



St. Joseph's Parish
An inclusive community

A Parish of the Oblates of
Mary Immaculate
since 1856

St. Joe's Weekend Bulletin

March 24, 2019 — Third Sunday of Lent

www.St-Josephs.ca
Find us on Facebook!

151 Laurier Ave. E. Ottawa, ON K1N 6N8 * 613-233-4095 * frontdesk@st-josephs.ca

Office Entrance

151 Laurier Ave. E.

Office Contact

613-233-4095 x 251

frontdesk@st-josephs.ca

Church & Hall

174 Wilbrod St.

Office Hours

Mon-Fri: 8am-7:30pm

Sat: 11am-5pm

Weekend Mass

Saturday 5pm

Sunday 9:30am & 11:30am

7pm University Mass (Sept-Apr)

Weekday Mass

Wed/Thur/Fri at 12noon

Reconciliation

After noon Mass or by appt.

Adoration

1st Fri. after the noon Mass
in the Church.

Parking

—In our lot there is no need to pay meters while attending weekend Mass + 30 minutes after Mass. If you are parking for non-parish related activities, please pay the meter located at the southern end of the lot.

—Or park in U of O Lot B **only** on Sundays from 8am-2pm (enter off Cumberland between Wilbrod & Stewart). Get pass at Welcome Desk to display in car. Questions? Contact the Front Office at x251.

Reminder

St. Joe's is a busy place. Please do not leave valuables in plain sight in your cars, and please don't leave purses in the pews. If you find any items that could be lost, please bring them to the Welcome Desk.

Reconciliation and Healing Celebration

March 26, 2019

7:00 PM to 8:30 PM
in the Church

Through prayer, meditation, music and symbolic action, we want to focus on reconciliation and healing what is broken in our relationships with one another and creation. This celebration will flow from and build on what was experienced in the gathering on March 19. It will not be the Lenten sacramental reconciliation service, but a step on the journey towards renewed relations with our Indigenous sisters and brothers and the earth.

LENTEN RECONCILIATION SERVICES

Tuesday, April 2 at
12:00 PM (Noon)
Monday, April 8 at
7:00 PM.

Day for Individual Reconciliation:

Friday, April 5
12:30 PM to 2:30 PM
in the Church



ST. JOE'S
Women's Centre

St. Joe's Women's Centre launches Mentorship Program

— The St. Joe's Women's Centre launched its new Mentorship Program with a reception and presentation on Tuesday, March 19, 2019. With support from the

Community Foundation of Ottawa, the Grey Sisters of the Immaculate Conception in Pembroke and Tucker's Marketplace Restaurant, the program will connect clients of the Women's Centre with influential women from the broader Ottawa community, with the aim of building a safe, healthy and supportive relationship with the mentor and setting both short and long-term goals. Congratulations to Jennifer Clark, Executive Assistant of the St. Joe's Women's Centre, for launching this program and for her presentation Tuesday evening! For information on becoming a mentor, please write to: iclark@st-josephs.ca.

For photos from the launch, please visit: <http://www.st-josephs.ca/st-joes-womens-centre-launches-mentorship-program/>

--Christopher Adam, Executive Director



Family Ministry - Lenten Journey — This Sunday will be the Third Sunday of Lent. Lent begins on March 6 with Ash Wednesday and ends April 20. It is the 40-day period in which we prepare our hearts for Easter by contemplating Jesus' sorrowful road to

Calvary, before his joyous resurrection. We pray, we fast, we share, and we do works of love. Families with children may wish to check out this website for Lenten activities: <http://catholicmom.com/kids/lenten-activities-for-children/>. At church you will notice that the décor has changed. The liturgical colour for Lent is purple. For the children's procession the doves now have purple streamers. We encourage all children - particularly those preparing for their first communion - to participate in the procession this morning and throughout Lent. In the procession, children heed Jesus' invitation to come to him. It is also a prayerful activity in which the children bless the altar with their presence and share their meaningful ministry with all present at church.

Welcome!

Are you new to St. Joe's or a visitor? Please introduce yourselves at the Welcome Desk at the back of the Church, or contact Maria Virjee, 613-234-6000, mvsali2@gmail.com

Registration

Forms can be found at the Welcome Desk.

Donation Envelopes

Are provided upon registration. Please mark your name clearly on front of each envelope.

Online Giving

Sign up for auto-debit at Welcome Desk or through "Canada Helps"

Don't like passing the basket empty-handed? Feel free to stop by the Welcome Desk each week as you enter Mass, and pick up a laminated donation card that you can drop in the basket as it passes.

Requests

Please consider including St. Joe's in your will.

Coffee Sales

Fair-Trade Coffee is sold near the Welcome Desk after each Sunday Mass. Bags (340g) are \$13. All proceeds directly benefit Development & Peace.

THIS WEEKEND'S READINGS

Exodus 3.1-8a, 13-15

1 Corinthians 10.1-6, 10-12

Luke 13.1-9

Need info on:

- Baptism
- First Communion
- Confirmation
- Adult Initiation
- Marriage Prep
- Weddings
- Young Adult (18-35)
- Pastoral Letters

Visit our website, then contact:

Andrew Pump x235 or
apump@st-josephs.ca

—Funerals

Sharon Gravelle

segravelle@bell.net

—Memorial Masses

Contact the Front Office

—Pastoral Care or Anointing of the Sick

Contact the Front Office

or Fr. Richard Beaudette

—Our Bulletin

- Is also posted on our website each week.

- Email submissions online at the website under "publications/bulletin/submission" by Wed noon.

- To receive this Bulletin via email each week, contact the Front Office.

Our Financial Stewardship...COLLECTION for March 17, 2019: TBA



News from around The Supper Table

Ryan Mitchell, Manager
rmitchell@st-josephs.ca,
613-233-4095, x240
www.suppertable.ca

There's lots happening around the Supper Table the next little while, we had our monthly brunch this weekend, guests loved the pancakes and baked ham. Our movie night was "smashing" as our 007 and popcorn entertained our guests.

Feeling fancy? Why not support St. Joe's Supper Table! Attend the Loaves and Fishes Gala April 13, tickets are available for purchase at the front office 195\$ a seat. Luxury dinner and silent auction at the Infinity Convention Centre. For more information please contact Ryan Mitchell via email at rmitchell@st-josephs.ca

Let's Share food this lent, not just with those around your table, but with those who share at the Supper Table. Your sharing will support the evening meals and Food Bank. We are holding our Lenten food drive during the forth weekend of march. We are suggesting donations of equivalent size to one of your families dinners. Or a donation equivalent to your grocery bill! Just match it!

Food that is needed:

Canned fruits and veggies; Canned milk; Soup; Macaroni pasta; Canned stew; Frozen meats; Canned meats; Bean and chick peas; Chocolate chips and raisins; Spices, herbs, and salt; Sliced bread; Cereal; Granola bars and cookies; Toilet paper; Napkins; Paper towel; Sandwich bags; Jams and jelly; etc.



SAVE THE DATE!

As a means of expressing our sincere appreciation for the work done by the many volunteers at St. Joe's, the Parish Pastoral Council invites you to attend a BBQ in your honour. On Thursday, May 2, from 7:00PM to 9:00PM in the Parish Hall, rain or shine. If possible, advise Donna Rietschlin, dbrietschlin@hotmail.com if you plan to attend so that we have sufficient food.

Christian Meditation at St. Joseph's Parish:

- Mondays from 9:30-10:30AM in the Library
- Wednesdays from 4-5PM in the Library
- Fridays from 7-9PM in the Oblate Lounge



Development and Peace
CARITAS CANADA

Development and Peace Week 3 of Share Lent: Share the Journey with refugee Rohingyas of Myanmar/Burma now in Bangladesh — Facing persecution and violence, 723,000 Rohingyas have fled Myanmar since August 2017 and taken refuge across the border in neighbouring Bangladesh. DEVELOPMENT AND PEACE'S long-time partner CARITAS BANGLADESH, is working hard to restore some dignity to these people who yearn to live in peace. Thanks to Canada during intemperate weather, access to clean water, safe latrines and showers for women and girls and hygiene kits. Your generosity makes a difference in the lives of the Rohingya! devp.org/give



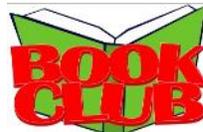
Spring Funeral Workshop — Facing our own death or that of a loved one can be very overwhelming. We prepare for many things in life so why not prepare your own funeral service or that of a loved one. Funeral options will also be presented. The date in the Spring will be announced later.

Free will offering. Refreshments. Registration required.

Please call Sharon Gravelle at (613) 837-3368.



Library News — NEW Library titles include - Pope Francis. *Name of God is Mercy* (BV4647.M4F73 2016), Grassi, D. *Living the Mass, How One Hour a Week can Change Your Life* (BX2230.3.G72 2011) and Longenecker, D. *Catholicism, Pure and Simple* (BX1754.L66 2012).



LGBT+ and Straight Alliance's Book Club

You are invited to join us in reading "*Moonstone: The Boy Who Never Was*" by Sjon. We will meet for discussion in the Sacristy meeting room on Thursday, March 28, at 7PM.

Contacts

Main: 613-233-4095

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cadam@st-josephs.ca

Pastor

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rbeaudette@omilacombe.ca

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Supper Table Manager

—Ryan Mitchell x240

rmitchell@st-josephs.ca

Parish Pastoral Council

ppc@st-josephs.ca



One on One Healing

Touch Friday, April 5,

2019 — Come to experience one on one Healing Touch if you are feeling physical, spiritual, emotional pain, stress, anxiety

or grief. Offered by Clara Nasello, Colette Chartrand, Helena Robb and Norah McMahon on Friday April 5, 9:30 am - 11:30 am. Please sign up at the Welcome Desk or contact Norah at 613-828-1350 or no-



Lenten Small Group Faith Sharing

— This group will continue to meet Wednesday evenings throughout Lent. You are invited to join fellow parishioners in sharing stories of your faith journey as related to the Lenten scriptures Wednesday evenings until Holy Week at 7:15 PM in the Ob- late Lounge (Upstairs Meeting Room). Join us for all sessions or when able. Enter via the Laurier Avenue entrance.



Lenten Stations of the Cross with Development and Peace and St. Joe's Faith Formation

— Join us after the 11:30 Mass every Sunday during Lent to pray the Stations of the Cross. We will be using the 2019 "Share the Journey" Lent campaign prayers from De- velopment and Peace—Caritas Canada. We will be praying especially for the peace, justice and safety of all migrants forced to flee their homes due to poverty, war, perse- cution, economic displacement, and ecological ruin.



Planting Seeds International's 7th Annu- al FUNdraiser

— Planting Seeds Interna- tional would like to thank the many parishioners who have supported us and extend an invitation to our seventh annual fundraiser in support of Guatemalan educational initia- tives on Saturday, April 13 from 6:30 - 9:30 PM at St. Joseph Parish Hall. The evening will include a silent auction, mercado/ market, a cash bar, and sit-down dinner catered by The Ottawa Mission, and presentations by Directors Mac Philips & Shannon Moyle. Tickets are \$60 each (tax receipts for \$40). For more information and to order tickets contact parishioners Aileen and Wayne Moyle at 613-234-9012, or John Weir and Dorothy Collins at 613-749-8619. Please note that tickets will not be available at the door! Visit www.plantingseedsinternational.org to learn more about Planting Seeds International.



It's Tax Season! — Some of you are al- ready aware of the benefits of giving to your local parish as you are in the process of re- ceiving your charitable donation receipts to claim on your income tax return. But others don't realize that come tax time, the govern- ment will provide a tax credit of up to 29% of your charitable donations. So if you're

the type to drop \$5.00 cash in the offering plate on Sunday, con- sider switching to using envelopes, or even better, doing automatic withdrawals – this can really add up in a year. For more tips on managing your personal finances – please contact me at coach@melanieforget.ca or pick up a card at the back of the church.



Every 1st Sunday of the Month: Healing Prayer After Mass

— Anyone wish- ing prayer for healing is invited to come to the Hea- ling Space with family, friends, parishioners. There will be a healing ministry member ready to welcome all who come.

Sundays

—**Masses** at 9:30am & 11:30am + 7pm University Mass (Sept-April).

—**Children's Liturgy** at 9:30 am Mass three Sundays a month. Children are dis- missed with leaders during Mass to meet in age groups (JK-1, Gr 2-3 and Gr 4-6) and share on the Word of God at their own level. All children are welcome. For more information, please contact Toni Tarasco at tarasco.toni@gmail.com

Mondays

—Weekly 9:30am **Christian Meditation** 613-730-0108.

Wednesdays

— English Conversation and Practice for newcomers to Ottawa, 7-8:30pm (Sept- June) at St Paul's University (233 Main St, LaFramboise Hall, Room L142) Michael Richard (613) 744-2429 or michaelrichard2008@hotmail.com
— Weekly 4pm **Christian Meditation**

Fridays

—**One-on-One Experience of Healing Touch** is sched- uled for the first Friday of every month from 9:30- 11:30 am in the church. All are welcome! More infor- mation is available at the Welcome Desk.
—Weekly 7:30pm **Christian Meditation** 613-236-0155
—**Catholic LGBT & Straight Alliance** meets the 2nd Fri- month.
Sjcgllgroup@gmail.com

Saturdays

—**Vigil Mass** at 5pm



St. Joe's Women's Centre is looking for coffee mugs! New or used. Coffee and tea brew here all day long and mugs often get chipped or broken. If you have any mugs, coffee, tea, sugar or whitener to donate, it would be very much appreciated.

Donations can be dropped off to the Centre Monday - Friday from 9am to 4pm.



Recycle your Batteries — Want to get rid of your old (alkaline only!) batteries in an environmentally friendly way? Bring them to church on Sundays and place them in the clearly labelled box at the church entrance. I live in the "backyard" of City Hall and take batteries there for recycling every time I go for a walk.

Refugee Outreach Committee Update — Did you know that the ROC is currently sharing their time, talents and treasures by assisting 14 families (= 38 adults/children), at different levels of their refugee claim, sponsorship, or settlement? In addition to extending friendship to newcomers, ROC volunteers are busy sharing their time and talent:

1. finding lodging, arranging/accompanying newcomers to important appointments (medical, dental, language assessment, school registrations, public transit orientation, rental searches etc.)
2. assisting refugee claimants with the "process" of settlement including connecting families with community services and activities and in some cases guidance in preparing for official refugee hearings
3. through the generous support of our parishioners, our treasure provides our newcomers with: furniture and clothing, short term financial support for living expenses, transportation costs to Refugee Board hearings occurring in Montreal, dental needs, etc.

Our activities are only possible with the generous support of our Parish. We can always use some help so if you are interested in learning more about ROC in sharing your time and talents, please contact John Weir at jhnwr99@yahoo.ca. If you are able to share your treasure, you are now able to make one time or monthly donations to the Refugee Outreach Committee (ROC) with your credit card or PayPal, quickly and efficiently, through the Canada Helps form on the St. Joe's website, <https://www.canadahelps.org/en/charities/131771990RR0006-saint-joseph-parish/> Under "Fund" choose St. Joe's Refugee Outreach Committee and provide the contact information requested. Canada Helps will issue a tax receipt and provide you with regular statements. It is important to note that donations to the ROC Fund are not meant to replace donations to the General funds which go to supporting the Parish's maintenance and staffing needs. We thank you, on behalf of ourselves and our newcomer friends, for all your love and support!

Marriage Preparation at St. Joseph's Parish

St. Joseph's is offering a Marriage Preparation Course for engaged couples. The next course will take place during this Spring on the week-end of May 4 and 5 from 9:30 AM – 4 PM each day. Please see the marriage page on the St. Joseph's website (www.st-josephs.ca/marriage-preparation-at-st-joes-2/) for more information and to register. The cost is \$150 per couple.



St. Joseph's Parish and Supper Table Garden 2019

Gardening season is coming up and we are beginning the planning of our community garden. If you would like to join our Garden Committee or want to help out for this year please reach out to Andrew (apump@st-josephs.ca) or Ryan (rmitchell@st-josephs.ca) and let us know. The garden typically runs from early May to October each year and includes growing vegetables and herbs for the Supper Table as well as flowers to beautify our grounds. We are aiming to have our first meeting in early April.



Volunteer Opportunity — Do you have a few hours each month and want to give back? Looking for help transcribing audio interviews for folks facing long-term health issues who want to give their loved ones a written gift of themselves. This project is part of St. Vincent Hospital and the Spiritual Care Department there, so it does involve a volunteer orientation. For more information or if you would like to volunteer, please contact Roshene Lawson, Clinical Chaplain at St. Vincent Hospital at 613-562-6262 ext. 2190. Thank you.

Join us for a Lenten Retreat: JOURNEY TO WHOLYNESS — Walking the path of forgiveness. Join us and share your story, come to listen to the stories of others as we "Walk the path of forgiveness" at St. Joseph's Church, Friday March 29, 7-9 PM and Saturday March 30, 9:30 AM-12:30 PM. Facilitators: Genevieve Moore and Raphael Amato.

Mass Intentions

Wednesday, March 20, 2019: N/A

Thursday, March 21, 2019: N/A

Friday, March 22, 2019: N/A

Mass intentions are available on Wed., Thur., and Fri. during Noon Mass for a \$15.00 donation. Please notify Front Desk for arrangement. Thank you!

Book of the Sick:

As we open the Season of Lent we will be adding a new element to the Prayers of the Faithful. A new Book of the Sick will be located at the Welcome Desk prior to each Mass and everyone is invited to write the names of loved ones who are sick into this book. We will then pray for those who are listed in the book during the Prayers of the Faithful.

Loaves and Fishes Fund of Ottawa-Carleton Gala Fundraiser

The Loaves and Fishes Fund of Ottawa-Carleton has been a major benefactor to St. Joe's and have annually given generously to both our Women's Center and Supper Table, as well as the Young Adult Ministry. They are hosting their 19th Annual Gala to raise funds to continue their work assisting our disadvantaged, underprivileged and homeless neighbours living within our community. The event is to take place at the Infinity Convention Centre on Saturday, April 13, 2019 at 6:00pm featuring a reception, dinner and dance, live and silent amazing auctions. Tickets are \$195.00 per person. Tax receipts available upon request. Please call 613-724-8454 or email Charlene@butlergroup.ca for tickets. Let's support a great cause! Thank you.

Young Adult Ministry

Andrew Pump
(613) 233-4095, ex 235
apump@st-josephs.ca

Donations are accepted for all events. Proceeds go to support the Young Adult Ministry at St. Joe's.

mittee. Just reach out to Andrew or Ryan (rmitchell@st-josephs.ca) and let us know you're interested. You can still help out and get involved even if you don't have time to be on the committee. Just let us know. We are aiming to have our first meeting in early April.

**ALL
ARE
WELCOME**

Dessert and Trivia Night in Support of Algonquin College Campus Ministry: Friday, March 22nd at 7PM. Organize a team of anywhere from two to eight people and join the Algonquin College Christian Community in raising funds for their Campus Chaplaincy. The event will be hosted by Bethany Baptist Church at 283 Centrepointe Dr. Deadline to register is March 20. Please contact Jack Wilson at wilsonjohns@rogers.com

Throughout the Season of Lent we will be hosting weekly "**Soup-Supper Reflections**" every Thursday night from 6PM-8PM in the Oblate Lounge.

Our Monthly **Young Adult Brunch** for March will be on the 31st after the 11:30 mass.

St. Joe's Community Garden: any young adults or university students staying in town for the Summer and interested in helping out or learning how to Garden are invited to join our Garden Com-

Prayers
Please

Prayers for the sick: Mae Lalonde, Aime Lalonde, Bill Girard, Em Stortroen, Maria Rizzi, Sonja Armstrong L., Kevin Riley, Jo-Anne Stasiuk, Mary Ruddy, John Cyr, Laurent Chretien, Laurie Alain, Mzee Oleku, Sheila Genkoyo, Somuta Nguon, Beate Bernhardt, Alfred Johnson, Leonard Sanders, Quincy Anderson, Robert Anderson, Bill McLachlin, Frances Ann, Emilio Giuliani, Mary Cooke, Rita Hogan, Janet Pritchett, Barry Crawford, Denise Crawford, Fran Franklin, Yvonne, David Mann, Denise, Aline Pottie, Eleanor Boissonneault, Joe Salzgeber, Shirley Salzgeber, Lynne Cameron, Jean-Claude Filion, Luz Elena, Jane Kelly, Mary Catherine Mjje, Jainaba Manneh, Bob Britton, Mildred Nesbitt, Hans K., Christine S., Kathleen Kernes, Mallorey Moberly, Elizabeth Lau, and Gaston Lauzon. **Prayers for those who have died:** John Flynn, Peggy and Ted Charette, Remo Caldato, Sheryl MacDonald, Antoinette and Jean Sfeir, Mary and Hallim Abboud, Lauren Richards, Joe Garitano, Eufrazio Arellano Sr., Mary Wynands, Aline Mary Pottie, Jim Dugdale, Doris Bell-Aunt, Andy Laut, Agnes Roche, Peter Smith, Renee Triebe, John Boissonneault, Shirley Cahute, (Cy Winter, Uncle Cyril, and Joseph Winter), Okpaleke Patrick, John Buchanan, Ofordile Diana, Connie Slay, Anne Everett, Marie Heuson, Mary Oby, Sister Louise Dunn, C.N.D., Don David, Rolph Almstedt, Vivi-Ann, Mitchell, Terry Hayes, Larry Hebert, Brandon McGivney, Lillian Rapini, Fr. James MacDonald (OMI), Daniel Lamont, William Rapini, Dianne Brennan Campbell, and Paul Watson. **To add a name,** please inform the Front Office or write it in the binder at the Welcome Desk.

Join us for a Lenten retreat

Friday March 29: 7-9 pm & Saturday March 30: 9:30 – 12:30 pm



Walking the path of forgiveness

Join us and share your story, come to listen to the stories of others as we “Walk the path of forgiveness”. Together we will pray, meditate, and sing, taking time to:

- Reflect and share our stories on forgiveness; both on being forgiven and on forgiving others
- Explore stories of forgiveness in today’s world and how they can help us on our journey
- Draw out some common learnings about the impact of forgiving in our lives
- Appreciate the link between forgiveness, healing and wholeness
- Reflect on our experiences of mercy

Where: St. Joseph’s Church

When: Friday March 29 from 7-9 pm and Saturday March 30 9:30 -12:30 pm

To register: frontdesk@st-josephs.ca or 613 – 233 – 4095 (parish office)

Genevieve Moore and Raphael Amato will facilitate the session