info contact: Michaelrichard2008@hotmail.com

St. Joe's Ministry News & Updates

Parish & Ministry Information

Young Adult Ministry
Andrew Pump
(613) 233-4095, ex 235
apump@st-josephs.ca
University Mass every
Sunday at 7PM.

**ALL
ARE
WELCOME**

Email Andrew to get on the Young Adult Mailing List.

Up Coming Events

Advent Discernment Journey: *Closer Than a Heartbeat - A Four Session Retreat Experience Offered at St. Joseph on Thursday Evenings During Advent for Young Adults.* As Advent approaches and the evenings grow darker you are being invited to retreat into the stillness and to listen expectantly. It is within this very stillness that Mary heard the words

of the Angel Gabriel. What words do you hear in the stillness? Do you have the courage to believe that God reaches for you in the ordinary and extraordinary moments of each and everyday? Karen Johnson. B.A. B.Ed, M.R.E.

is a follow journeyer, parish member and adult educator who has a passion for teaching people how to become "heart literate". She developed Closer Than a Heartbeat when she recognized that very few were teaching young adults how to listen to their hearts in order to hear the voice of God in their lives.

The sessions will be held every Thursday of Advent starting Nov. 28th and will include dinner and fellowship. Please sign-up by emailing Andrew.

Our Financial Stewardship COLLECTION Nov 24, 2019: \$6,314
Step Up—Building Fund: \$20,800



Library News — St. Joe's Library, located just beyond the Sacristy, is now open Sundays between 10:30 - 1:00. BOOKS on ADVENT include – Eimer, R.D. *Dayspring from on high: Advent prayer* (BX2170.A4E54 1999), Romb, A. *Walk with the Lord: sharing the silence* (BX2170.A4R65 1990) and Rolheiser, R. *Light for the world: daily Advent reflection & prayer* (BX2170.A4R65 201

Thank you to all Christmas Market volunteers!

Thank you to all who contributed to our Parish Christmas Market on November 24th, 2019. Special thanks to the talented and generous women of "Chicks With Sticks" and the Oblate Associates, who donated all of the proceeds from the sale of handmade gift items, baked goods and preserves to the Parish's Building Fund. Thanks as well to all who made the Refugee Outreach Committee Table, St. Joe's Supper Table kiosk and L'Arche Ottawa by donating home cooked and baked items, and crafts. The Parish served hot chili, thanks to Joan O'Connell, Donna Rietschlin, Eleanor Rabnett and Georgeta Mutu. We raised **\$3,000** for parish ministries and had a great community get-together!

Advent Small Group Faith Sharing

All are welcome to join us for any of the remaining sessions as we continue to our share faith stories in light of the Advent Sunday scriptures. Wednesday evenings until December 18 at 7:15PM in the Oblate Lounge. Enter via the Laurier Avenue entrance.



December 6th — One on One Healing Prayer



Come to experience one on one healing touch if you are feeling stress, anxiety, grief, or physical, emotional, spiritual pain. Offered **December 6, Friday morning 9:30 AM - 11:30 AM** in the church by **Helena Robb and Norah McMahon**. Please sign up at the **Welcome Desk** or contact Norah at norah.mcmahon@rogers.com or 613 828-1350. For last minute cancellations, contact the Front Office at 613-233-4095.

Coffee Sales

Fair-Trade Coffee is sold near the Welcome Desk after each Sunday Mass. Bags (340g) are \$13. All proceeds directly benefit Development & Peace.

Parking

Parking is free during weekend Mass & 30 mins after. Or park in UofO Lot B **only** on Sundays from 8am-2pm (enter off Cumberland between Wilbrod & Stewart).

Ministry Contacts

Bread Baking:

Clara Nasello
clara.nasello@st-josephs.ca
613-241-7085.

Catholic LGBT & Straight Alliance:

sicglgroup@gmail.com

Children's Liturgy:

Toni Tarasco
tarasco.toni@gmail.com

Christian Meditation:

613-730-0108 (Mon.)
Rick Gariepy:
613-265-1652 (wed)
613-236-0155 (Fri.)

English Conversation Group for newcomers :

Michaelrich-ard2008@hotmail.com

Financial Coaching

Ministry:
coach@melanieforget.ca

One-on-One Healing Touch:

Clara Nasello
clara.nasello@st-josephs.ca

Refugee Outreach Committee (ROC)

Dona Bowers (dona-bob@rogers.com).

Missing information?

To Add or Update Ministry contact info, please contact Kathleen Strader at kstrader@st-josephs.ca or extension 251.

WEEKLY EVENTS AT ST. JOE'S

December 2nd — December 8th, 2019

	Monday 2 nd	Tuesday 3 rd	Wednesday 4 th	Thursday 5 th	Friday 6 th	Saturday 7 th	Sunday 8 th
This Week	(1) Christian Meditation: 9:30AM Library		(1) Advent Faith Sharing: 7:15PM Oblate Lounge (2) Christian Meditation 4:00PM Library (3) English Conversation Group: 7PM—8:30PM, rm L-142 Lafromboise hall, St. Paul's Uni	(1) Advent Journey: 6PM, meeting rm (YAM) (2) Writing Café: 9AM-11AM Library	(1) One-on-One Healing touch: Dec 6 th , Church (2) Adoration: Dec 6 th , Main Floor Chapel (3) Christian Meditation: 7PM Oblate Lounge	(1) Kids Advent funday at St. Mary's Parish: 1PM-4:30PM	(1) Advent Retreat: Galilee Centre, Dec 8 th , 4PM. (2) Pick up OMRA grocery cards at Mass
Up Coming	(1) Male Spirituality Circle at Bethesda Renewal Centre: 7PM-9PM (last Monday)	(1) ROC (3rd Tuesday), 6:30pm, Library		(1) Gracenote Advent Vespers: Dec 12 th , 8PM, Galilee Centre.	(1) Catholic LGBT & Straight Alliance (2nd Friday)	(1) St Joes Choir Concert: Dec 14, 7:30PM	(1) Flourishing congregation survey, Extended to Dec 15.

Last chance to complete the Flourishing Congregations Survey!

Thank you to the 86 parishioners who have completed the Flourishing Congregations survey to date! Your feedback is essential to our pastoral planning at St. Joe's, as well as efforts in the Archdiocese of Ottawa to map out the near to medium-term future. As of this week, 17% of our parishioners have completed the survey. Our goal is to get our participation level closer to 25%. Today is your last day to submit your feedback and be part of a nationwide study on the status and trajectory of churches in Canada. Please complete the survey using this link: <https://tinyurl.com/fc405c>.



Volunteer Opportunities - Ancoura

Looking for meaningful volunteer work? Ancoura is a community agency in Ottawa that provides affordable housing and social supports to people living with a mental illness. We are looking for people to be: visiting volunteers who develop relationships with our residents by spending time with them at home and/or in the community; occasional volunteers who help from time to time with tasks like moving furniture, doing minor apartment repairs, or putting on events; and committee and board members. For more information, please contact Max Derenoncourt at 613-830-8130 or max@ancoura.ca



GRACENOTE ADVENT VESPERS: Dec 12, 2019 at 8PM. Join us for evening prayers of Thanksgiving and Praise. This talented group of artists brings a vibrant, joyful and soulful approach to this ancient Christian Prayer. Good Will Donations gratefully accepted, RSVP. To **RVSP** or register, contact us at 613-623-4242 ext. 21 or email info@galileecentre.com.

Mass Intentions:

Wed. December 4, 2019: Dorothy Hamm

Thur. December 5, 2019:

Fri. December 6, 2019: Jacqueline Charbonneau

Mass intentions are available on Wed., Thur., and Fri. during Noon Mass for a \$15.00 donation. Please notify the Front Desk for arrangements. Thank you!



To add a name to the Book of the Sick: Either inform the Front Office or write it in the binder located at the Welcome Desk. We pray for those who are listed during the Prayers of the Faithful.

Prayers for the sick: Maureen Grace, Doyle Wilson, Jean-Claude Filion, Edmund Beckis, Jainaba Manner, Catherine Njie, Anna Kizas, Nyra Mineros, Madeline Forget, Hal Rowan, Sheila Granger, Christina De Simone, Vivian Gutierrez, Anne Patterson, Reesa Greenberg, Fr. Tim Coonen OMI, Dale Keller, Frank O'Donnell, John Powell, Laurie Alain.

Prayers for those who have died: Andrew Hill, Peter MacDougal, Louise Picard-Labelle, Basile Foote OSB, Jeanine Herie, John Tymchuk, Mary Joy, Sister Jenny Nasello CND, Una Burke, Aideen Nicholson, Deborah Fournier, Hunter Straight-Smith, Louise Picard-Labelle, Jennifer Fernandes, Marie Beauchemin, Suzanne Sayers, Terence McCluskey, Anne Drouin, Msgr Leonard Lunney P.H.