



St. Joseph's Parish
An inclusive community

A Parish of the Oblates of
Mary Immaculate
since 1856

St. Joe's Weekend Bulletin

April 14, 2019 — Palm Sunday of the Passion of the Lord

151 Laurier Ave. E. Ottawa, ON K1N 6N8 * 613-233-4095 * frontdesk@st-josephs.ca

www.St-Josephs.ca
Find us on Facebook!

Office Entrance

151 Laurier Ave. E.

Office Contact

613-233-4095 x 251

frontdesk@st-josephs.ca

Church & Hall

174 Wilbrod St.

Office Hours

Mon-Fri: 8am-7:30pm

Sat: 11am-5pm

Weekend Mass

Saturday 5pm

Sunday 9:30am & 11:30am

7pm University Mass (Sept-Apr)

Weekday Mass

Wed/Thur/Fri at 12noon

Reconciliation

After noon Mass or by appt.

Adoration

1st Fri. after the noon Mass
in the Church.

Parking

—In our lot there is no need to pay meters while attending weekend Mass + 30 minutes after Mass. If you are parking for non-parish related activities, please pay the meter located at the southern end of the lot.

—Or park in U of O Lot B **only** on Sundays from 8am-2pm (enter off Cumberland between Wilbrod & Stewart). Get pass at Welcome Desk to display in car. Questions? Contact the Front Office at x251.

Reminder

St. Joe's is a busy place. Please do not leave valuables in plain sight in your cars, and please don't leave purses in the pews. If you find any items that could be lost, please bring them to the Welcome Desk.

Lament for Earth - Good Friday, 11 AM in Parish Hall —

On this Good Friday, we hear the cry of Earth. We lament that Earth is suffering because we have forgotten its sacredness and connection to all that is. Come and walk the labyrinth as we pause to honour our pain for Earth and our desire for healing.

Easter Celebrations:

Holy Thursday (April 18, 2019)

Thursday, April 18, 2019 at 7:00 PM

Good Friday (April 19, 2019)

Friday, April 19, 2019

Children's Service at 10:00 AM

Lament for Earth at 11:00 AM (Parish Hall)

Veneration of the Cross at 3:00 PM

Easter Vigil

Saturday, April 20, 2019 at 9:00 PM

Easter Sunday

Sunday, April 21, 2019 at 9:30 AM, 11:30 AM, and 7:00 PM



Volunteers for Triduum Ministries — As we have in the past, we will post sign-up sheets at the back of the Church this weekend and next for our Holy Week liturgies. It takes many people to make our "Triduum Liturgies special" and so we are asking for your help. We need volunteers for:

Holy Thursday – help with the foot washing, with collection takers, Eucharist Ministers and strong people to 'take down' the Altar

Good Friday – help with taking up the collection and carrying candles with those carrying the Cross for adoration

Easter Vigil – help with greeters to hand out candles, collection takers, and Eucharistic Ministers

Easter Sunday Masses – help with greeters, collection takers and Eucharistic Ministers.

If you have any questions Eleanor Rabnett will be at the back of the Church after the Saturday evening and Sunday morning Masses and Andrew Pump will be at the back the Church following the University Mass.

Welcome!

Are you new to St. Joe's or a visitor? Please introduce yourselves at the Welcome Desk at the back of the Church, or contact Maria Virjee, 613-234-6000, mvsali2@gmail.com

Registration

Forms can be found at the Welcome Desk.

Donation Envelopes

Are provided upon registration. Please mark your name clearly on front of each envelope.

Online Giving

Sign up for auto-debit at Welcome Desk or through "Canada Helps"

Don't like passing the basket empty-handed? Feel free to stop by the Welcome Desk each week as you enter Mass, and pick up a laminated donation card that you can drop in the basket as it passes.

Requests

Please consider including St. Joe's in your will.

Coffee Sales

Fair-Trade Coffee is sold near the Welcome Desk after each Sunday Mass. Bags (340g) are \$13. All proceeds directly benefit Development & Peace.

THIS WEEKEND'S READINGS

Luke 19.28-40

Isaiah 50.4-7

Philippians 2.6-11

Luke 22.14—23.56

Need info on:

- Baptism
- First Communion
- Confirmation
- Adult Initiation
- Marriage Prep
- Weddings
- Young Adult (18-35)
- Pastoral Letters

Visit our website, then contact:

Andrew Pump x235 or apump@st-josephs.ca

—Funerals

Sharon Gravelle segravelle@bell.net

—Memorial Masses

Contact the Front Office

—Pastoral Care or Anointing of the Sick

Contact the Front Office or Fr. Richard Beaudette

—Our Bulletin

- Is also posted on our website each week.

- Email submissions online at the website under "publications/bulletin/submission" by Wed noon.

- To receive this Bulletin via email each week, contact the Front Office.

Our Financial Stewardship...COLLECTION for April 7, 2019: \$7,484



News from around The Supper Table

Ryan Mitchell, Manager
rmitchell@st-josephs.ca,
613-233-4095, x240
www.suppertable.ca

Hi all! What a great start to spring! Our numbers were up and guests were out in full force this week with our average being 75 guests a night! As such our stores are a little depleted and we could use some help stocking our shelves. Usually we would ask for you to bring in food donations, however being so close to Easter, next week is holy week and we will be collecting tithes and offerings for the St. Joe's Supper Table. Please simply write St. Joe's Supper Table on the memo of your cheque. Also for Easter, the Table will be raffling off a giant chocolate East-

er basket! Tickets will be available after mass today for purchase! 3/\$ 5/\$ 7/\$ or 10\$ for an arm length. Please visit the Welcome Desk for tickets!

The Supper Table asks for your help stocking our shelves with the following...

- Coffee
- Parchment paper
- Coffee cups
- Salt, pepper, and spices
- Sugar
- Baking supplies
- Bread
- Canned meat
- Canned fruits

SAVE THE DATE!



As a means of expressing our sincere appreciation for the work done by the many volunteers at St. Joe's, the Parish Pastoral Council invites you to attend a BBQ in your honour. On Thursday, May 2, from 7:00PM to 9:00PM in the Parish Hall, rain or

shine. If possible, advise Donna Rietschlin, dbrietschlin@hotmail.com if you plan to attend so that we have sufficient food.

Christian Meditation at St. Joseph's Parish:

- Mondays from 9:30-10:30AM in the Library
- Wednesdays from 4-5PM in the Library
- Fridays from 7-9PM in the Oblate Lounge



Thank you for your generous support of the 2019 Share Lent campaign! — DEVELOPMENT AND PEACE/CARITAS CANADA thanks you for your Share Lent donation. Your generosity will help support the actions of our brothers and sisters in Africa, Latin America, Asia and the Middle East. Donation envelopes and "Share the Journey" materials are still available on the back table. Thank you to the parishioners who participated in the DEVELOPMENT AND PEACE refugee/migrant/immigrant Stations of the Cross after Sun. 11:30 am masses. Ongoing prayer for DEVELOPMENT AND PEACE and our overseas partners is appreciated. devp.org/give



Spring Funeral Workshop Date — The Funeral Workshop for those who have registered is May 25 at 10:30 AM in the Oblate Lounge. Please use the Front Office entrance.



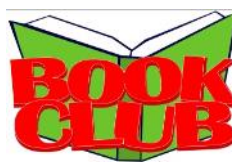
One on One Healing Touch — If you are experiencing stress, physical or emotional pain, anxiety or losses and grief in your life, come to

experience calm and an inner sense of well-being. Given by Helen Robb and Norah McMahon on Friday, May 3, 9:30AM-11:30 AM in the church.

You can sign up at the Welcome Desk or contact Helena at hrobb40@gmail.com or phone 613-834-4036



Library News — Library titles on EASTER include – *Francis, Pope. Way of the cross with Pope Francis (BX2040.F813 2015)*, *Bruteau, B. Holy Thursday revolution (BV94.B78 2005)* and *Connors, D. Becoming disciples: living and celebrating the 50 days of Easter (BX2170.E25C66 2002)*.



LGBT+ and Straight Alliance's Book Club — Join us for a discussion on "Soar, Adam, Soar", in which a father retells a story of his transgender son, and meet the author, Rick Prashaw, who will be our guest on Thursday, May 23. We will gather at 7PM in the Sacristy room.

Contacts

Main: 613-233-4095

Executive Director

—Chris Adam x223
cadam@st-josephs.ca

Pastor

—Fr. Richard Beaudette x222
rbeaudette@omilacombe.ca

Music & Liturgy Director

—Jamie Loback x228

jamieloback@yahoo.ca

Young Adult Ministry &

Faith Formation Coordinator

—Andrew Pump x235

apump@st-josephs.ca

Finance Coordinator

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Supper Table Manager

—Ryan Mitchell x240

rmitchell@st-josephs.ca

Parish Pastoral Council

ppc@st-josephs.ca



Much like the moon reflects the sun's light and the church receives and reflects Christ's light, he said, people who love are reflecting a love they received in turn. "Try listening to the story of someone who made a mistake – a prisoner, a convict, a drug addict," he said, and think about the "anger and abandonment" that may be part of their past. "If someone has not been illuminated by sunlight, they become frozen like the ground in winter," he said. "None of us can love God as much as he has loved us," Francis said. "We need only gaze at a crucifix to realize how disproportionate" his love is.

This Easter, try listening to the story of someone who made a mistake... — Pope Francis tells us that people are capable of loving because they have been loved first and they love, not with their own power, but "with the grace of God."



Family Ministry - Lenten Journey — Lent begins on March 6 with Ash Wednesday and ends April 20. It is the 40-day period in which we prepare our hearts for Easter by contemplating Jesus' sorrowful road to Calvary, before his joyous resurrection. We pray, we fast, we share, and we do works of love. Families with children may wish to check out this website for Lenten activities: <http://catholicmom.com/kids/lenten-activities-for-children/>. At church you will notice that the décor has changed. The liturgical colour for Lent is purple. For the children's procession the doves now have purple streamers. We encourage all children - particularly those preparing for their first communion - to participate in the procession this morning and throughout Lent. In the procession, children heed Jesus' invitation to come to him. It is also a prayerful activity in which the children bless the altar with their presence and share their meaningful ministry with all present at church.

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Lenten Small Group Faith Sharing

— This group will continue to meet Wednesday evenings throughout Lent. You are invited to join fellow parishioners in sharing stories of your faith journey as related to the Lenten scriptures Wednesday evenings until Holy Week at 7:15PM in the Oblate Lounge (Upstairs Meeting Room). Join us for all sessions or when able. Enter via the Laurier Avenue entrance.

Every 1st Sunday of the Month: Healing Prayer After Mass — Anyone wishing prayer for healing is invited to come to the Healing Space with family, friends, parishioners. There will be a healing ministry member ready to welcome all who come.



It's Tax Season! — What will you do this year with your tax refund? Pay off some debts? Give more to charity? Save it for a rainy day? Treat yourself? Or all of the above? Do you know what your next financial goal is? If it's time to get your financial house in order, or if you're struggling with a specific financial issue, we're here to help. Contact St-Joe's Financial Coaching Ministry at coach@melanieforget.ca or pick up a card at the back of the church.



Sundays

— **Masses** at 9:30am & 11:30am + 7pm University Mass (Sept-April).
— **Children's Liturgy** at 9:30 am Mass three Sundays a month. Children are dismissed with leaders during Mass to meet in age groups (JK-1, Gr 2-3 and Gr 4-6) and share on the Word of God at their own level. All children are welcome. For more information, please contact Toni Tarasco at tarasco.toni@gmail.com

Mondays

— Weekly 9:30am **Christian Meditation** 613-730-0108.

Wednesdays

— English Conversation and Practice for newcomers to Ottawa, 7-8:30pm (Sept-June) at St Paul's University (233 Main St, LaFramboise Hall, Room L142) Michael Richard (613) 744-2429 or michaelrichard2008@hotmail.com
— Weekly 4pm **Christian Meditation**

Fridays

— **One-on-One Experience of Healing Touch** is scheduled for the first Friday of every month from 9:30-11:30 am in the church. All are welcome! More information is available at the Welcome Desk.
— Weekly 7:30pm **Christian Meditation** 613-236-0155
— **Catholic LGBT & Straight Alliance** meets the 2nd Fri/month.
Sjcggroup@gmail.com

Saturdays

— **Vigil Mass** at 5pm



The RCIA team wants to highlight the importance of the Easter Vigil to our Parishioners, especially this year. Traditionally the service was considered one of the most important of the liturgical year; and it is during the Vigil that we initiate adults into the Church. This year our catechumen Bethany will be baptised and we will hold a rite of reception for our Candidates Alex and Sheila.



Recycle your Batteries — Want to get rid of your old (alkaline only!) batteries in an environmentally friendly way? Bring them to church on Sundays and place them in the clearly labelled box at the church entrance. I live in the "backyard" of City Hall and take batteries there for recycling every time I go for a walk.

Maria Virjee mvsali2@gmail.com



Haven't ordered your OMRA grocery cards yet? It's still time!

Grocery cards ordered by 2:00 pm on the first Sunday of April (Apr. 7th) will be available on the second Sunday of April (Apr. 14th). During the month of April, while Donna is away realizing a cherished dream, Michele Gascon (gascon0@icloud.com, 613-612-8268) and Louise Lalonde (lesle@rogers.com, 613-567-4386) will be stepping in for her. As former ROC members sensitive to refugee issues, both will be delighted to take your card orders for any, or all, of the following: Loblaw/Independent (available in denominations of \$25, \$50 and \$100), Metro/Food Basics (available in denominations of \$50 and \$100) and Farm Boy (available in the denomination of \$50). It's a win-win for you, for refugees in need of rental support and for the participating grocery stores. A great way to build community! Not on board yet? We invite you to add your support to those who already are.



Marriage Preparation at St. Joseph's Parish

St. Joseph's is offering a Marriage Preparation Course for engaged couples. The next course will take place during this Spring on the weekend of May 4 and 5 from 9:30AM – 4PM each day. Please see the marriage page on the St. Joseph's website (www.st-josephs.ca/marriage-preparation-at-st-joes-2/) for more information and to register. The cost is \$150 per couple.



St. Joseph's Parish and Supper Table Garden 2019

Gardening season is coming up and we are beginning the planning of our community garden. If you would like to help out for this year please reach out to Andrew (apump@st-josephs.ca) or Ryan (rmitchell@st-josephs.ca) and let us know. The garden typically runs from early May to October each year and includes growing vegetables and herbs for the Supper Table as well as flowers to beautify our grounds.



Volunteer Opportunity — Do you have a few hours each month and want to give back? Looking for help transcribing audio interviews for folks facing long-term health issues who want to give their loved ones a written gift of themselves. This project is part of St. Vincent Hospital and the Spiritual Care Department there, so it does involve a volunteer orientation. For more information or if you would like to volunteer, please contact Roshene Lawson, Clinical Chaplain at St. Vincent Hospital at 613-562-6262 ext. 2190. Thank you.



Spiritual Seekers monthly Mini-retreat is Saturday April 20th; 9:30AM - 12:30PM, in St. Joe's Hall — In keeping with Holy Saturday - and our Journey of Liberation - the theme will be: "An Intimacy that Liberates." Following the story of the 'Good Thief' and his path

to Jesus, we discover that Jesus dies with us - to show us how to die before we die. For "unless a seed fall into the ground" Aren't we all seeking new life in the Grace of the Spirit. All are welcome, no charge.

For more info - email davidanthonyperry@gmail.com

Mass Intentions

Wednesday, April 17, 2019: For Maureen Morin

Thursday, April 18, 2019: N/A

Friday, April 19, 2019: N/A

Mass intentions are available on Wed., Thur., and Fri. during Noon Mass for a \$15.00 donation. Please notify Front Desk for arrangement. Thank you!



Prayers for the sick: Roger Toner, Nova-Anne Rousseau, Esther Cvirik, Emilio Giuliani, Frances Armstrong, Mae Lalonde, Aime Lalonde, Bill Girard, Em Stortroen, Maria Rizzi, Sonja Armstrong L., Kevin Riley, Jo-Anne Stasiuk, Mary Ruddy, John Cyr, Laurent Chretien, Laurie Alain, Mzee Oleku, Sheila Genkonyo, Somuta Nguon, Beate Bernhardt,

Alfred Johnson, Leonard Sanders, Quincy Anderson, Robert Anderson, Bill McLachlin, Frances Ann, Mary Cooke, Rita Hogan, Janet Pritchett, Barry Crawford, Denise Crawford, Fran Franklin, Yvonne, David Mann, Denise, Eleanor Boissonneault, Joe Salzgeber, Shirley Salzgeber, Lynne Cameron, Jean-Claude Filion, Luz Elena, Jane Kelly, Mary Catherine Mjje, Jainaba Manneh, Bob Britton, and Mildred Nesbitt. **Prayers for those who have died:** Andrea Jone, Cecil Gleason, David Scott, Joe Konst, Max Strader, John Flynn, Peggy and Ted Charette, Remo Caldato, Sheryl MacDonald, Antoinette and Jean Sfeir, Mary and Hallim Abboud, Lauren Richards, Joe Gariano, Eufrazio Arellano Sr., Mary Wynands, Aline Mary Pottie, Jim Dugdale, Doris Bell-Aunt, Andy Laut, Agnes Roche, Peter Smith, Renee Triebe, John Boissonneault, Shirley Cahute, (Cy Winter, Uncle Cyril, and Joseph Winter), Okpaleke Patrick, John Buchanan, Ofordile Diana, Connie Slay, Anne Everett, Marie Heuson, Mary Oby, Sister Louise Dunn, C.N.D., Don David, Rolph Almstedt, Vivi-Ann, Mitchell, Terry Hayes, Larry Hebert, Brandon McGivney, Lillian Rapini, Fr. James MacDonald (OMI), and Daniel Lamont. **To add a name,** please inform the Front Office or write it in the binder at the Welcome Desk.

Book of the Sick:

As we open the Season of Lent we will be adding a new element to the Prayers of the Faithful. A new Book of the Sick will be located at the Welcome Desk prior to each Mass and everyone is invited to write the names of loved ones who are sick into this book. We will then pray for those who are listed in the book during the Prayers of the Faithful.

Young Adult Ministry

Andrew Pump
(613) 233-4095, ex 235
apump@st-josephs.ca

**ALL
ARE
WELCOME**

Donations are accepted for all events. Proceeds go to support the Young Adult Ministry at St. Joe's.

The Young Adult Ministry wants to give a big thank-you to Risa and Alex for all they have done coordinating the music for our University Mass. They will be leaving us for the West-Coast, where Risa is continuing her studies in Music. We will have a special reception at the end of University Mass this weekend to say congratulations for getting into your program, thank you for all you've contributed to our weekly celebration, and good-bye and good luck.

If any university students or young adults are in town for Easter, we could use some help for our **Easter Triduum** celebrations. We particularly need help for our Holy Thursday celebration and

the Good Friday Adoration of the Cross.

Young Adult Easter

Feast: On Sunday, April 21st after the 11:30 mass we will be hosting an Easter meal in the Oblate Lounge.

Games Night: Wednesday April 24th from 6 to 9 PM in the Oblate Lounge.

We will have a brief meeting after the University Mass this weekend on April 14th (Palm Sunday) at the back of the Church to discuss events and activities over the Summer. If you are sticking around this Summer and would like to share your ideas please join us.



HEALTH AND WELLNESS WORKING GROUP UPDATE

Last November, you were asked to participate in a parish survey about the health and wellness needs and concerns of you, the parishioners. The survey provided us with a direction in which to explore specific health and wellness programs within the parish. In order to respond to the needs of the parish as outlined in the survey, we have created a temporary position for a Health and Wellness Coordinator to run educational workshops. We have hired Michelle Miller on a temporary basis to create and run a health and wellness program in order to address those issues. Michelle has a demonstrated ability in leadership and education as the previous Coordinator of Formation & Young Adults at St. Joe's. She will be reaching out to the parish shortly to outline her plans for support and education around the survey themes going forward.

Thank you to everyone who participated in the health and wellness survey and congratulations to Michelle Miller. Stay tuned for Health and Wellness updates from Michelle in the very near future.

Roshene Lawson

Chair, Health and Wellness Working Group

To see survey results, visit: <https://www.surveymonkey.com/results/SM-ZPT99Y2TV/>

PARISH PASTORAL COUNCIL ELECTIONS/APPOINTMENTS

It is that time of year again to renew the membership of the Parish Pastoral Council. We are looking for nominees for 4 member-at-large positions and appointments from the clusters for 3 Cluster Representatives (Community Building Cluster, Liturgy Cluster and Faith Formation & Initiation Cluster). Member-at-large positions are open to any member of the parish 16 years of age and older. All parishioners are eligible to nominate candidates and to vote if an election is needed. Cluster Representatives are appointed by the members of the ministries within each cluster and have the responsibility of being the liaison between the ministries of their cluster and the Parish Pastoral Council. If you wish to nominate someone for a member-at-large position, please email your nomination to Fr. Richard rbeaudette@omilacombe.ca or send a written nomination to the parish office. Nominations will be forwarded to the election coordinator. Ministries are to send their recommendations to their current Cluster Representative.

St. Joe's Women's Centre Presents:
A Night of Comedy!!
**-Come and enjoy a fantastic evening filled
with good laughs and great company!**

Thursday June 13th, 2019
8pm, 8:30pm Showtime
Where: 412 Preston St.
www.absolutecomedy.ca
Tickets: \$ 20



**For more information or to purchase tickets please
contact: St. Joe's Women's Centre
Jenn Clark
613-231-6722 or jlark@st-josephs.ca**