



**St. Joseph's Parish**  
An inclusive community

A Parish of the Oblates of  
Mary Immaculate  
since 1856

## St. Joe's Weekend Bulletin

March 12 2017 — 2nd Sunday of Lent

www.St-Josephs.ca  
Find us on Facebook!

151 Laurier Ave. E. Ottawa, ON K1N 6N8 \* 613-233-4095 \* frontdesk@st-josephs.ca

### Office Entrance

151 Laurier Ave. E.

### Office Contact

613-233-4095 x 221  
frontdesk@  
st-josephs.ca

### Church & Hall

174 Wilbrod St.

### Office Hours

Mon-Fri: 8am-7:30pm  
Sat: 11am-5pm

### Weekend Mass

Saturday 5pm  
Sunday 9:30am & 11:30am  
7pm University Mass

### Weekday Mass

Wed/Thur/Fri at 12noon  
during the school year

### Reconciliation

after noon Mass during the  
school year or by appt.

### Adoration

1st Fri. after the noon Mass  
in the Church.

### Parking

—In our lot (no need to pay  
meters while attending  
weekend Mass + 30 min-  
utes after Mass. If you are  
parking for non parish re-  
lated activities, please pay  
the meter located at the  
southern corner of the lot.  
—Or park in U of O Lot B  
**only** on Sundays from 9am-  
2pm (enter off Cumberland  
between Wilbrod & Stew-  
art). Get pass at Welcome  
Desk to display in car.  
Questions? Contact  
Brandon at x251.

### Reminder

St. Joe's is a busy place.  
Please do not leave valu-  
ables in plain sight in your  
cars, and please don't leave  
purses etc. in the pews,  
even when you come for-  
ward for Communion.

## Community Sunday

The newly convened Parish Social  
Group has decided to test out an idea  
that we've called Community Sunday.  
Parishioners would gather after Mass  
for 15 to 20 minutes. The  
aim is to get to know each  
other while enjoying a  
beverage and snack.

We are encouraging parish-  
ioners to wear a name tag (which  
we will provide) so that we can get to  
know each other's names. We will  
test out this idea after the 11:30 am  
Mass on Sunday, March 19.

On the same Sunday (March 19), we  
will be seeking input from parishion-  
ers at the 9:30 am Mass to see how  
best to orient Community Sunday for  
parishioners who attend this Mass.  
Based on input and feedback from  
the 11:30 Mass event, we will organ-  
ize a community Sunday event for  
this Mass in the coming weeks. For  
the 5 pm Mass, we will be seeking  
input over the next two weeks to see



how best to organize a Commu-  
nity Saturday event for them. We will  
also be supporting the current com-  
munity building that is already hap-  
pening at the Sunday evening Mass.

If all goes well, Community Sunday/  
Saturday events will occur on  
the same weekend for all  
three Masses. We  
hope to do this a  
couple of times a  
year, but with a dif-  
ferent focus. For ex-  
ample, one focus could be to  
divide up a map of the greater Ottawa  
-Gatineau area into a number of seg-  
ments and have parishioners identify  
where they live. Parishioners would  
be encouraged to stand by the flip-  
chart to meet other parishioners in  
their community.

We are open to ideas, so please feel  
free to share them with a member of  
the Social Group. We will be easily  
recognized, as we will be wearing  
colourful strings of beads. Thank you.

## Welcome!

Are you new to St. Joe's or  
a visitor? Please introduce  
yourselves at the Welcome  
Desk at the back of the  
Church, or contact Maria  
Virjee, 613-234-6000,  
mvsali2@gmail.com

### Registration

Forms can be found at the  
Welcome Desk

### Donation Envelopes

Are provided upon regis-  
tration. Please mark your  
name clearly on front of  
each envelope.

### Online Giving

Sign up for auto-debit at  
Welcome Desk or through  
"Canada Helps"

### Bequests

Please consider including St.  
Joe's in your will.

Thank you!!

### SENIOR LUNCH

Thursday, March 15  
after Noon Mass.

## Development & Peace: Share Lent 2017

This week, Development and Peace – Caritas Canada is taking you to Indonesia to meet Risya, a 22-year-old Indonesian woman who has been blind since adolescence. Thanks to a workshop in journalism offered by our partner the Association of Independent Journalists (AJI), this courageous young woman started to use her blog to write about the discrimination faced by women with disabilities and to encourage these women to believe in their potential. AJI has offered media workshops to 170 women and now they can make their voices heard!

Remember, in 2004, a tsunami hit the coastlines around the Indian Ocean, resulting in 300,000 victims. In collaboration with its partners, Development and Peace provided emergency relief, completed the construction of 3,500 permanent homes and related infrastructure, and helped establish 26 community organizations.

**\*\*D & P Lent calendars and mini-magazines are available at the church entrances!**

**D & P Lent  
Collection  
April 2**



*Need info on:*

- Baptism
- First Communion
- Confirmation
- Adult Initiation
- Marriage Prep
- Weddings

Visit our website, then contact:

Michelle Miller x235 or mmiller@st-josephs.ca

—Funerals  
Sharon Gravelle  
segravelle@bell.net

—Memorial Masses  
Contact the Front Office

—Pastoral Care or Anointing of the Sick  
Contact the Front Office or Fr. Richard Beaudette

—Our Bulletin  
- Is also posted on our website each week.  
- Email submissions online at the website under “publications/bulletin/submission” by Wed noon.

- To receive this Bulletin via email each week, contact the Front Office

*Drop off in the Supper Table bin!*

**News from around the Table...**

**The Supper Table**

from Mary Murphy, Manager  
[suppertable@st-josephs.ca](mailto:suppertable@st-josephs.ca),  
613-233-4095 x 240  
[www.stjsuppertable.ca](http://www.stjsuppertable.ca)



**Ottawa MUSIC Trivia Night**  
Don't forget to save May 27 for the Ottawa MUSIC Trivia Night.

See if you can make a team of eight from work or with your family or neighbours and purchase a team table for \$400. Choose a name for your team, dress up and come ready for a fun-filled competition. You can purchase tables through our website [www.stjsuppertable.ca](http://www.stjsuppertable.ca).

**Hunger Count**

During March, we do what is called the Hunger Count. This means we update the information from all the food bank participants who come that month, so that Food Bank Canada can assess the situation and educate for change so we can eliminate hunger in Canada. In 2015, 356,00 people used the food bank: 33.6 % were children, 5.4% were seniors, 8.5 % of people were working, and

31.5 % were on disability, while 36.77% were on social assistance. The #1 recommendation from food banks last year was to create a Basic Income to replace provincial Social Assistance Programs.

Today, one of our guests was explaining how he only had pasta but no sauce, no margarine, no oil to add to the pasta and no other food, so he was taking the bread we give out at night to help keep

full. This guest had just moved into a better rooming house, but the rent had increased. The situations people face often allow them no choice, despite what some people suggest.

**Food Bank Needs:** Canned tomatoes, canned fruit and vegetables, peanut butter and jam, potatoes, onions, carrots, apples, canned milk, almond milk, canned stew, lentils, black beans, chick peas, mac and cheese, spices and herbs.

**Meal Program Needs:** Next Meatloaf is for March 19 (Feast of St. Joe). Please sign up and take a pan from the Welcome Desk.  
Other wants: Zucchini and squash.

**Don't throw out your Febreze items!**

**The Supper Table is collecting them!**

- Plastic air fresheners and air freshener refill cartridges
- Plastic bottle trigger heads, pumps and caps
- Plastic air care and home care product packaging
- Flexible cleaning wipe packaging (like Swiffer boxes)



**This is a time-sensitive recycle program so please bring in your donations ASAP! We may make some money!**



**Pray for the sick:** Marie W., Harry Kixsella, George MacFarlane, Sylvia Craig, Frances Manning Morris, Vesna Zic-Cote, Anne-Marie Kelleher, Sharon Kirby, Tony Volk, Leena Wowchuk, Joan Gordenier, Jack Lalonde, Harry Kinsella, Rosina Cyuzuzo, Sonia Cyuzuzo, Catherine Harker, Joshua Henry, Sherry Clark, Richard Balson, Charlotte McCarthy, Pauline Shields, Alfie MacLeod, Mark Chang, Brian Gravelle, Lolita Walsh, Mark Chan, Chris Reid, Jack Lalonde, Kevin Harper, Roberte Racicot, Arabella Grace

Rushton, Guy Chenier, Jeanette Diorion, Mary Catherine Njie, Florence Hannooy, Anne MacIsaac, George Rushton, Edward “Ted” Lawson, Betty Argyle, Millie Delvecchio, Chuck Lemire, Laguerre Famile, Leoretta Favret, Ron Kedrosky, Fr. Chris Rushton OMI, Michelle Burke, Jean-Claude Fillion, Joseph Wong-Sing, Phil Swift, Dorothy Chakilas, Mary Catherine Pye, John Delacourt, Gerald Roy, Dennis Foreman, Manfred Bohn, Paul Simone, Michelle Popowick, and Pauline Shields. **Pray**

**for those who have died:** Sara Fox, Rolly Leroux, Gil Camargo Adolpho, Robert Kelly OMI, Rob Stewart, Donald Cote, Megan Rettie, Betty Croner, Patricia MacLaren, Grant Howes, Alvin Chan, Eunice King, Lorine Clement, Agnes Campbell, Ted Brady, Helena Newton, Michael Synek, Steven Fournier, Lucien Fournier, Estelle Legros, Don Kavanagh, Fr. Ernst Schönhammer, OMI, Kile Cresky, Bob Diotte, Allan Thicke, Michael Kelly, Glenn Douglas Whitten, Warren Allemant, Vincent Buklis, Laurence Prescott, Theresa Fletcher, Carson Smith, James Pincent. **To add a name,** please inform the Front Office or write it in the binder at the Welcome Desk.

## Contacts

Main: 613-233-4095

### Executive Director

—Chris Adam x223  
cadam@st-josephs.ca

### Parish Pastoral Council

chair@st-josephs.ca

### Pastor

—Fr. Richard Beaudette x222  
rbeaudette@omilacombe.ca

### Music & Liturgy

—Jamie Loback x228  
jamieloback@yahoo.ca

### Faith Formation & Young Adult Ministry

—Michelle Miller x235  
mmiller@...

### Finance

—Saul Mendoza x229  
smendoza@...

### Office Manager

—Brandon Rushton x251  
brushton@...

### Maintenance

—Nick Cacciato x230  
ncacciato@...

### Supper Table Manager

—Mary Murphy x240  
suppertable@...

### Women's Centre Director

—Marsha Wilson x224  
mwilson@...

## Young Adult News

Weekly Lent Young Adult Soup Suppers on Thursdays 5:30-7 pm, March 9 - Apr. 13.

YA Supper Table Cooking & Dinner, Sun March 12, 4:30-6:30 pm. Enter 151 Laurier.

God & Pizza after 7 pm Mass, Sun March 19 (*suggested donation \$3*)

March Young Adult Brunch Sunday, March 26, after the 11:30 am Mass.

### Weekly Young Adult e-mail:

Contact Michelle Miller at [mmiller@st-josephs.ca](mailto:mmiller@st-josephs.ca) or sign up in the red binder at the Welcome Desk at weekend Mass.

## Exciting ROC News: Time to roll up our sleeves! The long-awaited day is upon us!

On Feb. 15, the parish Refugee Outreach Committee (ROC) was informed by Immigration Canada that one of the two Syrian refugee families we are sponsoring, the family of five from a refugee camp in Jordan, was travel-ready. Tuesday, March 7, we got further notice that the family is arriving in Ottawa the morning of Tuesday, March 21. Three young couples are in partnership with ROC for this sponsorship, two of them parishioners. The family will live with one of these couples temporarily until an apartment is found.

We are in the process of implementing the settlement plan. A core group has met to establish the sharing of tasks in preparation of the arrival and coordinating the “must-be-done-right-now” obligations of the first few weeks. A team is apartment-hunting. Others are preparing a welcome basket of small basic articles necessary in establishing a household. Larger items and clothes collected over the past year need to be sorted.

At the same time, we are learning the names of the family members. The parents are in their 30s, and the children are a 10-year-old daughter and two little guys, one who will be seven in May, and the other five.

Activities and commitments for Lent? We need look no further than warmly welcoming and befriending our new Arabic-speaking family.

Thank you, St. Joe's parishioners and two religious communities, for your support and allowing this sponsorship to reach fruition. As a parish ministry, the ROC represents you all and works in your name.

## LGBT+ and Straight Alliance Book Club

Please join us in reading *Lesbian Nuns: Breaking Silence*, by Nancy Manahan and Rosemary Curb. We will meet for discussion in the Sacristy Meeting Room at 7 pm on March 30. If you plan to attend the discussion, please read at least parts of the book. More info at: [SJcglgroup@gmail.com](mailto:SJcglgroup@gmail.com)

### Understanding Early Christians:

#### *The People, the Politics, and the Promise*

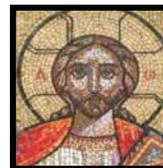
Mondays, 7-8:30 pm (enter 151 Laurier) Come to one, or come to all. Presented by Dr. Timothy Pettipiece.

#### *Three more evenings!*

March 13: *The Road to Nicaea*

March 20: *Spirit and Flesh*

March 27: *Light from the East*



## The Active Hope Project

Are you anxious about the condition of the world today? Do you feel discouraged by the anti-minorities movements that seem to be on the rise? Please join us in reading and discussing Joanna Macy and Chris Johnstone's *Active Hope: How to Face the Mess We're in without Going Crazy*. The book will guide us in practising Active Hope, becoming active participants in bringing about what we hope for. For our first meeting on March 17, please read Introduction and Chapter 1 and 2 — 42 pages total. We will also meet on April 7, April 28, May 19, June 9 and June 23. Time: 7 pm, Main Floor Meeting Room. Email: [ActiveHopeAtSaintJoes@gmail.com](mailto:ActiveHopeAtSaintJoes@gmail.com)

## Weekly Events

### Sundays

—Masses at 9:30am & 11:30am + 7pm University Mass (Sept-April).

—**Children's Liturgy** at 9:30 am Mass three Sundays a month. Children are dismissed with leaders during Mass to meet in age groups (JK-1, Gr 2-3 and Gr 4-6) and share on the Word of God at their own level. All children are welcome. [Erin.anderson@rogers.com](mailto:Erin.anderson@rogers.com)

### Mondays

—weekly 9:30am **Christian Meditation** 613-730-0108.

### Wednesdays

—**English Conversation and Practice for Newcomers to Ottawa**

7- 8:30 pm (Sept - June)  
Saint Paul University,  
233 Main St.,  
Laframboise Hall, Rm L142.  
613-744-2429 or  
[michaelrichard2008@hotmail.com](mailto:michaelrichard2008@hotmail.com)

### Fridays

—weekly 7:30pm **Christian Meditation** 613-236-0155

—**Catholic LGBT & Straight Alliance** meets the 2nd Fri/month  
([SJcglgroup@gmail.com](mailto:SJcglgroup@gmail.com))

### Saturdays

—**Vigil Mass** at 5pm

## Library News

Books available on LENT include: McArdle, Jack, *On the Road To Resurrection: Daily Reflections for Lent* (BX2170.L4M28); Moynahan, Michael, *Orphaned Wisdom: Meditations for Lent* (BX2170.L4M69); Purcell, Steven, *Even Among these Rocks: A Spiritual Journey* (BV85.P87 2000).



## Small Group Faith Sharing: Lent

You are invited to join fellow parishioners in sharing stories of your faith journey as related to the Lenten scriptures. This group will continue to meet throughout Lent on Wednesday evenings at 7:15 pm in the Oblate Lounge. Join us for all sessions or when able. Enter via 151 Laurier Ave.



## Young Adult Lenten SOUP Suppers

Thursdays during Lent:  
5:30-7pm

a chance to share a meal, thoughts and faith  
for those in their late teens, twenties and thirties  
(through Thursday, April 13. Enter 151 Laurier

Thursday, March 16:  
"Understanding Sin & Forgiveness Today"  
with Fr. Richard

## Good Friday Children's Pageant

Today is the first rehearsal for the children's Good Friday Pageant, following the 9:30 am Mass.

All children are welcome to participate.

## Spiritual Seekers Mini-Retreat

Saturday, March 18, 9:30 am - 12:30 pm, in St Joseph's Hall— The retreat is held once / month - now on the 3rd Saturday - around the work of Fr. Richard Rohr. We're combining Lenten themes with a renewed life in the "Divine Dance." Free parking & lending library. Freewill offerings welcome. An optional potluck lunch follows each session. Info & RSVP with [davidanthonyperry@gmail.com](mailto:davidanthonyperry@gmail.com).

### FROM AROUND THE COMMUNITY...

**WAUPOOS FARM, A CATHOLIC MINISTRY TO THE POOR, SEEKING NEW RESIDENT FAMILY:** To move in this summer for a 2-3 year commitment. : [613-822-2189](tel:613-822-2189); [www.waupoos.com](http://www.waupoos.com)

**LENTEN FAITH IN ACTION:** [Citizens for Public Justice](http://CitizensforPublicJustice.org), an ecumenical Christian organization, invites participation in their Lenten campaign by signing the [Give it up for the Earth!](http://GiveitupfortheEarth.org) pledge. The pledge supports personal action and advocacy with our government to achieve climate change goals. Info: John Dorner 613-738-5025, x 251; [jdorner@archottawa.ca](mailto:jdorner@archottawa.ca)

**JAMMING FOR JUSTICE PRESENTED BY REACH, EQUALITY AND JUSTICE FOR PEOPLE WITH DISABILITIES** - presented by Ravenlaw and Reach on Wednesday, March 22, at Cafe Nostaliga, 601 Cumberland St. Join us for an evening of music provided by musicians Craig Cardiff and Chérie. Only \$30 and \$20 for students. Limited seating, so please purchase tickets ahead online at <https://www.reach.ca/?lid=V5TQP-THD6G-N7E73&pkClient=1&pkForm=14>

**EMERGENCY SPIRITUAL CARE ASSISTANCE TEAM:** The Ottawa Hospital needs volunteers to respond to local disaster situations by working alongside responders from other disciplines. An info session regarding recruitment and training will be given on March 29. RSVP by March 22 to Linda, 613-798-5555 x 16193, or [escat@toh.ca](mailto:escat@toh.ca)

**IGNATIUS OF LOYOLA MOVIE- OTTAWA PREMIERE:** A full-length feature film about St. Ignatius of Loyola, founder of the Society

**A Community Healing Service**  
will be held at St. Paul's Eastern United Church on Saturday March 25<sup>th</sup> at 11am-noon (followed by refreshments). This is sponsored by St. Paul's Eastern United Church (corner of Cumberland and Daly Ave) and St. Joseph's Church. There will be prayer, readings, reflection, anointing and songs. All are welcome. **We hope that you will come in this time of so much fear, hatred, violence and chaos in our city, country, the world.**

### Psalm 84

Blessed are they who put their strength in you,  
Who choose to share the joy and sorrows of the world.  
They do not give way to fear or doubt;  
They are quickened by divine light;  
They dwell within your peace;  
They go from strength to strength and live with integrity.

*Psalms for Praying: Nancy C. Merrill*

of Jesus. **Friday, March 24, 7 pm.** Ottawa Family Cinema, 710 Broadview Ave. [www.familycinema.ca](http://www.familycinema.ca)

**"MAN OF THE SHROUD" EXHIBIT:** At St. Isidore Roman Catholic Church, Kanata, April 4-11. This exhibit is comprised of a life-sized authentic reproduction of the "Shroud of Turin" and 30+ display panels citing historical, scientific and theological elements. [www.theshroud.org](http://www.theshroud.org)

**WILLS, POWERS OF ATTORNEY, PROBATE TAX TIPS FOR SENIORS:** Catholic Cemetery Services & Planned Giving. Presentation given by professionals at Blessed Sacrament Parish, 194 Fourth Ave., **Sunday, Apr. 2, 1 - 2:30 pm.** RSVP: Aisha Poitevien, 613-738-5025 x202; [dev@ArchOttawa.ca](mailto:dev@ArchOttawa.ca)

### Offerings at Galilee Centre, Arnprior

613-623-4242 x21, visit [www.galileecentre.com](http://www.galileecentre.com) or [info@galileecentre.com](mailto:info@galileecentre.com)

—'HOLY WEEK GUIDED SILENT RETREAT' April 9-10.

With Susan Kehoe, Coordinator for Contemplative Outreach of Eastern Ontario.

—MEDITATION/EXPRESSIVE ARTS WORKSHOP

Friday, April 14, 6 pm – Sunday April 16, 1 pm. Rooted in the tradition of Visio Divina, or praying with art, we invite you to explore your inner world through creative art and meditation. Learn to look deeply. Themes for image making will be linked to Biblical passages, stories and art imagery. Artistic abilities or experience are not required. Pricing includes workshop, supplies, accommodation and meals: Private/ \$310, Shared/Double \$290, Commuter \$210. Bursary available.